

ONLINE DYNAMIC ENTERPRISE SOLUTIONS FOR INDUSTRY EXCELLENCE















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OSHA



The OSHA Outreach Training Program for General Industry provides training for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces in general industry. The series also provides information regarding workers' rights, employer responsibilities, and how to file a complaint. This is a voluntary program and does not meet training requirements for any OSHA standards.

Mandatory



The Mandatory subject area in the OSHA series will cover electrical safety, environmental awareness, fall protection, fire safety and prevention, industrial facility safety, industrial signage, lockout/tagout, PPE, and walking/working surfaces.



Introduction to OSHA

Course #OSH0101

Description

OSHA is the Occupational Safety and Health Administration. It is the main federal agency charged with the enforcement of safety and health legislation. OSHA's mission is to "assure safe and healthful working conditions for working men and women by setting and enforcing standards and by providing training, outreach, education and assistance."

Learning Objectives

- ☐ Explain why OSHA is important to workers.
- □ Explain worker rights under OSHA.
- ☐ Discuss employer responsibilities under OSHA.
- $\hfill \square$ Discuss the use of OSHA standards.
- $\hfill \Box$ Explain how OSHA inspections are conducted.
- $\hfill\square$ Utilize helpful worker safety and health resources.

Seat Time: 30 min

Walking and Working Surfaces Course #05H0102

Description

Slips, trips, and falls cause the majority of general industry accidents. Fifteen percent of all accidental deaths are caused by slips, trips, and falls. These cause more fatalities than any other accident except motor vehicles.

The OSHA standards for walking and working surfaces apply to all permanent places of employment, except where domestic, mining, or agricultural work is performed. Falls from as little as 4 to 6 feet can cause serious lost-time accidents and sometimes death. The OSHA standard identifies areas or activities where fall protection is needed. The standard clarifies how an employer must provide fall protection for employees, such as identifying and evaluating fall hazards and providing training. Under the standard, employers are able to select fall protection measures compatible with the type of work being performed.

The most cited areas of this module, Walking and Working Surfaces, are found in housekeeping requirements, and requirements for guarding floor openings and wall openings. Poor housekeeping and failure to properly guard wall and floor openings results in slips, trips, and falls.

Learning Objectives

- Explain the requirements for guarding floor openings and wall openings.
- ☐ Explain the requirements for guarding roof openings and skylights.
- ☐ Describe the requirements for stairways, ladder ways and railings.
- ☐ Follow recommended practices for using stairs and ladders.
- ☐ Follow recommended practices for using scaffolding and other working surfaces.

Seat Time: 30 min

Fall Protection

Course #OSH0103

Description

Occupational fatalities caused by falls remain a serious public health problem throughout the United States. Data collected by the Bureau of Labor Statistics (BLS) Census of Fatal Occupational Injuries indicates that falls are one of the leading causes of traumatic death in the workplace, accounting for 13.7% of such deaths (808 of 5,900) in 2001. During that year, 23 workers died in falls through skylights, 11 died in falls through existing roof openings, and 24 died in falls through existing floor openings. Data from the BLS Survey of Occupational Injuries and Illnesses shows that, during 1999, nearly 300,000 workers in private industry sustained injuries from

falls, resulting in lost time from work. In 1999, an estimated 80 workers were injured in falls through skylights, 100 in falls through existing roof openings, and 617 in falls through existing floor openings. Most injuries occurred in construction, though many injuries occurred in other industries such as manufacturing, retail trade, and services.

OSHA emphasizes that workers remain at risk of falling through the floor, roof, skylight, and other openings. There is an increasing effort to identify fall hazards and implement prevention measures for reducing serious injuries and fatal falls.

Learning Objectives

- ☐ Know the working conditions that prompt the use of fall protection.
- Know the options that are available to protect workers from falls.
- ☐ Be able to list at least four methods of fall protection available for protecting workers.
- ☐ State the main criteria that prompts use of fall protection for construction workers.

Seat Time: 30 min

Exit Routes, Emergency Action, and Fire Prevention Plans

Course #OSH0104

Description

There is a long and tragic history of workplace fires in this country caused by problems with fire exits and extinguishing systems.

OSHA requires employers to provide proper exits, firefighting equipment, and employee training to prevent fire related deaths and injuries in the workplace.

Emphasis is on escaping from fires; however, some additional hazards include explosions, earthquakes, bomb threats, toxic vapors, and storms (tornadoes, hurricanes, etc.). Compounding factors that may interfere with a safe escape include panic and confusion, poor visibility, lack of information, and misinformation. These factors frequently cause more injuries and fatalities than the hazard itself.

Learning Objectives

- ☐ List or describe the three parts to an appropriate exit route.
- ☐ Discuss at least four characteristics of an effective exit route.
- ☐ Give four reasons for developing an emergency action plan.
- □ Name the required elements of a fire prevention plan.
- ☐ List the five classes of fire extinguishers and the types of fires they can properly extinguish.
- Describe at least four requirements for proper maintenance of portable fire extinguishers.

Electrical Safety Course #OSH0105

Description

Roughly 20% of the electricity produced in the United States every year is used to power industrial facilities and equipment. While electricity makes it possible for these facilities to operate, it also poses a very real hazard, with several hundred electricity-related fatalities occurring at the workplace every year. In order to avoid or treat electrical shock, one has to first understand it.

Learning Objectives

- ☐ Define electrical shock and arc flash.
- ☐ Identify emergency response actions to take in the event of an electrical shock.
- ☐ Explain electrical safeguarding.
- ☐ Identify personal protective equipment required when working on energized electrical equipment.
- ☐ List the steps required to ensure electrical equipment is de-energized.

Seat Time: 30 min

PPF

Course #OSH0106

Description

The Occupational Safety and Health Administration, or OSHA, mandates that it is an employer's duty to provide a personal protective equipment, or PPE, program designed for their workplace. The employee must follow the PPE program and use the PPE required to conform to safe work practices for their particular job. In 2003, the Bureau of Labor Statistics reported 4.4 million nonfatal injuries in private industries; this emphasizes the importance of safety in the workplace.

Learning Objectives

- ☐ Describe personal responsibilities regarding personal protective equipment.
- ☐ List the personal protective equipment that is commonly associated with industrial sites.
- ☐ Describe the proper care, use, and inspection of personal protective equipment.
- ☐ Explain the effects of using defective or incorrect personal protective equipment.

Seat Time: 30 min

Hazardous Communications Course #05H0107

Description

This course gives an overview on how an effective hazardous communication program can prevent injuries in a work environment.

Learning Objectives

- Explain the importance of hazardous communication.
- Describe the labeling requirements for hazardous communication, including material safety data sheets.
- ☐ Discuss the proper use of hazardous communication programs.

Seat Time: 30 min

Back and Safety Ergonomics

Course #OSH0608

Description

Although back injuries account for no work-related deaths, they do account for a significant amount of human suffering, loss of productivity, and economic burden on compensation systems. Back disorders are one of the leading causes of disability for people in their working years and afflict over 600,000 employees each year. The frequency and economic impact of back injuries and disorders on the workforce are expected to increase over the next several decades as the average age of the workforce increases and medical costs go up.

Learning Objectives

- ☐ Explain the importance of back safety.
- ☐ Describe how to prevent injuries and reporting requirements in the workplace.
- Understand the ergonomic solutions to control hazards.



Elective



The Elective subject area in the OSHA series covers blood borne pathogens, materials handling, and safety and health programs.

Hazardous Materials

Course #OSH0202

Description

In Hazardous Materials, you will learn to identify common hazardous materials, describe hazardous material handling and disposal procedures, and discuss hazardous material safety precautions and regulations.

Learning Objectives

- $\hfill \Box$ Identify common hazardous materials.
- ☐ Describe handling and disposal procedures.
- $\hfill \square$ Discuss safety precautions and regulations.

Seat Time: 30 min

Materials Handling

Course #OSH0201Description

The efficient handling and storing of materials is vital to industry. These operations provide continuous flow of raw materials, parts, and assemblies through the workplace, and ensure that materials are available when needed. Yet, the improper handling and storing of materials can cause costly injuries.

Some of the most common causes of material handling injuries are:

- Improper manual lifting or carrying loads that are too large or heavy.
- Being struck by materials or being caught in pinch points.
- Crushed by machines, falling materials or improperly stored materials.
- Incorrectly cutting ties or securing devices.

- ☐ List the three main injuries that occur during material handling, storage, use, and disposal.
- ☐ Describe at least two ways to prevent injury when performing manual lifting.
- ☐ Know the hazards involved in mechanical material handling.
- ☐ Understand the training required in materials handling.
- Describe at least three actions that can reduce or eliminate hazards when storing or disposing of materials.

Seat Time: 30 min

Learning Objectives

Machine Guarding Course #05H0303

Description

Crushed hands and arms, severed fingers, blindnessthe list of possible machinery-related injuries is as long as it is horrifying. Safeguards are essential for protecting workers from needless and preventable injuries.

A good rule to remember is: Any machine part, function, or process that may cause injury must be safeguarded.

Where the operation of a machine can injure the operator or other workers, the hazard must be controlled or eliminated.

Learning Objectives

- Describe at least two of the main causes of machine accidents.
- ☐ List three of the requirements for safeguards.
- ☐ List five machinery parts that pose hazards when unquarded or improperly guarded.
- ☐ List at least five types of machine guards.
- ☐ List at least three types of devices used to safeguard machines.
- Be able to describe a situation that warrants machine guarding and an appropriate method of guarding the machine or part in order to prevent injury or accident.

Seat Time: 30 min

Bloodborne Pathogens

Course #OSH0204

Description

"Bloodborne pathogens" means pathogenic microorganisms that are present in human blood and can cause disease. These pathogens include, but are not limited to, hepatitis B virus (HBV), which causes hepatitis B, hepatitis C virus (HCV), which causes hepatitis C, human immunodeficiency virus (HIV), which causes AIDS, and other pathogens, such as those that cause malaria.

Approximately 5.6 million workers in healthcare and other facilities are at risk of exposure to bloodborne pathogens such as HBV, HCV, and HIV. Bloodborne pathogen exposure may occur in many ways, but needlestick injuries are the most common cause. Exposure may also occur through contact of contaminants with the nose, mouth, eyes, or skin.

Learning Objectives

- ☐ Give at least three examples of workers who are at risk of exposure to bloodborne pathogens.
- ☐ List the three ways exposure to bloodborne pathogens commonly occur.
- Describe at least five key aspects of a Bloodborne Pathogen Exposure Control Plan.
- Explain how properly used PPE and appropriate housekeeping methods protect against exposure to bloodborne pathogens.
- ☐ List three important steps to take if exposed to a bloodborne pathogen.

Seat Time: 30 min

Safety and Health Program Course #05H0203

Description

Effective management of worker safety and health protection is a decisive factor in reducing the extent and the severity of work-related injuries and illnesses. A good safety and health program addresses all work-related hazards, including those potential hazards that could result from a change in worksite conditions or practices.

OSHA's experience in the Voluntary Protection Program has also indicated that effective management of safety and health protection improves employee morale and productivity, as well as significantly reducing Workers' Compensation costs and other less obvious costs of work-related injuries and illnesses.

Learning Objectives

- ☐ Discuss the benefits of an effective safety and health program.
- ☐ Know the four elements of an effective safety and health program.
- ☐ Describe the three methods to prevent and control workplace hazards.
- $\hfill \square$ Be familiar with worksite analysis.
- □ Understand safety and health training needs.





Fall Protection

Course #OSH0103

Description

Occupational fatalities caused by falls remain a serious public health problem throughout the United States. Data collected by the Bureau of Labor Statistics (BLS) Census of Fatal Occupational Injuries indicates that falls are one of the leading causes of traumatic death in the workplace, accounting for 13.7% of such deaths (808 of 5,900) in 2001. During that year, 23 workers died in falls through skylights, 11 died in falls through existing roof openings, and 24 died in falls through existing floor openings. Data from the BLS Survey of Occupational Injuries and Illnesses shows that, during 1999, nearly 300,000 workers in private industry sustained injuries from falls, resulting in lost time from work. In 1999, an estimated 80 workers were injured in falls through skylights, 100 in falls through existing roof openings, and 617 in falls through existing floor openings. Most injuries occurred in construction, though many injuries occurred in other industries such as manufacturing, retail trade, and services.

OSHA emphasizes that workers remain at risk of falling through the floor, roof, skylight, and other openings. There is an increasing effort to identify fall hazards and implement prevention measures for reducing serious injuries and fatal falls.

Learning Objectives

- ☐ Know the working conditions that prompt the use of fall protection.
- ☐ Know the options that are available to protect workers from falls.
- ☐ Be able to list at least four methods of fall protection available for protecting workers.
- ☐ State the main criteria that prompts use of fall protection for construction workers.

Optional



The Optional subject area in the OSHA series covers Benzene awareness, crane safety, and hydrogen sulfide awareness.



Environmental Awareness

Description

Since the Industrial Revolution in the last century, the public has become more concerned about preserving the environment and exploring the benefits of sustainability. Environmental awareness has had a major impact on industry worldwide. It has led to greater scrutiny of all industrial processes because they contribute the largest amount of environmental pollution. The U.S. Environmental Protection Agency, or EPA, reported in its Toxics Release Inventory, or TRI, that industrial facilities release more than 6.5 billion pounds of toxic chemicals into the environment each year. Of these 6.5 billion pounds, 100 million pounds contain cancer-causing agents. Environmental issues, such as pollution, resource depletion, climate change, and waste management, have forced industry to change processes as a means of reducing its environmental impacts.

Learning Objectives

- ☐ Discuss the impact of environmental issues on industry.
- Describe environmental, health, and safety regulations.
- ☐ Identify priority pollutants in plant environments.
- ☐ Identify actions that minimize pollution.

Seat Time: 30 min

Fall Protection Course #OSH0103

Description

Occupational fatalities caused by falls remain a serious public health problem throughout the United States. Data collected by the Bureau of Labor Statistics (BLS) Census of Fatal Occupational Injuries indicates that falls are one of the leading causes of traumatic death in the workplace, accounting for 13.7% of such deaths (808 of 5,900) in 2001. During that year, 23 workers died in falls through skylights, 11 died in falls through existing roof openings, and 24 died in falls through existing floor openings. Data

from the BLS Survey of Occupational Injuries and Illnesses shows that, during 1999, nearly 300,000 workers in private industry sustained injuries from falls, resulting in lost time from work. In 1999, an estimated 80 workers were injured in falls through skylights, 100 in falls through existing roof openings, and 617 in falls through existing floor openings. Most injuries occurred in construction, though many injuries occurred in other industries such as manufacturing, retail trade, and services.

OSHA emphasizes that workers remain at risk of falling through the floor, roof, skylight, and other openings. There is an increasing effort to identify fall hazards and implement prevention measures for reducing serious injuries and fatal falls.

Learning Objectives

- ☐ Know the working conditions that prompt the use of fall protection.
- ☐ Know the options that are available to protect workers from falls.
- ☐ Be able to list at least four methods of fall protection available for protecting workers.
- ☐ State the main criteria that prompts use of fall protection for construction workers.

Seat Time: 30 min

Fire Safety and Prevention Course #05H0109

Description

Fire safety is a key element for the successful operation of industrial facilities. Fire damages are estimated to cost approximately \$7.5 billion per year.

Fire safety refers to the precautions that are taken to prevent or reduce the likelihood of a fire, which may result in death, injury, or property damage. To understand fire safety, it is important to know exactly what fire is and how it works.

Learning Objectives

- ☐ Explain the fire tetrahedron.
- ☐ Describe the five classes of fire in various industries.
- ☐ Explain various fire prevention techniques.
- ☐ Explain the ways to extinguish fires.

Seat Time: 30 min

Industrial Signage Course #OSH0111

Description

This module provides an overview of the common signage found in an industrial facility. Topics covered include how to interpret common signs in an industrial facility, the color code for labels used to identify hazards, and the OSHA color code for floor markings.

Learning Objectives

- ☐ Identify the meanings of signs commonly found in industrial facilities.
- Explain the color code for labels used to identify hazards.
- $\hfill \square$ Describe the code for industrial floor markings.

Seat Time: 30 min

Lockout/Tagout

Course #OSH0110

Description

The purpose of a lockout/tagout program is to establish procedures for placing lockout and/or tagout devices on energy-isolating components. Following these procedures ensures that equipment is de-energized and unexpected startup and/or release of stored energy is prevented. Injuries to personnel during equipment servicing and maintenance are greatly reduced with a properly implemented lockout/tagout program.

Learning Objectives

- □ Describe the purpose of a lockout/tagout program.
- ☐ List the principles of a lockout/tagout program.
- ☐ Identify lockout/tagout devices.
- ☐ Explain the responsibilities of the authorized employee.



Crane Safety Course #OSH0305

Description

Cranes pose significant safety issues, both for the operators and workers in proximity to them. Moving large, heavy loads is crucial to today's manufacturing and construction industries, and several technologies have been developed for these operations. The American National Standards Institute, or ANSI, and the American Society of Mechanical Engineers, or ASME, continually update standards for crane manufacturing, operational procedures, inspection requirements, and operator qualifications. In addition, the Specialized Carriers and Riggers Association, or SC&RA, which represents most of the crane owners and users, has developed a set of requirements for crane operator qualifications and certification.

Learning Objectives

- $\hfill \$ List the four major causes of crane accidents.
- Describe the pre-planning that is required before putting a crane in use.
- State the main precautions that apply to working with cranes near power lines.

Seat Time: 30 min



H2S Awareness

Course #OSH0301

Description

Hydrogen sulfide, or H₂S, is a colorless, flammable, extremely hazardous gas with a "rotten egg" smell. People can smell the "rotten egg" odor of hydrogen sulfide at low concentrations in air. However, with continuous low-level exposure, or at higher concentrations, a person loses his/her ability to smell the gas even though it is still present (olfactory fatigue). This can happen very rapidly, and at high concentrations, the ability to smell the gas can be lost instantaneously. Therefore, DO NOT rely on your sense of smell to indicate the continuing presence of hydrogen sulfide or to warn of hazardous concentrations.

In addition, hydrogen sulfide is a highly flammable gas and gas/air mixtures can be explosive. It may travel to sources of ignition and flash back. If ignited, the gas burns to produce toxic vapors and gases, such as sulfur dioxide.

Learning Objectives

- $\hfill\square$ State the properties of hydrogen sulfide.
- ☐ Describe the health risks associated with hydrogen sulfide exposure.
- ☐ Explain the methods to minimize exposure to hydrogen sulfide.
- ☐ Identify the PPE required to work in areas with various concentration levels of hydrogen sulfide.

Seat Time: 30 min

Benzene Awareness

Description

Benzene is an organic chemical compound that naturally occurs as a component of crude oil. It is a clear, colorless liquid with a distinctive sweet odor. Benzene is flammable and its vapors can form explosive mixtures.

Benzene vapors are heavier than air and the vapors may build up or spread along the ground. These vapors can be ignited by open flames or sparks at locations remote from the site at which benzene is handled.

Because of benzene's sweet aroma, it was used as an aftershave in the 19th and early-20th centuries. Bad idea – Benzene is a cancer causing agent and presents significant health risks.

Learning Objectives

- Describe the physical properties of benzene.
 State the health risks associated with benzene exposure.
- □ Identify possible operations that can result in benzene exposure in an industrial environment.
 □ State the permissible exposure limits for benzene.
- ☐ List the PPE required for environments that may have potential benzene exposure.

Asbestos

Description

Asbestos is the name for a group of naturally occurring minerals that separate into strong, very fine fibers. The fibers are heat-resistant and extremely durable. Because of these qualities, asbestos has become very useful in construction and industry.

Asbestos tends to break down into a dust of microscopic fibers. Because of their size and shape, these tiny fibers remain suspended in the air for long periods of time and can easily penetrate body tissues after being inhaled or ingested. Due to its durability, these fibers can remain in the body for many years and, thereby, become the cause of asbestos-related diseases. Symptoms of these diseases generally do not appear for 10 to 30 years after the exposure. Unfortunately, long before its effects are detectable, asbestos-related injury to the body may have already occurred. There is no safe level of exposure known; therefore, exposure to friable asbestos should be avoided.

Learning Objectives

- $\hfill\square$ Explain the dangers of asbestos exposure.
- Describe how workers are protected and can protect themselves from asbestos hazards.
- ☐ Understand how building owners and managers are required to manage asbestos.

Seat Time: 30 min

Industrial Facility Safety Course #05H0108

Description

More than 4,000 fatal, and 3 million nonfatal, work-related injuries were reported in the US in 2010. Identifying and understanding industrial hazards helps lower worker risk as well as increase facility safety and efficiency.

Learning Objectives

- ☐ Describe common hazards encountered in industrial facilities.
- ☐ Explain the dangers associated with electrical current and voltage.
- ☐ Describe the common industrial systems installed for personnel and equipment protection.

Seat Time: 30 min



Spill Prevention, Control, and Countermeasures

Course #OSH0603

Description

Oil spills endanger public health, impact drinking water, devastate natural resources, and disrupt the economy. During storage, transport, or as the result of energy exploration and production activities, oil and other oil-based products are sometimes spilled onto land or into waterways. When this occurs, human health and environmental quality are put at risk. Every effort must be made to prevent oil spills and to clean them up promptly once they occur..

Learning Objectives

- ☐ Explain spill prevention, control, and countermeasure plan.
- ☐ Describe elements of a facility response plan.
- ☐ Understand the regulations required for spill prevention.
- ☐ Explain the concepts of spill containment.
- $\hfill\square$ Understand what to do in the event of a spill.

GHS

Course #OSH0609

Description

The GHS is an acronym for The Globally Harmonized System of Classification and Labelling of Chemicals. The GHS is a system for standardizing and coordinating the classification and labelling of chemicals.

The GHS itself is not a regulation or a standard. The GHS establishes agreed hazard classification and communication provisions with explanatory information on how to apply the system. The elements in the GHS supply a mechanism to meet the basic requirement of any hazard communication system, which decides if the chemical product produced and/or supplied is hazardous and prepares a label and/or Safety Data Sheet as appropriate.

Learning Objectives

- Recognize the importance of the GHS.
- ☐ Define health, physical, and environmental hazards of chemicals.
- Communicate hazard information, as well as protective measures, on labels and Safety Data Sheets.
- ☐ Identify the PPE required to work in areas with various concentration levels of hydrogen sulfide.

Seat Time: 30 min

HA7WOPPER Awareness

Course #0610

Description

The principal reason Hazardous Waste Operations and Emergency Response, or HAZWOPER, exists is to provide fundamental training in hazardous waste procedures so that all emergency workers are coordinated and working with the same set of rules of engagement. HAZWOPER is the starting point for any emergency responder who is likely to come across nuclear, biological, or chemical (NBC) waste. Police and fire personnel, emergency medical responders, environmental response personnel, military, FEMA, Department of Health, incident commanders, and hazardous materials remediators all learn the fundamentals in a HAZWOPER course.

Learning Objectives

- ☐ Define the term HAZWOPER.
- ☐ State the company policy concerning HAZWOPER.
- ☐ State the requirements for contractor access to the client's written safety and health plan.
- □ Describe the process used for a Hazardous Material cleanup.
- ☐ List the required subject areas of a written safety and health program.

Seat Time: 30 min



Lead Overview for Base Construction

Course #OSH0611

Description

Inorganic lead is a malleable, blue-gray, heavy metal that occurs naturally in the Earth's crust. Lead was one of the first metals used by humans and, consequently, the cause of the first recorded occupational disease.

Learning Objectives

- ☐ Describe the dangers of lead exposure.
- Explain the effects of lead exposure.
 Lead-Based Paint Hazards and Regulations
- ☐ Understand the hazards of lead-based paint and how it is regulated.
- Recognize how workers are protected and can protect themselves from lead hazards.

Seat Time: 30 min

Lead Overview for General Industry

Course #OSH0602

Description

Inorganic lead is a malleable, blue-gray, heavy metal that occurs naturally in the Earth's crust. Lead was one of the first metals used by humans and, consequently, the cause of the first recorded occupational disease.

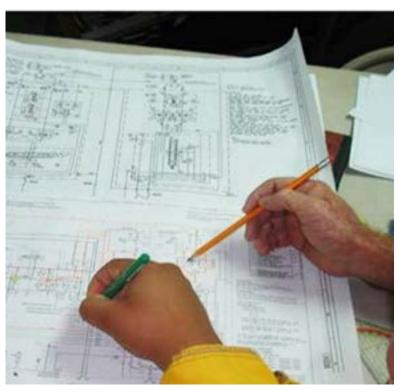
Learning Objectives

- ☐ Describe the dangers of lead exposure.
- $\hfill \square$ Explain the effects of lead exposure.
- ☐ Understand the hazards of lead-based paint and how it is regulated.
- □ Recognize how workers are protected and can protect themselves from lead hazards.





Foundation



Despite the diversity in industrial facilities with respect to size, processes, complexity, and equipment, there are common skills and knowledge sets applicable to all industries that must be mastered for successful job performance in operations and maintenance. The topics focus on the entry-level skills and knowledge, presented within an industrial context, necessary to achieve the requisite competency for further specialization.

Foundation Series

Overview of Industrial Facility Systems



Overview of Industrial Facility Systems Course #FOU0701

Description

This introductory module provides an overview of industrial-scale systems, including electrical, water, and HVAC, as well as industrial standards and units of measure. These systems are used to provide examples and practical applications of the content presented in each subsequent subject area.

Learning Objectives

- Compare and contrast residential electrical, water, and heating, ventilation, and air conditioning systems to those found in a typical industrial facility.
- Describe common facility support systems that provide water, steam, oil, instrument air, and high-pressure air within a typical industrial facility.
- ☐ Discuss the codes and standards that apply to industrial facilities.
- ☐ Identify the common units of measure used in industry.



Safety



The modules in the Safety subject area begin by providing an overview of common industrial facility hazards and protective systems, including the areas of a facility where these hazards may be encountered. These modules also introduce fire and electrical safety practices, as well as discuss topics such as hazardous communications,

lockout/tagout, industrial signage, and personal protective equipment.

Industrial Facility Safety Course #FOU0801

Description

More than 4,000 fatal, and 3 million nonfatal, work-related injuries were reported in the US in 2010. Identifying and understanding industrial hazards helps lower worker risk as well as increase facility safety and efficiency.

Learning Objectives

- □ Describe common hazards encountered in industrial facilities.
- ☐ Explain the dangers associated with electrical current and voltage.
- ☐ Describe the common industrial systems installed for personnel and equipment protection.

Seat Time: 30 min

Fire Safety

Course #FOU0802

Description

This course covers different types of fires, fire prevention techniques, and fire extinguishing systems.

Learning Objectives

- $\hfill\square$ Explain the fire tetrahedron.
- ☐ Describe the five classes of fire in various industries.
- ☐ Explain various fire prevention techniques.
- $\hfill\square$ Explain the ways to extinguish fires.

Seat Time: 30 min

Hazardous Communications

Course #FOU0803

Description

This course gives an overview on how an effective hazardous communication program can prevent injuries in a work environment.

Learning Objectives

- ☐ Explain the importance of hazardous communication.
- ☐ Describe the labeling requirements for hazardous communication, including material safety data sheets.
- ☐ Discuss the proper use of hazardous communication programs.

Lockout/Tagout

Course #FOU0804

Description

The purpose of a lockout/tagout program is to establish procedures for placing lockout and/or tagout devices on energy-isolating components. Following these procedures ensures that equipment is de-energized and unexpected startup and/or release of stored energy is prevented. Injuries to personnel during equipment servicing and maintenance are greatly reduced with a properly implemented lockout/tagout program.

Learning Objectives

- ☐ Describe the purpose of a lockout/tagout program.
- ☐ List the principles of a lockout/tagout program.
- ☐ Identify lockout/tagout devices.
- ☐ Explain the responsibilities of the authorized employee.

Seat Time: 30 min

Electrical Safety

Course #FOU0805

Description

Roughly 20% of the electricity produced in the United States every year is used to power industrial facilities and equipment. While electricity makes it possible for these facilities to operate, it also poses a very real hazard, with several hundred electricity-related fatalities occurring at the workplace every year. In order to avoid or treat electrical shock, one has to first understand it.

Learning Objectives

- ☐ Define electrical shock and arc flash.
- □ Identify emergency response actions to take in the event of an electrical shock.
- ☐ Explain electrical safeguarding.
- ☐ Identify personal protective equipment required when working on energized electrical equipment.
- ☐ List the steps required to ensure electrical equipment is de-energized.

Seat Time: 30 min

Industrial Signage

Course #FOU0806

Description

This module provides an overview of the common signage found in an industrial facility. Topics covered include how to interpret common signs in an industrial facility, the color code for labels used to identify hazards, and the OSHA color code for

floor markings.

Learning Objectives

- □ Identify the meanings of signs commonly found in industrial facilities.
- Explain the color code for labels used to identify hazards.
- $\hfill \square$ Describe the code for industrial floor markings.

Seat Time: 30 min

Personal Protective Equipment Course #F0U0807

Description

The Occupational Safety and Health Administration, or OSHA, mandates that it is an employer's duty to provide a personal protective equipment, or PPE, program designed for their workplace. The employee must follow the PPE program and use the PPE required to conform to safe work practices for their particular job. In 2003, the Bureau of Labor Statistics reported 4.4 million nonfatal injuries in private industries; this emphasizes the importance of safety in the workplace.

Learning Objectives

- ☐ Describe personal responsibilities regarding personal protective equipment.
- ☐ List the personal protective equipment that is commonly associated with industrial sites.
- ☐ Describe the proper care, use, and inspection of personal protective equipment.
- ☐ Explain the effects of using defective or incorrect personal protective equipment.

First Aid I

Course #FOU0809

Description

This module provides guidance for effective responses and treatment related to external bleeding, burns, and nervous system injuries. Topics covered include OSHA-compliant first aid kits and how an injured person should be evaluated. In addition, this module provides an overview of how to control external bleeding, the treatment of minor burns, and how to care for head, neck, and spinal injuries.

Learning Objectives

- ☐ Describe OSHA-compliant first aid kits.
- $\hfill\square$ Explain the evaluation of an injured or ill person.
- ☐ List the methods used to control external bleeding.
- ☐ Explain the treatment of minor burns.
- Describe how to care for head, neck, and spinal injuries.

Seat Time: 30 min

First Aid II

Course #FOU0810

Description

This module provides an overview of basic first aid care. Topics covered include actions to take when poisoning is suspected or someone is choking. The module also explains how to perform CPR and the procedures for operating an AED device. Finally, this module describes how to identify the symptoms of a stroke.

Learning Objectives

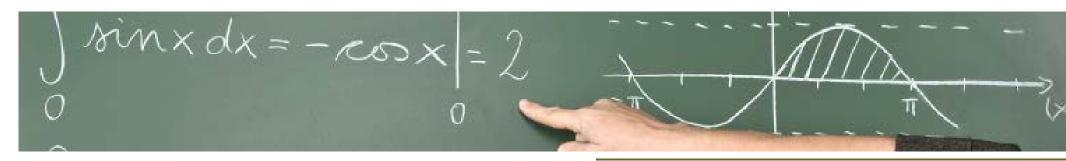
- Describe the actions to take when poisoning is suspected.
- ☐ List the steps for treating a choking victim.
- ☐ Explain how to perform CPR.
- ☐ Discuss the operating procedures for an AED device.
- \Box List the symptoms of a stroke.





Foundation Series

Mathematics



Mathematics is one of the oldest and most fundamental sciences and is used in all aspects of modern industry in some form or another. The modules in this subject area range from basic calculations using whole numbers and fractions to problem solving and analysis using algebra and trigonometry. A working knowledge of mathematics not only improves the general efficiency of day-to-day tasks and operations, but also positively affects the economic stability of the organization.

Whole Numbers Course #FOU0201

Description

This course gives an overview on whole numbers and basic arithmetic operations.

Learning Objectives

- $\hfill \Box$ Explain whole numbers and number sets.
- ☐ Explain how to add and subtract whole numbers.
- Explain how to multiply and divide whole numbers.

Seat Time: 30 min

Fractions

Course #FOU0202

Description

This course covers fractions and introduces some mathematical functions that involve fractions.

Learning Objectives

- □ Define a fraction.
- □ Define a common denominator.
- Explain how to reduce fractions to their lowest terms.
- Explain how to add and subtract common fractions.
- Explain how to multiply and divide common fractions.

Seat Time: 30 min

Decimals and Percentages

Course #FOU0203

Description

This course covers addition, subtraction, multiplication, division, and conversion of decimals and percentages.

Learning Objectives

- ☐ Define the term decimal.
- Convert fractions to decimals and decimals to fractions.
- ☐ Define percentage and its decimal equivalent.
- ☐ Explain how to add and subtract decimals.
- ☐ Explain how to multiply and divide decimals.

Exponents and Scientific Notation

Course #FOU0204

Description

This course covers addition, subtraction, multiplication, and division of exponents. It also gives an overview of radicals and scientific notation.

Learning Objectives

- ☐ Define exponents, including factors of a number.
- $\hfill \square$ Define radicals, with emphasis on square roots.
- ☐ Identify examples of numbers written in scientific notation.
- ☐ Explain how to add and subtract exponential numbers.
- Explain how to multiply and divide exponential numbers.

Seat Time: 30 min

Fundamentals of Algebra I

Course #FOU0205

Description

This course will explain basic algebraic terms, the use of parentheses and signed numbers, and how to add, subtract, multiply, and divide algebraic expression.

Learning Objectives

- ☐ Define basic algebraic terms.
- Explain the use of parentheses and signed numbers in algebraic expressions.
- Explain addition and subtraction of algebraic expressions.
- □ Explain multiplication and division of algebraic expressions.

Seat Time: 30 min

Fundamentals of Algebra II

Description

This course will cover axioms, how to solve algebraic expressions, explaining ratios, and proportions.

Learning Objectives

- State the four basic axioms for solving algebraic expressions.
- ☐ Explain the methods by which the four axioms are used.
- ☐ Explain how to solve an algebraic equation with unknown quantities.
- Define ratios and proportions and the relationship between them.

Seat Time: 30 min

Fundamentals of Geometry I

Course #FOU0207

Description

This course gives an overview of the basic principles and applications of geometry in the maintenance field.

Learning Objectives

- ☐ Describe the uses of geometry in the maintenance field.
- ☐ Describe the types of angles and their measurements.
- ☐ Identify the common terms of plane geometry pertaining to triangles, squares, and rectangles.
- □ State the formulas for calculating the perimeter of triangles, squares, and rectangles.

Seat Time: 30 min

Fundamentals of Geometry II

Description

This course will cover the different parts of a circle, finding the circumference and area of the circle, and finding the surface areas and volumes of a variety of different geometric figures.

Learning Objectives

- \square State the common parts of a circle.
- Explain how to calculate the circumference and area of a circle.
- ☐ State the formulas for calculating the surface areas and volumes of three-dimensional shapes.

Seat Time: 30 min

Fundamentals of Trigonometry

Course #FOU0209

Description

This course covers different trigonometry concepts and where these concepts might be encountered in an industrial facility.

Learning Objectives

- ☐ Describe the uses of trigonometry in the maintenance field.
- ☐ Discuss the use of the Pythagorean Theorem.
- $\hfill\square$ Define the basic trigonometric functions.
- $\hfill \square$ State the trigonometric identities.

Scientific Calculator Use

Description

This course covers basic operations, calculating percentages, square roots, and scientific notation. Also covered in this course will be the trigonometric functionality of a scientific calculator.

Learning Objectives

- Explain how to add, subtract, multiply, and divide using a scientific calculator, including order of operations.
 Explain how to calculate percentages and square roots using a scientific calculator.
- ☐ Explain how to enter numbers with exponents in scientific notation using a scientific calculator.
- Describe the trigonometric functionality of a scientific calculator.

Seat Time: 30 min

Fundamentals of Statistics I

Course #FOU0211

Description

This course gives a general overview of the basics of statistics.

Learning Objectives

- $\hfill\Box$ Explain how to read tables and graphs.
- ☐ Explain the difference between mean, median, and mode.
- □ Describe a normal distribution curve.

Seat Time: 30 min

Fundamentals of Statistics II Course #FOU0212

Description

This course will cover the fundamentals of statistics, such as standard deviation, distribution curve analysis, rules of probability, and how all of these subjects can be applied in an industrial setting.

Learning Objectives

- ☐ Explain standard deviation.
- $\hfill \square$ Explain how to analyze a distribution curve.
- ☐ State the rules of probability.
- Discuss industrial applications of statistical analysis.

Seat Time: 30 min

Introduction to Calculus

Course #FOU0213

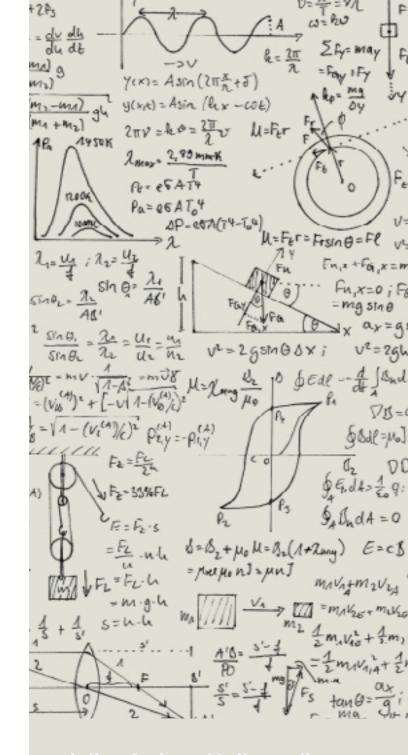
Description

This course will cover the industrial uses for calculus, derivatives, and integrals.

Learning Objectives

- $\hfill \square$ Describe the uses of calculus in industry.
- ☐ Explain derivatives.
- ☐ Discuss integrals.

Seat Time: 30 min



pundation Series - Mathematics

Tools



Personnel must be familiar with common industrial tools, including their basic functions, types, and safety precautions, when working in an industrial setting, not only to complete tasks, but also to do it in the safest way possible. The Tools subject area of the Foundation series will focus on some basic hand and power tools, and spans three modules.

Hand Tools I

Course #FOU0901

Description

This course will cover the importance of hand tool safety, and the basic functions and types of hammers, punches, prying tools, screwdrivers, and wrenches.

Learning Objectives

- ☐ Explain the importance of hand tool safety.
- ☐ Describe the basic functions and types of hammers, punches, and prying tools.
- ☐ Describe the basic functions and types of screwdrivers and wrenches.

Seat Time: 30 min

Hand Tools II

Course #FOU0902

Description

This course will cover the basic functions and different types of cutting, gripping, holding, and measuring tools.

Learning Objectives

- ☐ Describe the basic functions and types of cutting tools.
- ☐ Describe the basic functions and types of gripping and holding tools.
- Describe the basic functions and types of measuring tools.

Seat Time: 30 min

Power Tools

Course #FOU0903

Description

This course will explain the various types of power tools and their functions, as well as the procedures and precautions which are necessary for their safe operation.

Learning Objectives

- Describe power tool safety procedures and precautions.
- ☐ Describe the basic functions and types of stationary power tools.
- Describe the basic functions and types of portable power tools.



Foundation Series

Maintenance



Maintenance is a critical, yet often overlooked aspect in industrial settings. Proper maintenance can extend equipment life, yield higher operating efficiencies, and, by increasing uptime, leads to enhanced performance of assets. The Maintenance subject area in the Foundation series of modules will cover different types of maintenance, including preventive and predictive, as well as explain common troubleshooting techniques.

Preventive Maintenance Course #FOU0101

Description

This course provides an introduction to preventive maintenance and its advantages. This course also covers preventive maintenance programs and computerized maintenance management systems.

Learning Objectives

- ☐ State the purpose of preventive maintenance.
- ☐ State the advantages and benefits of preventive maintenance.
- Describe the implementation of preventive maintenance programs.

 Describe computerized maintenance management systems.

Seat Time: 30 min

Predictive Maintenance

Description

This course will cover the purpose, tools, techniques, and benefits of predictive maintenance.

Learning Objectives

- ☐ State the purpose of predictive maintenance.
- ☐ Describe the tools and techniques used in predictive maintenance.
- ☐ List the benefits of predictive maintenance.

Seat Time: 30 min

Basic Troubleshooting

Course #FOU0103

Description

This course will cover the purpose of troubleshooting and some basic troubleshooting techniques and methods.

Learning Objectives

- ☐ Describe the purpose of troubleshooting.
- ☐ Identify troubleshooting resources.
- Explain normal system operations and normal operating parameters.
- $\hfill \square$ Describe the five-step troubleshooting process.
- Identify the components of a troubleshooting flowchart.

Environment



Factories, machinery, and industrial processes can have a large negative impact on the environment, as evidenced by global warming, forest depletion, and the increase in toxic emissions all around the world. Gaining knowledge about these issues and their causes is the foundation to increasing environmental awareness. This subject area, Environment, will help to lay the groundwork to better understand how industrial factors affect the environment, and what steps can be taken to mitigate, or in some cases eliminate, negative effects to the environment.

Environmental Awareness Course #FOU0301

Description

Since the industrial revolution in the last century, the public has become more concerned about preserving the environment and exploring the benefits of sustainability. Environmental awareness has had a major impact on industry worldwide. It has led to greater scrutiny of all industrial processes because they contribute the largest amount of

environmental pollution. The U.S. Environmental Protection Agency, or EPA, reported in its Toxics Release Inventory, or TRI, that industrial facilities release more than 6.5 billion pounds of toxic chemicals into the environment each year. Of these 6.5 billion pounds, 100 million pounds contain cancer-causing agents. Environmental issues, such as pollution, resource depletion, climate change, and waste management, have forced industry to change processes as a means of reducing its environmental impacts.

Learning Objectives

- ☐ Discuss the impact of environmental issues on industry.
- □ Describe environmental, health, and safety regulations.
- $\hfill\square$ Identify priority pollutants in plant environments.
- ☐ Identify actions that minimize pollution.

Seat Time: 30 min

Hazardous Materials

Course #FOU0302

Description

This course will cover how to identify common hazardous materials, hazardous material handling and disposal procedures, and hazardous material safety precautions and regulations.

Learning Objectives

- ☐ Identify common hazardous materials.
- ☐ Describe handling and disposal procedures.
- $\hfill\square$ Discuss safety precautions and regulations.



Computers



Computers have become an integral part of the work environment. Having a firm grasp on the basic workings of both personal and specialized industry computers is critical to productivity. The Computers subject area will cover the basics of computers.



Computer Use Basics Course #FOU0401

Description

This course covers basic computer components, file management and naming conventions, basic networking concepts, and basic commands.

Learning Objectives

- ☐ Identify basic computer components.
- □ Describe basic file management and naming conventions.
- ☐ Describe basic networking concepts.
- $\hfill \square$ State the purpose of basic commands.

Seat Time: 30 min

Computers in Industry

Course #FOU0402

Description

This course will show how to identify the different types of computer systems and portable peripheral devices. This course will also give an overview on equipment control and computer monitoring.

Learning Objectives

- $\hfill \square$ Identify the different types of computer systems.
- Describe equipment control and monitoring computers.
- $\hfill \Box$ Identify portable peripheral devices.



Print Reading



Reading and understanding prints, diagrams and P&IDs are a fundamental component of working in industrial settings. When personnel can accurately and quickly determine information from drawings, they become more efficient and the facility reaps the benefits. The Print Reading subject area will cover the fundamentals of reading industrial prints.

Print Reading Basics

Description

This course will cover the key elements of a print diagram, as well as reading and using a print diagram.

Learning Objectives

- $\hfill \$ List the prints commonly used in industry.
- ☐ Explain the importance of blueprints and schematics.
- $\hfill\square$ Discuss the proper use of legends.
- □ State the purpose of title blocks and revisions.
- ☐ Describe a block diagram.

Seat Time: 30 min

Piping and Instrumentation Diagrams

Course #FOU0502

Description

This course will give you an overview on how to read piping and instrumentation diagrams, or P&IDs.

Learning Objectives

- □ State the purpose of piping and instrumentation diagrams.
- Discuss the information contained in the title block, notes, and legend of a typical piping and instrumentation diagram.
- ☐ Discuss the information contained in the revision block.
- ☐ Identify common symbols used on piping and instrumentation diagrams.
- Use piping and instrumentation diagrams to trace system flow paths.



Science



Knowledge regarding the sciences that are applied in industrial contexts is critically important not only to the efficient operation of facilities, it also helps to increase personnel, as well as overall, safety. The Science subject area will cover chemistry and physics, including work, energy, power, motion, heat transfer, fluid mechanics, gas laws, and thermodynamics.



Introduction to Chemistry

Course #FOU0601

Description

This course covers the fundamentals of chemistry, including mixtures, solutions, compounds, chemical properties, and methods of analysis.

Learning Objectives

- $\hfill \square$ Identify the fundamental concepts of chemistry.
- $\hfill \square$ Define compounds, mixtures, and solutions.
- $\hfill \mbox{Explain chemical properties.}$
- $\hfill\square$ Identify methods of chemical analysis.

Seat Time: 30 min

Water Chemistry

Course #FOU0602

Description

This course will cover the properties of water, how it is affected by impurities, how it is sampled and what it is analyzed for, and how it is treated.

Learning Objectives

- ☐ Describe the properties of water.
- ☐ List the types, sources, and effects of impurities in water.
- ☐ Identify the various water sampling methods.
- ☐ List the parameters monitored.
- $\hfill\square$ Explain the principles of water treatment.

Applied Physics I Work, Energy and Power

Course #FOU0603

Description

This course covers work, energy and power, types of energy, the difference between potential and kinetic energy, principles of levers and inclined planes, and the operation of simple machines.

Learning Objectives

- ☐ Define work, energy, and power.
- ☐ Describe the basic types of energy.
- ☐ Explain the difference between potential and kinetic energy.
- ☐ Identify the principles of levers and inclined planes.
- ☐ Explain the operation of simple machines.

Seat Time: 30 min

Applied Physics II Laws of Motion

Course #FOU0604

Description

This course gives an overview of English and metric units, conversion tables, force, mass, velocity, acceleration, and the laws of motion.

Learning Objectives

- ☐ Identify English and metric units for mass, length, and derived units.
- $\hfill \square$ Describe the proper use of conversion tables.
- $\hfill\square$ Define force, mass, velocity, and acceleration.
- ☐ Explain the laws of motion.

Seat Time: 30 min

Applied Physics III Heat Transfer

Course #FOU0605

Description

This course will give an overview on how to define heat and temperature, explain how to calculate temperature using Fahrenheit, Celsius, and Kelvin scales, define specific heat, including the phase changes of water, and explain the three modes of heat transfer.

Learning Objectives

- ☐ Define heat and temperature.
- Explain how to calculate temperature using Fahrenheit, Celsius, and Kelvin scales.
- Define specific heat, including the phase changes of water.
- ☐ Discuss the three modes of heat transfer.

Seat Time: 30 min

Applied Physics IV Fluid Mechanics

Course #FOU0606

Description

This course will explain the different states of matter, Pascal's Law, the relationship between pressure, force, and area, and the relationship between fluid flow and pipe area.

Learning Objectives

- $\hfill\square$ Identify the states of matter, emphasizing fluids.
- $\hfill\square$ Explain Pascal's Law for fluid power.
- ☐ Describe the relationship between pressure, force, and area.
- ☐ Explain the relationship between fluid flow and the area of a pipe.

Seat Time: 30 min

Applied Physics V Ideal Gas Law

Course #FOU0607

Description

This course covers the different properties of gases, the laws that govern them, and how to use those laws to calculate pressure changes.

Learning Objectives

- $\hfill\square$ Describe gases and their properties.
- ☐ Explain the ideal gas law.
- ☐ Explain how to use the ideal gas law to calculate pressure change in a container.

Seat Time: 30 min

Applied Physics VI Thermodynamics

Course #FOU0608

Description

This course covers the laws of thermodynamics and introduces some of the industrial applications of thermodynamics.

Learning Objectives

- $\hfill \Box$ Explain the Zeroth Law of Thermodynamics.
- $\hfill\square$ Explain the First Law of Thermodynamics.
- $\hfill \Box$ Explain the Second Law of Thermodynamics.
- Explain the Third Law of Thermodynamics.Describe industrial applications of
- thermodynamics.



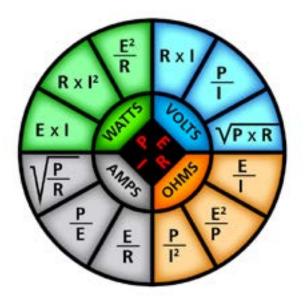


The field of electrical and electronic technologies is vast and encompasses many technical disciplines. The Industrial Electronics and Electricity Series is designed to minimize extraneous theory and maximize learning by targeting the essential prerequisite knowledge required for a technician in an industrial facility. In this comprehensive series, the learner is presented basic electrical principles and circuit theory, followed by key topics for an industrial technician including Motors and Servos, Power Supplies, and Work Practices. The series also provides the learner with an introduction to common equipment and systems such as distributed control, PLCs, and VFDs to prepare the learner for more in depth training.

Basic Electricity Principles



The Basic Electricity Principles subject area focuses on basic electrical concepts and equipment as it relates to typical industrial facilities.



Basic Electricity

Course #IEE0201

Description

This module begins with the basic principles of electricity that every technician and electrician need to know. Building on these principles, technicians and electricians will be able to grasp more advanced topics and understand the principles of operation for specific equipment found on the job.

Learning Objectives

- ☐ Describe how an electrical charge is created at the atomic level.
- ☐ Explain how an electrical potential difference is created.
- ☐ Differentiate between conventional current flow and electron flow.
- ☐ Describe the five main ways to produce electromotive force used in industry.

Seat Time: 30 min

Conductors and Insulators

Course #IEE0202

Description

From miniature circuit boards to the million miles of transmission lines in the world, conductors are the means to move electric currents. Every technician and electrician needs a fundamental understanding of the properties of conductors and the means to prevent current flowing to the wrong place through the use of insulators.

Learning Objectives

- Describe the characteristics of a good conductor of electric current.
- $\hfill \square$ State the main classification types of conductors.
- \square List a minimum of five types of insulation.

Resistors

Course #IEE0206

Description

As one of the basic building blocks in modern technology, resistors are found in nearly every electrical and electronic circuit.

Learning Objectives

- ☐ State the four main applications for resistors.
- ☐ List the five main types of resistor construction.
- □ Demonstrate the ability to read the value of a resistor by its color code or markings.

Seat Time: 30 min

Basic Laws of Electrical Circuits

Course #IEE0203

Description

Much of the day-to-day work of an industrial electrician and technician involves taking readings and performing preventive maintenance of devices and equipment. The challenge is knowing what to do if the readings are not as expected. Mastery of a few basic laws of electrical circuits is needed to successfully analyze typical problems with circuits or equipment.

Learning Objectives

- Explain how to use Ohm's Law to solve for unknown circuit quantities.
- ☐ Summarize Kirchhoff's Laws and how they are used to solve for unknown circuit quantities.

Seat Time: 30 min

Electrical Power

Course #IEE0204

Description

A 60 watt light bulb. A 500 watt power supply. A 1000 watt microwave. Electrical power and its unit, the watt, are routinely encountered and used in everyday life. Even though the term may be familiar, most people probably do not understand the concept of electrical power. As an electrician or technician, you not only need know what it is, but also be able to confidently calculate electrical power under a variety of on-the-job situations.

Learning Objectives

- ☐ Define electrical power.
- ☐ List different units to measure electrical power.

Seat Time: 30 min

Electromagnetism

Course #IEE0205

Description

Motors, generators, servos, and many other industrial devices apply the basic principles of electromagnetism. A solid grasp of these principles is required for not only the understanding of how these devices work, but how they are controlled.

Learning Objectives

- $\hfill \square$ Describe the four characteristics of a magnet.
- $\hfill \square$ Define flux density.
- Describe how the "left-hand rule" is used to determine the relationship between polarity of a coil and the electromagnetic field.



DC Circuits



The DC Circuits subject area discusses the basics of DC circuits and its roles in industrial applications

Batteries Course #IEE0301 Description

Batteries are used throughout industry as backup or emergency power sources. They are routinely used to power mobile industrial equipment, such as automated guided vehicles. While most people are familiar with batteries used at home or in their auto, knowledge regarding how to care for and maintain batteries is less common. In industry, it is often said that batteries don't die; they are killed by neglect and misuse. Further, there are thousands of eye injuries and burns due to battery explosions each year.

Learning Objectives

- ☐ State the three types of electrolytes used in battery construction.
- ☐ Identify the main physical components of a storage battery.
- ☐ Explain the meaning of ampere-hour rating for batteries.

Seat Time: 30 min

Series Circuits

Course #IEE0302

Description

In order to safely work with series circuits, it is important to be able to calculate and understand the interactive relationships of current, resistance, and voltage.

Learning Objectives

- ☐ Define a series circuit.
- ☐ Calculate total resistance in a series circuit.
- ☐ Calculate total current in a series circuit.
- ☐ State the relationship between current and voltage in a series circuit.
- Calculate voltage drops across each resistor in a series circuit.



Parallel Circuits

Course #IEE0303

Description

In order to safely work with parallel circuits, it is important to be able to calculate and understand the interactive relationships of current, resistance, and voltage.

Learning Objectives

- Define a parallel circuit.
- State the relationship between current and voltage in a parallel circuit.
- ☐ Calculate total resistance in a parallel circuit.
- ☐ Calculate branch voltage in a parallel circuit.
- ☐ Calculate total current in a parallel circuit.

Seat Time: 30 min

Series-Parallel Circuits

Course #IEE0304

Description

Typical circuits encountered by a technician are rarely a pure series or parallel circuit. In practice, a combination is encountered on the job and requires application of several techniques to properly analyze circuit performance.

Learning Objectives

- $\hfill\square$ Define a series-parallel circuit.
- □ Calculate total resistance in a series-parallel circuit.
- □ Calculate branch currents in a series-parallel circuit.
- ☐ Calculate voltage drops in a series-parallel circuit.

Seat Time: 30 min

Switches and Relays

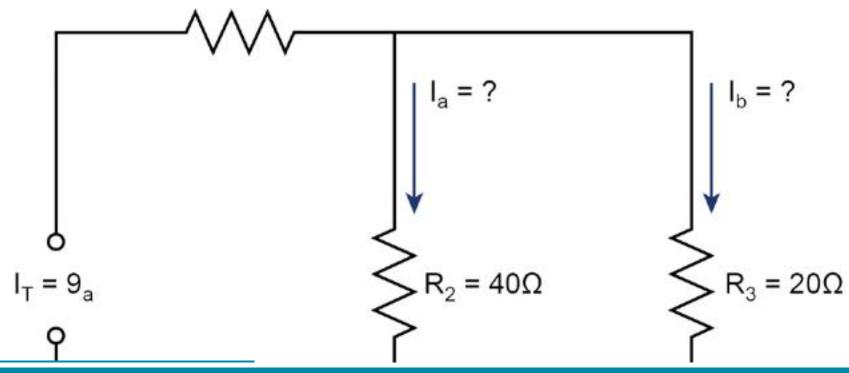
Course #IEE0305

Description

The controlled application and removal of electrical current is required for every electrical circuit. Light switches and power buttons are everyday examples that we generally take for granted. However, the electrical worker needs a more comprehensive view of these devices and the various types and configurations.

Learning Objectives

- ☐ Identify switch configurations based on schematic symbols and explain the respective switch function.
- ☐ Explain the basic purpose and operation of an electromagnetic relay.



AC Circuits



The AC Circuits subject area covers basics of AC power, including concepts and equipment.

AC Generation and Basic AC Concepts Course #IEE0401

Description

Generally, most people are familiar with alternating current (AC) in their everyday lives. It is common knowledge that a wall socket in a home in the United States is 120 VAC, but did you know that the peak voltage from that wall socket is 170 volts? That fact is simply a characteristic of AC that is described in this module.

A technician must have in-depth knowledge of AC generation, characteristics, and measurement to maintain and troubleshoot industrial equipment effectively.

Learning Objectives

- ☐ Describe the operation of a simple AC generator.
- ☐ Explain the development of a sine wave output in an AC generator.
- ☐ Describe how a three-phase AC output is generated.
- ☐ Identify effective and average values of an AC voltage and demonstrate how to calculate each.

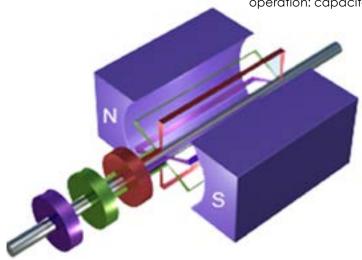
Seat Time: 30 min

Inductance, Capacitance, and Impedance

Course #IEE0402

Description

Resistance is a circuit characteristic that operates the same in both AC and DC circuits. However, two additional circuit characteristics are important in order to understand and analyze AC circuit operation: capacitance and inductance.



Learning Objectives

- ☐ Describe operation of an inductor.
- ☐ Describe operation of a capacitor.
- ☐ Calculate capacitance and inductance in a circuit.
- ☐ Calculate capacitive and inductive reactance.
- ☐ Explain operation of a resonant circuit.

Seat Time: 30 min

Transformers

Course #IEE0403

Description

Transformers are the workhorse for the manipulation and isolation of AC power. They are found in everything from small chargers to the largest power substations. While a technician rarely repairs a transformer, it is necessary to identify transformer failures. Accordingly, understanding the principle operation and applications of a transformer is a fundamental need for every technician.

Learning Objectives

- Describe the basic construction of a transformer.
- ☐ Recognize transformer types by schematic symbols.
- $\hfill\square$ Explain the operation of a transformer.
- ☐ Describe the types and applications for four possible transformer combinations.
- ☐ Understand the relationship between phase voltage and line voltage in a wye-type transformer connection.



Motors and Servos



The Basic Electricity Principles subject area focuses on basic electrical concepts and equipment as it relates to typical industrial facilities.

AC and DC Motors

Course #IEE0501

Description

Electric motors are of the primary means to convert electrical energy into mechanical force in an industrial facility. Many different types of motors are in use for different applications. The type and application will determine the type of maintenance required to be performed by a technician, as well as typical modes of failure.

Learning Objectives

- $\hfill\square$ Define common motor terms and definitions.
- □ Describe DC motors.
- ☐ Explain AC motors.
- □ Describe motor protection.
- $\hfill\square$ Review nameplate data and motor enclosures.

Seat Time: 30 min

Motor Control Fundamentals

Course #IEE0503

Description

When a motor fails to start or stop at the desired time, the technician will be called upon to determine the problem and then resolve it.

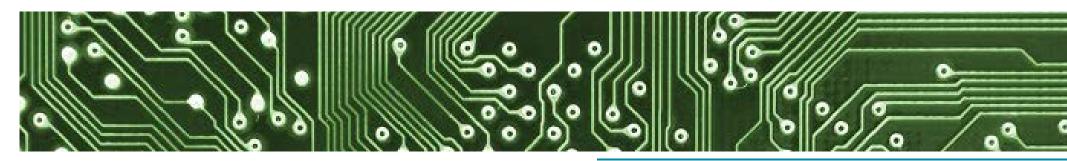
Understanding the basic principles of how motors are controlled provides the basis for being able to analyze the specific motor control circuit and determine the fault.

Learning Objectives

- ☐ Identify the different types of motor controllers and their basic functions.
- ☐ Examine the different types of control devices and recognize standard electrical symbols used with motor controls.
- Describe the different types of magnetic contactors.
- ☐ Examine the different types of control circuits and components used in a basic control circuit.



Semiconductors



The Semiconductors subject area covers semiconductors and its relevance, use, and maintenance in an industrial setting.

Diodes

Course #IEE0601

Description

A diode is an electrical device allowing current to move through it in one direction with far greater ease than in the other. The most common kind of diode in modern circuit design is the semiconductor diode.

Learning Objectives

- ☐ Describe construction and operation of diodes.
- ☐ Identify schematic symbols for different types of diodes.
- ☐ Describe operating characteristics for rectifier, Zener, and light-emitting diodes.

Seat Time: 30 min

Bipolar Transistors

Course #IEE0602

Description

The transistor, invented in the early 1950s, revolutionized the field of electronics. Replacing the tube as an amplifying device, it soon became the fundamental building block for modern electronics. The bipolar transistor evolved from a single packaged device into many transistors embedded on a single integrated chip.

Learning Objectives

- ☐ Identify NPN and PNP transistors.
- $\hfill\square$ Explain biasing NPN and PNP transistors.
- ☐ Identify common-emitter, common-collector, and common-base bipolar transistor configurations.



Other Semiconductors

Course #IEE0603

Description

Semiconductor devices are the building blocks of electronic devices. They are used to control and modify electrical power and signals. The devices in this module are used in power supplies, oscillators and amplifiers. A good grasp of the operation of them will aid in understanding and troubleshooting electronic circuits.

Learning Objectives

- $\hfill \square$ Summarize the construction and operation of SCRs.
- ☐ Describe the construction and operation of DIACs and TRIACs.
- ☐ Explain the construction and operation of UJTs and FETs.



Power Supplies



The Power Supplies subject area describes the operation and components required to maintain a safe power circuit.

Power Supplies Course #IEE0701

COUISE WILLOW

Description

Power supplies supply regulated power to devices we see every day. From computers and cell phones to televisions and plant instrumentation, the power supply provides regulated power for proper operation.

Learning Objectives

- ☐ Describe the operation of a power supply rectifier.
- $\hfill\square$ Explain the function of a power supply filter.
- $\hfill \square$ Describe the operation of a voltage regulator.

Seat Time: 30 min



Uninterruptible Power Supplies Course #IEE0702

Description

Uninterruptible power supplies (UPS) provide backup power on loss of main power to a system. The UPS is sometimes called a switching power supply and differs from a backup system, such as a diesel, in that it provides instantaneous switchover on loss of power. The principles of operation are the same whether backing up a desktop computer or a large power system.

Learning Objectives

- Describe the operation of the power switching circuit.
- ☐ Explain the basic operation of a rectifier circuit.
- □ Explain the operation of the battery charger circuit.

Fuses

Course #IEE0703

Description

Electrical circuits and components are rated to withstand a certain amount of current flow. Excessive current in a circuit results in overheating and destruction of components. Various protective methods can prohibit the occurrence of overheating by creating a weak link in the circuit that will fail under certain conditions. A commonly used protective device is the fuse.

Learning Objectives

- \square State the purpose of a fuse.
- $\hfill\square$ List common types of fuses.
- ☐ Explain the ratings used for fuses.
- ☐ Describe how to check for an open fuse.

Seat Time: 30 min

Circuit Breakers

Course #IEE0024

Description

The circuit breaker serves the same purpose as the fuse, with some notable advantages. Not only is a circuit breaker resettable, it is safe, reliable, tamper proof, and can be used, if specifically designed to do so, as a circuit control device that can switch power on and off to a connected system. This module explains the purpose, types, ratings, and operations of the circuit breaker.

Learning Objectives

- $\hfill\square$ State the purpose of a circuit breaker.
- ☐ List common types of circuit breakers.
- $\hfill \square$ Explain the ratings used for circuit breakers.
- Describe how to check for and reset an open circuit breaker.



Digital Electronics



The Digital Electronics subject area covers common digital electronics that personnel would be required to use in an industrial setting.

Communication and Controls I

Description

Industrial devices communicate with each other using standard methods for accuracy and compatibility of data. This module introduces the communication methods.

Learning Objectives

- Describe data communications and list several applications.
- ☐ Introduce telemetry, its history, and its applications.
- ☐ Explain the main types of network protocols.

Seat Time: 30 min

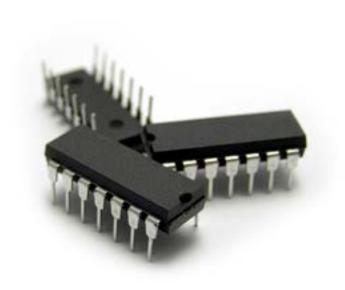
Communication and Controls II Course #IEE0802

Description

Data communication between devices is transmitted over a network of wires, fiber optics, or through the atmosphere wirelessly. Communication media needs to properly installed and maintained for accurate information to transfer.

Learning Objectives

- ☐ Define network topology and the main types of networks.
- ☐ Describe installation and troubleshooting skill sets, tools, and best practices.



Introduction to PLCs

Course #IEE0803

Description

Programmable logic controllers, or PLCs, are used to automate processes in industry. In the 1960s, the computerized processor replaced the relay logic control system. With the widespread use of PLCs in today's automation industry, a technician is required to have a good understanding of their operation in order to perform maintenance and troubleshooting procedures.

Learning Objectives

- $\hfill \$ List the basic components of a PLC.
- $\hfill \square$ Describe the basic operation of a PLC.
- ☐ Define the three stages of a scan cycle.
- ☐ Discuss the ladder logic diagram of a hardwired system.

Seat Time: 30 min

Introduction to VFDs

Course #IEE0804

Description

Variable Frequency Drives (VFDs) control the speed of motors by varying the frequency of the supplied power. This provides accurate control of the motor speed and also reduces energy consumption. Many VFD brands exist in the marketplace. This module presents the operation of a typical VFD.

Learning Objectives

- ☐ Describe AC variable frequency drive theory.
- ☐ Identify the three functional sections of a typical VFD.
- ☐ Identify typical VFD faults and how they are interpreted.
- ☐ Describe the Human Interface Module control panel and programming characteristics.

Seat Time: 30 min

Logic Gates and Number Systems

Course #IEE0805

Description

The basic building blocks of digital electronics are the logic gates. Most logic gates have two inputs and one output in one binary state of low or high, represented by different voltage levels. Counting performed by these logic gates occurs in a binary number format. Understanding the building blocks of digital circuits will aid in troubleshooting.

Learning Objectives

- ☐ List the basic logic gate types.
- □ Explain the operation of logic gate circuits.
- ☐ Understand the different numbering systems used in digital circuits.



Work Practices



The Work Practices subject area covers basic operations required to be understood for personnel at an industrial facility, including those for safety, testing, and troubleshooting.



Print Reading

Course #IEE0101

Description

One of the fundamental skills that must be mastered by a craftsperson is print reading. Prints are the building blocks that standardize manufacturing and aid in troubleshooting.

Learning Objectives

- ☐ Describe the different types of mechanical drawings and the typical parts of a drawing.
- ☐ Describe the different types of electrical drawings.
- ☐ Explain the symbols used in each type of drawing.

Seat Time: 30 min

Grounding Practices

Course #IEE0102

DescriptionGrounding of e

Grounding of electrical equipment is necessary for safety, for signal accuracy, and to minimize interference in a circuit. Understanding proper grounding techniques will help in troubleshooting and may save your life.

Learning Objectives

- ☐ Define grounding and why it is necessary.
- ☐ Explain common problems that can occur in grounding systems.
- Describe the types of grounded electrical systems.
- ☐ Review basic requirements for equipment grounding and bonding.
- ☐ Describe the importance of an effectively grounded system.
- $\hfill\square$ Explain common grounding faults.

Test Equipment

Course #IEE0103

Description

Test equipment are the tools of the trade for the technician. They are needed for safety, for information and for troubleshooting equipment. A thorough understanding of the tools available and their application will make you a better technician.

Learning Objectives

- $\hfill \square$ Describe multimeters and their use.
- $\hfill\square$ Identify common electrical testers.
- ☐ Explain megohmmeters and their use.
- ☐ Discuss thermal imaging.

Seat Time: 30 min

Electrical Safe Work Practices

Course #IEE0104

Description

Electricity is a powerful force that can damage equipment, injure or even cause death if not properly controlled. Working around electricity requires caution to prevent accidental contact with energized equipment. Several regulations exist to document the proper use of personal protective equipment and safety precautions but it is ultimately up to the worker to prevent accidents.

Learning Objectives

- ☐ Understand the specific hazards associated with electrical energy.
- Discuss the qualifications required to work on energized electrical equipment.
- ☐ Explain the different boundaries associated with Electrical Safe Work Practices.
- ☐ Identify the personal protective equipment required to work on or in the vicinity of energized equipment.

Seat Time: 30 min

Troubleshooting

Course #IEE0105

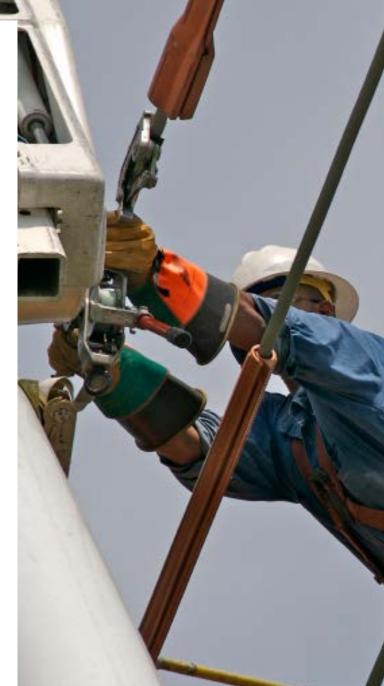
Description

Troubleshooting is a method for finding the root cause of a problem and correcting it. The ultimate goal of troubleshooting is to get the equipment back into operation. An entire production operation may depend on the troubleshooter's ability to solve a problem quickly and economically.

At times, such a task might present itself as a daunting process. Fortunately, technicians have, through trial and error, adopted a series of best practices that, if followed, will make the task of troubleshooting any equipment or process much more intuitive. Sticking to these best practices and adopting a logical approach to solving the problem is always the best way to resolve the situation at hand.

Learning Objectives

- ☐ Describe the end goal of troubleshooting
- ☐ Identify the resources used to assist troubleshooting efforts.
- ☐ Diagnose faults using the divide and conquer troubleshooting method.
- ☐ State the seven-step troubleshooting process for systematic troubleshooting.





Mechanical



Working with mechanical machinery requires knowledge of not only the overall function of the equipment but the parts within it, as well. This includes every part down to the nuts and bolts of a machine. The topics focus on the skills and knowledge, presented within an industrial context, necessary to achieve the requisite competency for further specialization.

Bearing Maintenance



Bearings play an important role in machinery. When not maintained properly, they can lead to decreased operating efficiency, noise, vibration, and even catastrophic equipment failure. A thorough understanding of bearings and proper maintenance techniques can help to ensure that mechanical equipment operates as intended for its full expected service life. The Bearing Maintenance subject area covers typical bearing types, their operation, and maintenance.



Bearing Fundamentals Course #MEC0901

Description

All rotating equipment creates radial and axial forces during normal operation. These forces can lead to catastrophic failure of the equipment unless the proper support equipment and systems are used. The most critical is the selection of bearings and lubrication systems.

Learning Objectives

- $\hfill\square$ Explain the three basic functions of bearings.
- $\hfill \square$ Identify the two basic categories of bearings.
- Describe the basic methods of lubricating bearings.
- ☐ Identify the common types of bearing failures.

Seat Time: 30 min

Rolling Contact Bearings I

Course #MEC0902

Description

Rolling bearings are used in almost every object, from bicycles to power generation equipment. There are many rolling bearing designs, but each is constructed to reduce rolling friction with the aid of proper lubrication techniques.

Learning Objectives

- ☐ Describe the basic functions of a rolling contact bearing.
- ☐ Identify the basic parts of a typical rolling contact bearing.
- ☐ Recognize common types of ball bearings.
- □ Recognize common types of roller bearings.
- ☐ Explain bearing lubrication.

Rolling Contact Bearings II Course #MEC0903

Description

Normal maintenance of rolling contact bearings includes ensuring proper installation and lubrication methods are used. During the removal process of a bearing, the reason for a bearing failure can be analyzed and identified.

Learning Objectives

- ☐ Explain symptoms and causes of common types of rolling contact bearing failures.
- ☐ Describe the different methods for installing rolling contact bearings.
- Describe the different methods for removing rolling contact bearings.

Seat Time: 30 min

Sliding Surface Bearings

Course #MEC0904

Description

Rotating equipment, like large motors and generators, produce large amounts of force. These forces can be in a radial or axial direction to that of the shaft. A common means to support and counter these forces is through the use of journal and thrust bearings.

Learning Objectives

- □ Describe common types of sliding surface bearings.
- $\hfill \square$ State the purpose of journal bearings.
- ☐ State the purpose of thrust bearings.
- ☐ Discuss different lubrication methods for sliding surface bearings.



Heat Exchangers



Heat exchangers are vital to everyday life and can be found in a variety of places. Wherever heat must be added or removed to a space, object, or process, some type of heat exchanger is employed. The hot water tank in your house contains an internal heat exchanger that transfers heat energy from an outside source to the water within the tank. An example of a heat exchanger removing heat is an automotive radiator, which removes heat from the engine and transfers it to the exterior.



Heat Exchangers I

Description

Heat exchangers play a vital role in industrial settings as well, especially in processes that regularly require heat energy to be added or removed.

An obvious beneficiary of efficient heat transfer is steam production, which occurs when heat energy is added to water. On the other hand, machinery will often require heat to be extracted from its internals to limit the damage induced by excessive heat. In both cases, and in many others, necessary heat is transferred from one medium to another via a heat exchanger in the system

Learning Objectives

- ☐ Discuss the purposes of heat exchangers.
- □ Explain heat transfer theory as it applies to heat exchangers.
- Describe how the materials used in a heat exchanger's construction can affect the operation.
- ☐ List the types of fouling and corrosion to which heat exchangers are susceptible, as well as methods of mitigation.



Industrial Hydraulic Fundamentals



Hydraulics plays a vital role in industrial facilities, including being used for equipment control and power transmission systems. The Industrial Hydraulic Fundamentals subject area covers the operation of common industrial hydraulic systems and the science behind it, which must be understood in order to competently operate and troubleshoot a hydraulically powered system.



Hydraulic Components I

Course #MEC0202

Description

The use of hydraulics to transmit power has reached almost every facet of the industrial world. These hydraulic systems are composed of the hydraulic fluid itself, pipes and tubes used to transport the fluid, and components that perform a variety of functions. In order to understand how a hydraulic system works, it is important to understand the functions of the various components and how they operate.

Learning Objectives

- ☐ Describe the different types and uses of filters.
- ☐ Identify the three general classes of piping used in hydraulic systems
- ☐ Describe the types and uses of seals found in hydraulic systems.
- ☐ Explain the basic operation of the different types of pumps used in hydraulic systems.

Seat Time: 30 min

Hydraulic Components II

Course #MEC0203

Description

The use of hydraulics to transmit power has reached almost every facet of the industrial world. These hydraulic systems are composed of the hydraulic fluid itself, pipes and tubes used to transport the fluid, and components that perform a variety of functions. In order to understand how a hydraulic system works on the whole, it is important to understand the functions of the various components and how they operate.

Learning Objectives

- □ State the function of a reservoir.
- Describe the types and uses of accumulators used in hydraulic systems. Describe the types and uses of control valves used in hydraulic systems.
- ☐ Describe the function of a relief valve.
- ☐ Describe the types and uses of cylinders and actuators used in hydraulic systems.

Hydraulic Systems Course #MEC0204

Description

The use of hydraulics to transmit power has reached almost every facet of the industrial world. With an understanding of hydraulic theory and the various types of hydraulic components, it is possible to understand the designs and functions of an entire hydraulic system. Knowledge of how these systems operate and the ability to read system schematics are crucial to the proper operation and maintenance of any hydraulic system.

Learning Objectives

- ☐ Describe a basic hydraulic system.
- ☐ Describe the different types and properties of hydraulic fluids.
- ☐ Identify symbols used on hydraulic schematics.
- Explain the operation of a hydraulic circuit, given a system schematic.

Seat Time: 30 min

Hydraulic Theory

Course #MEC0201

Description

Originally, the science of hydraulics covered the physical behavior of water at rest and in motion. The term has broadened its meaning to include the physical behavior of all liquids. This includes that area of hydraulics in which confined liquids are used under controlled pressure to do work. This area of hydraulics is sometimes referred to as power hydraulics. In order to safely and correctly operate a power hydraulic system, it is necessary to understand how the fluid behaves and why it behaves the way it does.

Learning Objectives

- ☐ Describe the development and applications of modern hydraulics.
- Define and differentiate between pressure and force.
- Explain how Pascal's law applies to fluid power applications.
- Describe the role pressure and force play in hydraulic systems and how it is accomplished.
- ☐ Explain the relationship between volume and velocity of flow.



Industrial Pneumatics Fundamentals



Pneumatic systems, or simply those using the power of compressed gases to perform various functions, necessitates that personnel understand the fundamentals of pneumatic operation, individual components within a system, a system as a whole, and the theories behind pneumatic operation. A firm grasp of these concepts can ensure a safer work environment with decreased equipment down time.

Pneumatic Components I

Description

A basic understanding of the individual components of a pneumatic system is key to maintaining efficient and hassle-free operation. This module, Pneumatic Components I, is the first in the process, and will cover some common components found in a pneumatic system, including purification equipment, filters, lubricating devices, and pneumatic cylinders.

Learning Objectives

- ☐ State the purpose of purification equipment used in pneumatic systems.
- □ State the purpose of filters used in pneumatic systems.
- ☐ Describe two types of moisture-removing equipment used in pneumatic systems.
- ☐ Describe two types of compressed air system lubricating devices used in pneumatic systems.
- $\hfill\square$ State the purpose of pneumatic cylinders.

Seat Time: 30 min

Pneumatic Components II Course #MEC0304

Description

In Pneumatic Components II, the focus is shifted to control valves required in pneumatic systems and the components and tools that translate energy in the system into some form of useful work.

Learning Objectives

- ☐ State the purpose of pneumatic control valves.
- ☐ Describe the different elements of pneumatic control valves.
- ☐ Explain the function of air receivers in pneumatic systems.
- Explain the function of pneumatic motors in pneumatic systems.
- ☐ State the three broad classifications of pneumatic tools.

Pneumatic Systems Course #MEC0305

Description

Pneumatic systems serve a variety of uses in the industrial world. They range from simple standalone systems used to power pneumatic tools to complex systems used to automatically control intricate processes. Safe and efficient operation is dependent upon the operator's ability to read the schematics for these systems and understand how the components work together.

Learning Objectives

- ☐ Describe a simple pneumatic system.
- ☐ Identify symbols used on pneumatic schematics.
- Explain the operation of a simple pneumatic circuit.
- Explain the operation of pneumatic timing and safety circuits.
- Explain the operation of a complex pneumatic circuit.

Seat Time: 30 min

Pneumatic Theory I Course #MEC0301

Description

Pneumatic systems, like hydraulic power systems, are classified as fluid power systems. The term hydraulics refers to a liquid used as the fluid, while the term pneumatic specifies a system that uses a compressed gas as the fluid. The gas most commonly used is compressed air, although some applications may use other gases, such as nitrogen or carbon dioxide.

Learning Objectives

- ☐ State the advantages of fluid power.
- ☐ Describe the two major differences between liquids and gases.
- ☐ State the formula used to compute force and pressure.
- ☐ Explain how changes in one parameter will affect the other parameters in a pneumatic system.
- □ Explain the significance of the amount of fluid flow in a pneumatic system.

Seat Time: 30 min

Pneumatic Theory II

Course #MEC0302

Description

The use of pneumatics has become a large part of industrial operations and maintenance. Pneumatic systems and tools reduce required work, reduce time required, and increase efficiency over manual operations. This module explains how these things are accomplished.

Learning Objectives

- ☐ List the five physical factors that act upon a fluid.
- $\hfill\square$ State four advantages of pneumatic systems.
- $\hfill \square$ Describe three common pneumatic applications.
- \square Identify pneumatic symbols on a schematic.

Lubrication Concepts



All rotating equipment creates frictional forces during normal operation. These forces can lead to catastrophic failure of the equipment unless properly lubricated. The Lubrication Concepts subject area explains why lubrication is vital, types of lubricants and their applications, and the principles behind it. Without lubrication, machinery will fail prematurely, causing excessive damage and production shutdowns. When equipped with the fundamental knowledge regarding lubrication, personnel are much better prepared to run a facility smoothly and react quickly in the case a problem arises.



Bearing System Lubrication Course #MEC0804

Description

Proper lubrication is a key factor affecting a bearing's performance and longevity. Just as there are many different types of applications in which bearings are used, there are many ways of providing lubrication based on the application. In order to maintain and work on these systems, a technician must have an understanding of the various methods used.

Learning Objectives

- ☐ Describe the common methods used to lubricate bearings.
- $\hfill\square$ Explain drip feed methods of lubrication.
- $\hfill\square$ Explain splash feed methods of lubrication.
- $\hfill \square$ Explain force feed methods of lubrication.
- □ Describe grease lubricant applications.

Seat Time: 30 min

Lubricant Properties

Course #MEC0805

Description

Whenever an object moves against another object, friction will be present, turning kinetic energy into heat and causing equipment to wear. Using lubricants helps to reduce this friction, allowing more work to be done for the same amount of energy input, lowering the temperatures of the materials in contact, and greatly extending the lifespan of the moving equipment.

Learning Objectives

- $\hfill \square$ Describe the various types of lubricants.
- $\hfill \square$ Describe lubricating oil properties.
- ☐ Describe the properties of grease.
- $\hfill \square$ Discuss the criteria used to select grease or oil.
- $\hfill \square$ Explain the advantages of using additives.

Machinery Lubrication Course #MEC0801

Description

From temperatures of over 1,000 degrees Fahrenheit to speeds in the tens of thousands of revolutions per minute, the moving parts of industrial machinery experience colossal amounts of stress as part of their everyday operation. One of the main factors that allows equipment to operate under such extreme circumstances is the lubrication used to reduce friction between moving surfaces. Understanding the types, selection, and care of the lubrication found in an industrial facility is vital knowledge for operators and technicians.

Learning Objectives

- ☐ Explain the purpose of lubricants used for machinery.
- ☐ Describe the types of lubricants used in machinery.
- ☐ Describe how to select a lubricant for a specific machine.
- ☐ Explain the effects of using improper lubricants on operating machinery.
- valid oil samples.

Seat Time: 30 min

Preventing Wear and Erosion Course #MEC0802

Description

Mechanical equipment is designed to last a lifetime, in an ideal situation. As equipment is used, friction, heat, and system flow will cause wear and erosion to occur. A lubricant is used to prevent excessive damage.

Learning Objectives

- □ Describe the effects of over-lubrication and under-lubrication.
- ☐ Describe common types of wear.
- ☐ Explain the methods used to prevent wear and erosion.
- ☐ Explain why oil sampling increases equipment longevity.

Seat Time: 30 min

Principles of Lubrication

Course #MEC0803

Description

When any two objects are in contact, at least one type of force, friction, is acting on the contact point. Friction can cause wearing of material and generate heat. To minimize the effects of friction, a lubricant is used to partially separate the two objects.

Learning Objectives

- ☐ Explain the purpose of lubrication.
- □ Define sliding, rolling, and fluid friction.
- □ State the factors that affect lubrication.
- ☐ Explain the differences between hydrodynamic, hydrostatic, and boundary lubrication.
- ☐ Discuss the importance of viscosity in lubricant selection.
- ☐ Describe the common methods used to lubricate bearings.



Mechanical Transmission Systems



In an industrial facility, motors and turbines use energy to produce rotational mechanical motion. In order to harness this motion to perform useful work, there must be a way to transmit it to other components and machines. Three common methods of accomplishing this include gear drives, chain drives, and belt drives. The Mechanical Transmission Systems subject area covers these types of transmission systems, including specific applications, how each works, and basic maintenance procedures.

Belt Drives I

Description

Belt drives are used to transmit power from a pulley to one or more other pulleys, and are popular due there cost effectiveness and relative simplicity. They are used in a multitude of applications, such as:

- Automotive engine accessory drives
- Air compressors
- Vacuum cleaner brush drives
- Riding lawn mower blade drives

Learning Objectives

- $\hfill \square$ State the purpose of belt drives.
- ☐ Describe three belt selection considerations.
- Describe belt drive advantages and disadvantages.
- ☐ Explain belt tensioning.

Seat Time: 30 min

Belt Drives II Course #MEC1004

Description

There are many types of belts that are used in both industrial and commercial applications. One widely used design is the V-belt, which is commonly found in high performance engines.

Learning Objectives

- □ Describe a V-belt's five interrelated components.
- ☐ Describe three different types of V-belts.
- $\hfill \square$ State three advantages of poly V-belts.

Seat Time: 30 min

Belt Drives III

Course #MEC1005

Description

Variable speed drives allow a single motor to drive multiple loads at different speeds. This simple design reduces the number of drives required and, therefore, maximizes available space.

Learning Objectives

- ☐ Identify standard variable speed belt lengths and sheaves.
- $\hfill \square$ Describe the three basic variable speed drives.
- ☐ Explain the use of flat belts.
- ☐ Describe three common designs of flat belts.

Seat Time: 30 min

Belt Drives IV Course #MEC1006

Description

Belt drives are used in industrial equipment to reduce noise levels and equipment vibrations. There are several designs that are used for specific purposes.

Learning Objectives Describe positive drive belts. Describe linked V-belts. Describe flat belt fastening methods Seat Time: 30 min	 Describe several examples of leaf chain applications. List three recommended uses of hardened sprockets. Seat Time: 30 min 	Learning Objectives ☐ State the purpose of a gear drive. ☐ Describe the function, operation, and characteristics of various types of gears. ☐ Define the terms backlash, endplay, and tooth contact. ☐ Explain the characteristics of gearboxes and gear
Belt Drive Maintenance Course #MEC1009	Chain Drives II Course #MEC1008	set arrangements.Discuss gear tooth breakage, gear lubrication, scoring, and pitting.
Description Maintaining a belt drive in proper working condition will maximize the life of the belts, bushings, bearings, and sheaves. In this module, the common	Description In an industrial facility, motors and turbines use energy to produce rotational mechanical motion. In order to harness this motion to perform useful	Seat Time: 30 min Gearbox Maintenance Course #MEC1002
 maintenance checks will be discussed. Learning Objectives Describe the method for checking belt alignment. Explain taper lock bushing installation and removal. Explain the causes for shortened belt life. 	work, there must be a way to transmit it to other components and machines. One method of power transmission is through the use of chain drives and sprockets. This course covers the second of two modules focused on chain drives and their functions. Learning Objectives Explain the installation and removal procedures for bushings and sprockets. Explain how chain tension and sprocket alignment affect the operation of chain drives. List six conditions to look for when performing both a chain and sprocket inspection. Describe three methods of lubricating chain drives.	Description Gearboxes and reduction drives are essential components of the industrial world. They allow the use of smaller motors to drive larger equipment, and the ability to slow the drive speed of a motor down to a number of useful speeds that are needed for equipment operation. The proper maintenance of these gearboxes is essential to their longevity and efficiency. Learning Objectives List precautions and methods associated with gearbox disassembly. Discuss precautions and methods associated with gearbox reassembly.
Seat Time: 30 min Chain Drives I		
Course #MEC1007 Description In an industrial facility, motors and turbines use energy to produce rotational mechanical motion. In order to harness this motion to perform useful		
work, there must be a way to transmit it to other components and machines. One method of power	Seat Time: 30 min	 Describe procedures for checking shaft endplay, backlash and tooth contact, and shaft run out.
transmission is through the use of chain drives and sprockets. This course covers the first of two modules focused on chain drives and their functions.	Gear Drives Course #MEC1001	 Identify the main components of a motor actuator that uses a worm gear set.
Learning Objectives State the purpose of a chain drive. Describe the construction of roller chains,	Description Gear drives and gearboxes are an essential part of equipment operation. Understanding the components,	Seat Time: 30 min

terminology, and the variety of characteristics of gears

and transmission assemblies is crucial to the effective

and efficient operation of these devices.

including multi-strand roller chains.

☐ Define the four dimensional variables of roller chains.

Pipes and Pipefitting



Piping is an integral, yet often overlooked, part of an industrial facility. Pipes provide the means to transfer fluid between processes, and from one location to another for a variety of reasons. The Pipes and Pipefitting subject area covers codes and standards, piping support systems, insulation, materials, and manufacturing methods.



Piping Codes and Standards Course #MEC0605

Description

As technology has progressed, the pressures and temperatures of liquids in piping systems have drastically increased. These pressurized liquids are capable of containing enormous amounts of stored energy, and therefore the piping carrying them needs to be regulated to ensure the personnel safety. Piping codes and standards are the first line in protecting people from these dangers, but the attention to detail and quality checks of the personnel constructing and operating these systems are crucial to safe operation.

Learning Objectives

- ☐ Explain the necessity of a quality assurance program.
- Explain the difference between codes and standards.
- $\hfill\square$ Explain the purpose of standardization.
- Describe the purpose of piping codes and standards.

Seat Time: 30 min

Pipe Hangers and Supports

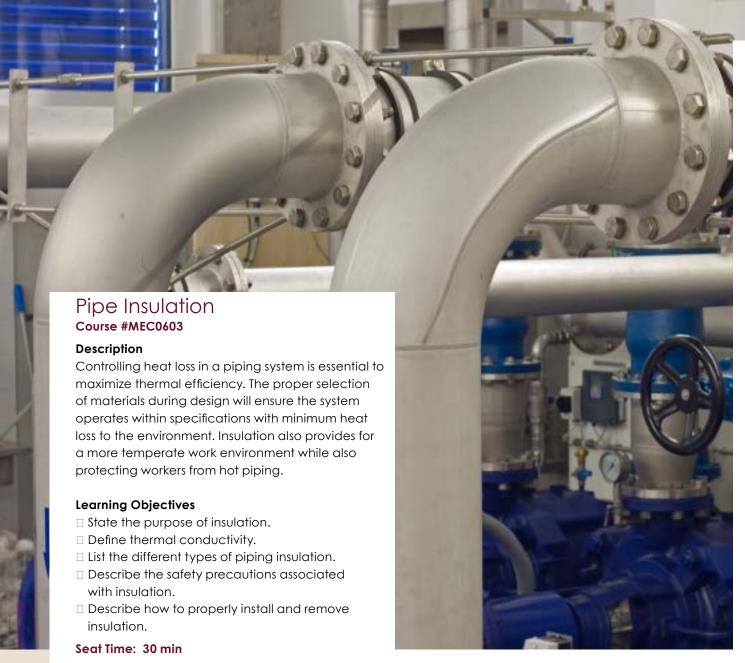
Course #MEC0604

Description

As engineers plan piping systems, the support structure for these systems is designed as well. The use of pipe hangers and supports is crucial to prevent unnecessary stress on piping, while still allowing necessary movement. Properly supporting piping and piping components will extend their lifespan, by eliminating or reducing the stress on component housings.

Learning Objectives

- $\hfill \square$ State the purpose of pipe hangers and supports.
- ☐ Determine the type of pipe support by its symbol.
- $\hfill \mbox{Explain}$ the proper use of pipe clamps.
- Discuss pipe hanger connecting units and supports.
- $\hfill \square$ Explain the uses of pipe anchors.



Piping & Tubing

Course #MEC0601

Description

Piping and tubing are essential to the operation of nearly all industrial equipment, and are also found extensively throughout the home. From the pipes transporting 2,000 psi steam in a power plant to the tubing carrying the hot water from a hot water heater to the bathtub, all piping and tubing is standardized and regulated for safety.

Learning Objectives

- ☐ Describe the purpose of piping and tubing.
- ☐ Discuss schedule numbers that apply to piping.
- ☐ Describe the three classifications of tubing.
- ☐ Describe the major advantages of tubing.

Seat Time: 30 min

Piping Materials and Manufacturing Methods

Course #MEC0602

Description

This module will introduce you to piping materials and manufacturing methods. Topics included in this module are piping materials criteria, mechanical and physical properties of metal, and pipe manufacturing methods.

Learning Objectives

- ☐ State the three major criteria for selecting piping materials.
- ☐ Discuss the mechanical and physical properties of metal.
- ☐ Describe the physical composition and heattreating practices of steel.
- ☐ Describe the various pipe manufacturing methods.

Precision Measuring Instruments



The term precision measurement is applied to the measurement field beyond the scope of line-graduated, nonprecision measuring instruments such as the ruler and scale. It refers to the art of reproducing and controlling dimensions expressed in thousandths of an inch, or millimeter. This subject area begins with an overview of the purpose of precision measurement instruments, including the difference between direct and indirect measurements, how accuracy is defined, and the categories of precision measurement tools. The subsequent modules introduce specific instruments, such as micrometers, vernier calipers, dials and indicators, and gauges.



Dial Indicators

Course #MEC0104

Description

In the modern age of precision, the ability to measure any difference from the standard measurement is essential to ensure equipment longevity and accuracy. There is also a need for exact measurements of lash or play in equipment components to prevent binding. The dial indicator provides the ability to measure both of these variances as well as many others.

Learning Objectives

- \square State the purpose of dial indicators.
- $\ \square$ Describe the different types of dial indicators.
- $\hfill\square$ Taking Measurements with a Dial Indicators
- ☐ Describe how to take measurements with a dial indicator.

Seat Time: 30 min

Fixed Gauges

Course #MEC0105

Description

Many different types of measuring devices are used for dimensional inspection. The primary factors involved in selecting the best device are the type of dimension to be measured, the tolerance of the dimension, and the characteristics of the measuring device. This module describes several types of fixed gages with particular attention given to their application.

Learning Objectives

- ☐ List the common types of fixed gauges.
- ☐ Explain limit gauges for length dimensions.
- ☐ Explain cylindrical limit Gauges.
- $\hfill \square$ Explain fixed gauges for multiple dimensions.

Micrometers

Course #MEC0102

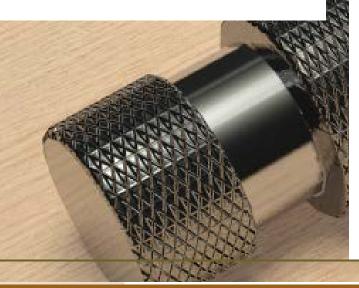
Description

In this module you will learn about several different types of micrometers, what each of them should be used for, and how to properly use them. You will also learn how to read a micrometer and techniques to prevent mistakes when taking measurements.

Learning Objectives

- ☐ Discuss the parts of a micrometer.
- Explain how to make measurements with an outside micrometer.
- ☐ Explain how to take measurements with an inside micrometer.
- Explain how to take measurements with a depth micrometer.
- ☐ Describe the methods used to maintain a micrometer.

Seat Time: 30 min



Precision Measuring Instruments Course #MEC0101

Description

"Measure twice, cut once," is a phrase that is often heard in the working world. This phrase simply means that if the measurement is not correct, the cut will not matter. To minimize the chance of a "bad cut", the development of precision measuring instruments came about. These tools provide a very precise measurement to allow a reading in the thousandths of an inch or millimeter.

Precision measuring tools can be used for detailed measurements of inside diameter, outside diameter, roundness, surface finish, lengths, and depths.

Learning Objectives

- □ State the purpose of precision measuring tools.
- Explain the difference between direct and indirect measurements.
- $\hfill \square$ Define accuracy and error.
- $\hfill \Box$ List the different categories of precision tools.

Seat Time: 30 min

Vernier Calipers

Course #MEC0103

Description

The modern vernier caliper, which reads to thousandths of an inch, was invented by American Joseph R Brown in 1851. It was the first precision measurement tool that was priced reasonably enough for most machinists. The ability to make precise measurements was instrumental in producing modern interchangeable parts.

Learning Objectives

- ☐ Discuss the parts of a vernier caliper.
- $\hfill \Box$ Explain how to read a vernier caliper.
- ☐ Explain how to take inside and outside measurements using a vernier caliper.
- Describe the methods used to maintain a vernier caliper.

Pumps



Pumps are at the heart of an industrial facility's operations. Fluids would not be able to move efficiently between points if not for the use of pumps. Having knowledge about types of pumps and typical maintenance issues will help to ensure that personnel can safely and efficiently address problems that arise in the field. The Pumps subject area will cover centrifugal, positive displacement, and special purpose pumps, as well as maintenance and seals.



Centrifugal Pumps

Course #MEC0402

Description

This module introduces centrifugal pumps, which are the most widely used type of pump. The popularity of these pumps is due to the simplicity of construction, one rotating element, small space requirements, and ability to operate at high speeds when directly connected to turbines or motors. After a discussion of the components and operation of centrifugal pumps, the various pump laws are introduced.

Learning Objectives

- ☐ Describe the principles of operation for centrifugal pumps.
- ☐ Identify the major pump components.
- $\hfill \square$ Describe common design aspects.
- $\hfill\square$ State the three centrifugal pump laws.

Seat Time: 30 min

Mechanical Seals

Course #MEC0406

Description

The sealing of rotating shafts at the point of entrance to a pressure chamber has for years been accomplished with a stuffing box seal. A serious deficiency of the stuffing box-type seal is that it will allow some amount of leakage. With the development and perfection of the mechanical seal, this leakage problem has all but vanished. The module provides an overview of how the different types of mechanical seals operate as well as how individual components of the seal function.

Learning Objectives

- ☐ State the purpose of mechanical seals.
- $\hfill \square$ Explain how a mechanical seal operates.
- $\hfill\square$ Identify mechanical seal properties.
- Describe the functionality of mechanical seal components.
- Discuss the types of mechanical seals and seal arrangements.

Positive Displacement Pumps Course #MEC0403

Description

Positive displacement pumps are used in systems where a set amount of fluid needs to be delivered at all times. These types of pumps are not used in systems where flow rates change often during operation. This module provides an overview of the different types of positive displacement pumps and where they are used.

Learning Objectives

- Describe the operation of positive displacement pumps.
- ☐ Describe the operation of reciprocating pumps.
- □ Name two types of reciprocating pumps.
- □ Name three types of rotary pumps.
- ☐ Describe the operation of rotary pumps.

Seat Time: 30 min

Pump Design Course #MEC0401

Description

Pumps have been used to enhance life since 2,000 BC with the creation of the shadoof by the Egyptians. Since that point in time, there have been many advances, both in design and purpose. Pumps can be used to move solids, liquids, and gases from one place to another. They also can be used to raise the pressure in a system for hydraulic operations. Today, most pumps are classified as centrifugal or positive displacement pumps. To adequately understand and use each pump, it is important to first understand the purpose, design, and common terms associated with pumps.

Learning Objectives

- \square State the purpose of a pump.
- $\hfill\square$ State the two major pump classifications.
- ☐ Define common pump terminology.

Seat Time: 30 min

Pump Maintenance Course #MEC0405

Description

This module introduces basic pump maintenance and explains how troubleshooting, in a logical, step-by-step manner, can save time and money. The Pump Maintenance module introduces common pump failures and provides an overview of preventive and predictive maintenance procedures.

Learning Objectives

- ☐ Discuss common pump failures.
- ☐ List common preventive maintenance procedures.
- ☐ Discuss common predictive maintenance techniques.

Seat Time: 30 min

Special-Purpose Pumps Course #MEC0404

Description

This module introduces participants to special-purpose pumps. This class of pumps is comprised of centrifugal and positive-displacement pumps that are built for specific applications. Special-purpose pumps can be metering pumps for precise addition of chemicals to control boiler water chemistry or diaphragm pumps that are used for pumping corrosive fluids such as caustic and acid solutions. This module provides an overview of the different types and uses of special-purpose pumps.

Learning Objectives

- Describe the purpose and operation of metering pumps.
- ☐ Describe the purpose and operation of plunger pumps.
- Describe the purpose and operation of diaphragm pumps.
- Describe the purpose and operation of screw pumps.
- Describe the purpose and operation of peristaltic pumps.



Rigging



Rigging can be hazardous in any setting, especially industrial ones. The Rigging series subject area covers the basics of rigging, including definitions, types of equipment, and procedures. Knowing and adhering to procedures is critical to ensure safety in an industrial facility.



Basic Rigging I

Description

In industry, the term "rigging" defines the process of moving heavy loads with ropes, hoists, and other types of specially designed tools. The term is also used to define the equipment used to lift the load. Rigging jobs consist of anything from routine lifting maneuvers to complex movements of heavy equipment and components. Regardless of the size of the job, the basic equipment and procedures are essentially the same.

Learning Objectives

- $\hfill\square$ Describe the purpose of rigging.
- ☐ Describe the proper use of a simple and compound block and tackle.
- ☐ Describe the operation of chain hoists, jacks, and winches.
- ☐ Identify the types and uses of slings.
- ☐ Describe basic rigging safety precautions.

Seat Time: 30 min

Advanced Rigging I

Course #MEC1302

Description

Cranes are used in a variety of industries from shipbuilding and skyscraper construction to moving cargo containers in ports and vital equipment on oil rigs. When working with or around industrial cranes, it is important to be able to identify common rigging components as well as the types of cranes used, all of which are covered in this course.

Learning Objectives

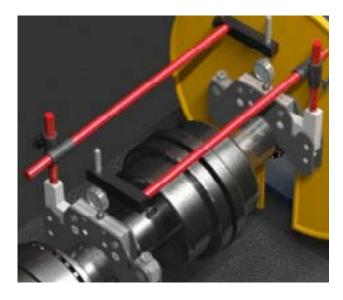
- ☐ Identify the basic rigging equipment used in heavy lifting.
- ☐ Identify the common types and features of bridge cranes.
- ☐ Identify the common types and features of boom cranes.
- ☐ Describe the basic inspection procedures for bridge and boom cranes.



Shaft Alignment



It's estimated that 50-70% of all vibration problems in machines are caused by shaft misalignment. This series of modules, Shaft Alignment, will address the types and effects of this common problem, along with methods to correct it. The emergence of new technologies has improved shaft alignment procedures, which is also covered in this subject area.



Alignment Tools and Methods Course #MEC1102

Description

The purpose of the Alignment Tools and Methods module is to familiarize technicians with the most common alignment methods used today. As with any method, there are potential sources of error, as well as advantages. This module points out some of the more important aspects for each method and covers visual line-up, straightedge and feeler gauge, rim and face, cross dial, reverse dial, and laser shaft alignment methods. In addition, participants learn about alignment preparation and the pre-alignment checklist.

Learning Objectives

- $\hfill \square$ Describe the tools used in the alignment process.
- $\hfill \Box$ List the stages of the alignment process.
- $\hfill \square$ State the pre-alignment checks.
- Describe the methods available to perform a precision alignment.

Seat Time: 30 min

Cross and Reverse Dial Alignment

Course #MEC1106

Description

The mathematical formula for calculating adjustments to properly align a shaft using the reverse double dial indicator alignment method follows a basic rise over run geometric principle. By following this principle, the alignment of machinery can be easily accomplished using the formulas. This module teaches participants how to accurately calculate and perform the cross and reverse dial alignments.

Learning Objectives

- Describe the cross and reverse dial alignment methods.
- ☐ Explain how graphs are used in conjunction with the cross and reverse dial methods.
- ☐ Explain how the cross and reverse dial method is used to calculate misalignment.

Laser Alignment Course #MEC1107

Description

Advances in technology have made laser technology the standard for precision in many fields of measurement. Laser shaft alignment reduces error by guiding technicians to know the advantages of laser alignment, the safety precautions needed when using laser alignment tools, to understand how they are used to measure shaft misalignment, and how the computer interfaces with the alignment rig.

Learning Objectives

- ☐ Discuss safety precautions when using laser alignment tools.
- Explain how laser alignment tools are used to measure shaft misalignment.
- ☐ List the advantages of laser alignment tools.
- Describe how the computer interfaces with the alignment rig.

Seat Time: 30 min

Moving the Machine Course #MEC1104

Description

Moving a machine can be the most difficult step in the entire alignment process. Alignment correction is physically moving the piece of machinery the amount prescribed by the calculations. Because the process of moving a piece of equipment is time-consuming, it is necessary that the move is based on good data calculations. This module teaches participants how to accurately perform the three stages of the alignment process.

Learning Objectives

- ☐ Explain the acceptable alignment methods used in each phase.
- ☐ Describe how to make accurate elevation changes on a machine.
- ☐ Describe the process of making controlled, horizontal moves on a machine.

Seat Time: 30 min

Rim and Face Alignment

Description

The rim and face alignment method is one of the most common alignment techniques used in industry. This method is usually used when laser alignment equipment is not available for use. This module teaches participants about the proper techniques for performing rim and face alignments.

Learning Objectives

- $\hfill \Box$ Explain the rim and face alignment method.
- ☐ Discuss the major advantages of rim and face alignment.
- Explain how the rim and face method is used to measure angular misalignment.
- Explain how the rim and face method is used to measure parallel misalignment.

Seat Time: 30 min

Soft Foot and Bar Sag

Course #MEC1103

Description

Soft foot is defined as a condition where the machine's feet do not lie in the same plane as the base. Machine frame distortion is the result of changes that occur internally or externally to the

frame of the machine. This often causes a shaft deflection or movement as the hold-down bolt is tightened when a soft foot condition exists. Another common problem is indicator sag, which is the effect of gravity on a fixture. This module teaches participants to detect and correct soft foot and bar sag.

Learning Objectives

- ☐ Define soft foot.
- □ Describe the effects of soft foot.
- $\hfill \square$ Explain how to detect and correct soft foot.
- □ Define bar sag.

Seat Time: 30 min

Types and Effects of Shaft Misalignment

Course #MEC1101

Description

Shaft couplings are used extensively throughout industry on a variety of equipment to ensure the proper connection between equipment components. Proper connection and flexibility are vital to long machinery life. In this module, participants are introduced to the basics of the alignment process as well as the causes, indications, and effects of misalignment.

Learning Objectives

- $\hfill \square$ State the goal of the alignment process.
- $\hfill \square$ Name the two basic types of misalignment.
- ☐ Describe causes of misalignment.
- List four indications of misalignment.
- ☐ Explain the effects of misalignment on rotating equipment.

Static and Dynamic Sealing



Equipment and piping must be able to keep in, or out, critical process fluids and hazardous gases to operate safely and efficiently. Seals, including gaskets and packing, fill the role for a variety of applications. The Static and Dynamic Sealing subject area covers not only seals, but also common methods of connecting equipment and piping.



Bolted Joints I

Course #MEC0503

Description

Two common concerns in industrial facilities are leaking joints and vibrating equipment. These problems lead to excessive repair costs every year. This module explains the importance of proper torque for a bolted joint and the stresses that can affect the joint.

Learning Objectives

- $\hfill \square$ Explain the need for proper fastener torque.
- Describe the various stresses placed on a fastener in a bolted joint.
- ☐ Describe the various types of bolted joints.
- ☐ Explain how differential loading affects a joint's leak integrity.
- $\hfill \square$ Discuss the effects of vibration on a bolted joint.

Seat Time: 30 min

Bolted Joints II

Course #MEC0504

Description

There are many methods in place to attempt to prevent a mechanical joint from loosening. Some methods start at the initial design of the bolted joint with the selection of the flange surface finish and face design. Another important part of the bolted joint is the selection and use of the bolts or stud bolts.

Learning Objectives

- ☐ Discuss various methods available to prevent bolts from loosening.
- ☐ Define bolted joint relaxation.
- ☐ Identify various flange surface finishes and their application.
- ☐ Identify various flange face designs and their application.
- $\hfill \square$ Discuss the design and proper use of stud bolts.

Gaskets

Course #MEC0502

Description

Gaskets are widely used throughout industry to prevent leakage between stationary surfaces. Gasket replacement is an important maintenance job that saves money and down time. Therefore, it is important for industry personnel to learn about the types of gaskets, as well as how to safely cut, replace, and install gaskets.

Learning Objectives

- \square State the purpose of gaskets.
- Describe the installation procedure for rubber gaskets, cork gaskets, and foam rubber gaskets.
- Explain the procedure for cutting and installing a contoured gasket.

Seat Time: 30 min



Packing

Course #MEC0501

Description

Many systems found in industrial environments contain gases and liquids at high temperatures or pressures, or fluids that are otherwise inherently dangerous, such as ammonia. Within these systems are components that break the boundaries of the system with moving parts, like the stem of a valve or the shaft of a pump. In order to prevent the fluid within these systems from escaping to the atmosphere, packing is installed that can seal the component yet still allow relative motion between its parts. It is important to understand how this packing works, how it is installed, and what must be done to maintain it in a proper working condition.

Learning Objectives

- ☐ State the purpose of packing.
- ☐ Describe various packing configurations.
- Describe the construction of various types of packing.
- ☐ State the purpose of lantern rings and throttle bushings.
- □ Discuss the proper method for renewing packing.

Seat Time: 30 min

Threaded Fasteners Course #MEC0505

Description

Since their mass production and standardization became possible in the late 18th century, threaded fasteners have played a large role in industry. The strength, versatility, ubiquity, and low cost of threaded fasteners has resulted in their use in everything from structural supports for buildings

to the bolts used to mount a motor to its base. While relatively simple in design and construction, selecting the proper fastener can be a very important choice. Many industrial disasters and fatalities have been attributed to a poorly chosen or defective fastener.

Learning Objectives

- ☐ Define the major terms relating to screw threads.
- ☐ Discuss the various classes of fit.
- Describe thread specifications for unified and metric threads.
- ☐ Explain the various mechanical properties of threaded fasteners.
- ☐ Discuss the advantages and disadvantages of different fastener materials.

Seat Time: 30 min

Torque and Tension

Course #MEC506

Description

When is a fastener tight? The complete answer relies on the understanding of torque and tension, and how they are applied to bolts and threaded fasteners.

Learning Objectives

- $\hfill\square$ Define torque and tension.
- ☐ Discuss methods used to control torque.
- ☐ Describe the methods used to measure torque.
- Perform calculations of applied torque using extensions.

Valve Fundamentals



Instrumentation controls, such as those needed to control the flow of liquid, requires the use of a final control element. The final control element, typically a valve, is the last active device in an instrument control loop that directly controls the process or manipulated variable. This subject area, Valve Fundamentals, covers the fundamentals of valves, actuators, and their operation.



Actuators

Course #MEC0706

Description

A single facility can have hundreds, if not thousands, of valves to control everything from turbine operation to ventilation, to systems that ensure the safety of personnel and equipment. The valves used can range in size from less than an inch to several feet in diameter. While some of these valves are designed to be operated manually, many of them require some form of automatic or remote operation. Operators and technicians must understand the different types of actuators used to operate these valves, and how these actuators work.

Learning Objectives

- ☐ State the purpose of a valve actuator.
- ☐ List the three basic types of actuators.
- ☐ Describe the operating principles of a pneumatic actuator.
- ☐ Describe the operating principles of an electric actuator.
- ☐ Describe the operating principles of a hydraulic actuator.

Seat Time: 30 min

Basic Types and Operations I Course #MEC0701

Description

On June 11, 2008 at the Goodyear plant in Houston, TX, a heat exchanger violently ruptured due to an over pressurization caused by the isolation of a pressure relief valve. An employee walking nearby was killed by the hurtling debris from the explosion. An understanding of the importance of these valves and their proper positioning could have prevented this incident. In this module, several types of these valves and their common components will be briefly discussed, as well as the proper mounting and installation guidelines.

Learning Objectives

- ☐ State the purpose of valves.
- ☐ List the main components of several styles of valves.
- ☐ Describe the methods of valve mounting in several styles of systems.

Basic Types and Operations II Course #MEC0702

Description

Isolation or insufficient flow can result in instantaneous overpressurization and/or explosions; therefore, the proper positioning of isolation and throttle valves is crucial to the safe operation of any system. Gate, globe, needle, and butterfly valves are all used to stop, start, and throttle flow.

Learning Objectives

- ☐ Describe the construction and operation of gate valves.
- ☐ Describe the construction and operation of globe valves.
- Describe the construction and operation of needle valves.
- ☐ Describe the construction and operation of butterfly valves.

Seat Time: 30 min



Basic Types and Operations III

Description

Flow reversals and improper flow rates can lead to equipment failure and destruction. By understanding valve operations and ensuring proper valve orientation, these situations can be avoided. Ball valves and plug valves are used to stop, start, and throttle flow, while the check valve is used to prevent flow reversal, and the regulating valve is used to automatically adjust flow.

Learning Objectives

- □ State the purpose, operation, and construction of a ball valve.
- ☐ State the purpose, operation, and construction of a plug valve.
- ☐ State the purpose, operation, and construction of a check valve.
- ☐ State the purpose, operation, and construction of a regulating valve.

Seat Time: 30 min

Relief and Safety Valves I

Course #MEC0704

Description

Many industrial facilities use pressurized liquids and gases in systems to perform functions, such as tool and instrument operation, energy production, and heating and cooling. All systems, regardless of how well they were engineered or the quality of the materials used, will have a maximum pressure they can withstand before a failure occurs. A system that fails in this manner can result in production downtime, destruction of expensive equipment, and even loss of life.

Learning Objectives

- ☐ State the purposes of relief and safety valves.
- ☐ Define terms related to relief valves.
- Describe the functional differences between safety and relief valves.

Seat Time: 30 min

Relief and Safety Valves II

Course #MEC705

Description

Industrial facilities use piping systems and tanks to transport and store water, steam, and gases at various temperatures and pressures. Although the pressures in these systems are carefully monitored and adjusted, operator error or an equipment malfunction can result in a loss of pressure control. If pressure is allowed to increase or decrease beyond the tolerances of the system containing the fluid, a catastrophic failure can occur. Relief and safety valves are used to prevent this from occurring, thereby avoiding equipment damage and personnel injury

Learning Objectives

- Describe the construction and operation of a typical direct-acting relief valve.
- ☐ Describe the construction and operation of a typical pilot-actuated relief valve.
- ☐ Describe the construction and operation of a typical safety relief valve.

Mechanical Series

Welding Fundamentals



Welding is a common process for joining metals using a large variety of applications. Welding occurs in several locations, from outdoors on rural farms and construction sites to inside factories and job shops. Welding processes are fairly simple to understand, and basic techniques can be learned quickly. The Welding Fundamentals subject area of modules covers different types of common welding and inspections.

Introduction to Welding Course #MEC1201

Description

This module will introduce you to welding and welding processes. Welding is a common process for joining metals using a large variety of applications. Welding occurs in several locations, from outdoors on rural farms and construction sites to inside factories and job shops. Welding processes are fairly simple to understand, and basic techniques can be learned quickly.

Learning Objectives

- ☐ State the purpose of welding.
- ☐ State common welding terms.

- ☐ Describe the types of welded joints.
- ☐ Discuss filler metal selection.
- □ Identify symbols used in welding procedures.

Seat Time: 30 min

Brazina

Course #MEC1207

Description

This module will introduce you to brazing. Brazing provides a means to combine different materials without affecting the composition of the materials. Brazing works with temperatures above 800°F and creates bonds as strong as welded materials.

Learning Objectives

- Describe brazina.
- ☐ List advantages and disadvantages of brazing.
- ☐ Discuss brazing equipment.
- ☐ Describe the basic brazing process.

Seat Time: 30 min

Gas Metal Arc Welding

Course #MEC1205

Description

This module will introduce you to gas metal arc welding, or GMAW. GMAW is the most popular method of welding due to its adaptability in various industries. This type is commonly used for sheet metal work and utilizes a continuous wire feed to complete welds.

Learning Objectives

- ☐ Describe gas metal arc welding.
- ☐ Discuss advantages and disadvantages of gas metal arc weldina.
- ☐ Discuss gas metal arc welding equipment.
- □ Describe the basic ags metal arc welding process.

General Welding Safety Course #MEC1202

Description

This module will introduce you to general welding safety. Topics included in this module are hazards associate with welding, proper PPE, and additional equipment to safely weld.

Learning Objectives

- $\hfill \square$ Discuss hazards associated with welding.
- ☐ Identify the PPE required for welding.
- Describe situations that require additional protective equipment.
- Explain the need for ventilation during welding procedures.

Seat Time: 30 min

Gas Tungsten Arc Welding Course #MEC1204

Description

This module will introduce you to gas tungsten arc welding, or GTAW. GTAW was developed to produce high quality welds on a variety of metals. GTAW requires the welder to be more skilled than other welding processes and is used in a number of work environments.

Learning Objectives

- ☐ Describe gas tungsten arc welding.
- ☐ Discuss advantages and disadvantages of gas tungsten arc welding.
- $\hfill \square$ Discuss gas tungsten arc welding equipment.
- ☐ Describe the basic gas tungsten arc welding process.

Seat Time: 30 min

Oxyacetylene Welding and Cutting

Course #MEC1206

Description

This module will introduce you to the oxyacetylene welding (OAW) and cutting process. OAW is one of the easiest forms of welding to learn and the equipment is low cost. Oxyacetylene cutting is also just as easy to learn and provides a means to cut through very thick materials. OAW and oxyacetylene cutting can be found in a number of environments including shops, construction sites, and salvage yards.

Learning Objectives

- Explain the principles of oxyacetylene welding and cutting.
- Describe oxyacetylene welding and cutting equipment.
- Describe the basic oxyacetylene welding and cutting process.

Seat Time: 30 min



Shielded Metal Arc Welding Course #MEC1203

Description

This module will introduce you to shielded metal arc welding, or SMAW. SMAW is the most commonly used welding method, often used for repair jobs on farms, construction sites, and industrial equipment sites. This process is also preferred for outdoor welding.

Learning Objectives

- ☐ Describe shielded metal arc welding.
- ☐ Discuss advantages and disadvantages of shielded metal arc welding.
- ☐ Discuss shielded metal arc welding equipment.
- $\ \square$ Describe the basic shielded metal arc welding process.

Seat Time: 30 min

Weld Joint Inspection

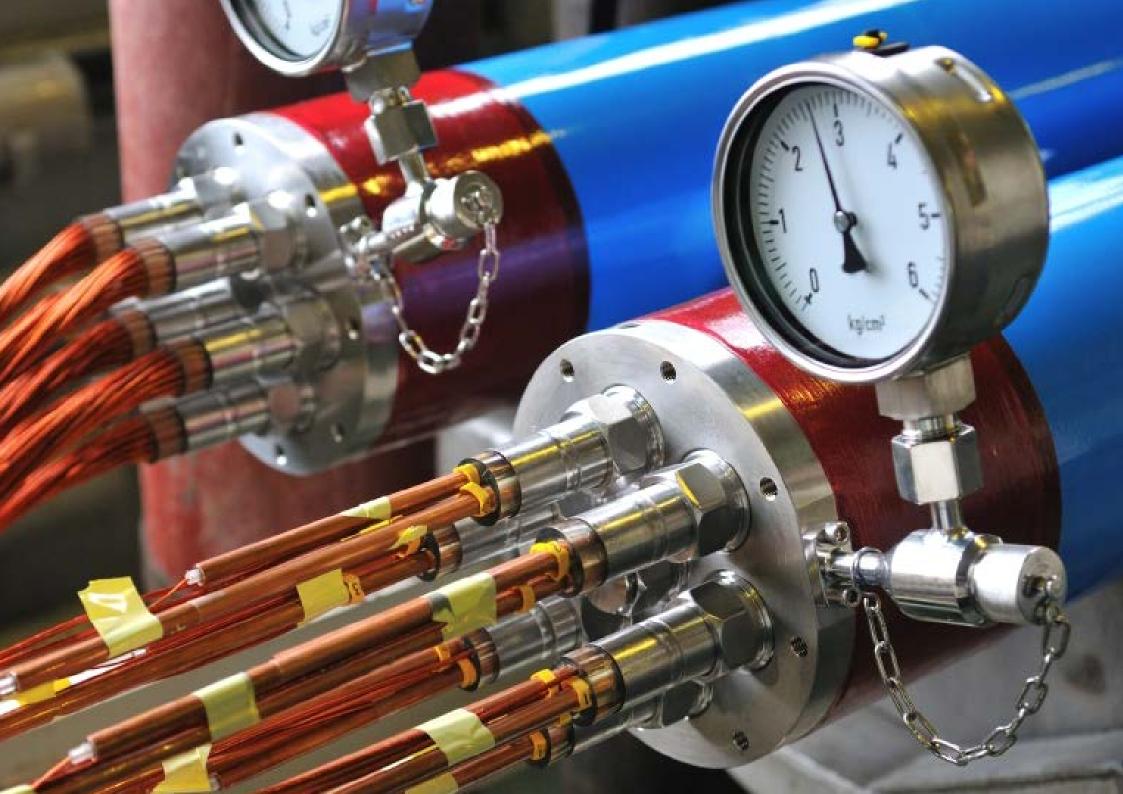
Course #MEC1208

Description

This module will introduce you to the importance of quality welds and processes involved in analyzing welds. Topics included in this module are the effects of poor welds, causes of poor welds, and nondestructive and destructive testing methods used on welds.

Learning Objectives

- $\hfill \square$ Discuss the importance of quality welded joints.
- $\hfill \square$ Describe the common types of weld failures.
- ☐ List the common methods used to test welds.



Instrumentation and Controls



Instrumentation and control technicians maintain the safe and efficient operation of industrial measurement and control systems. A broad knowledge of multiple disciplines is required to effectively work with and troubleshoot instrumentation systems. The Introduction to Instrumentation and Control covers the principles of measurement, standards, and an overview of instrumentation and control.

Introduction to Instrumentation and Controls



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Industrial Instrumentation and Control Overview Course #IC0101

Description

Instrumentation and control technicians maintain the safe and efficient operation of industrial measurement and control systems. A broad knowledge of multiple disciplines is required to effectively work with and troubleshoot instrumentation systems; physics, chemistry, mathematics, electronics, mechanics, and control theory all need to be applied to some extent. An instrument technician must be able to synthesize and apply this knowledge to real applications.

The continued addition of new technologies adds to the challenge. For existing industrial facilities, new equipment is phased in for specific applications and legacy technologies typically remain. It is very common to find state-of-the-art instrumentation next to decades-old instruments, such as digital networks running alongside pneumatic signal tubes or microprocessor-based sensors mounted next to mercury switches.

A competent instrumentation and control technician must be comfortable working with old and new technologies, and also have a sound knowledge of measurement principles and system interactions.

Learning Objectives

- ☐ Describe the function of basic instrument channel components.
- Identify the major similarities and differences between an instrument channel and a control channel.
- ☐ Explain the basic operation and interaction between current and pneumatic loops.

Principles of Measurement Course #IC0103

Description

The fields of measurement and instrumentation involve very specific terminology for describing instrument performance characteristics.

A technician routinely encounters these terms and principles on the job, typically in the form of instrument specifications.

Additionally, many of the routine tasks performed are related to instrument calibration, and are based on basic measurement principles to ensure instrument performance is in conformance to specifications.

Learning Objectives

- ☐ Define common instrument terms and specifications.
- ☐ Explain the difference between accuracy and precision.
- ☐ Define terms used to describe the dynamic response of an instrument.

Seat Time: 30 min

Industrial Signal Standards Course #IC0102

Description

A technician may encounter a wide variety of signal standards based on the type of industrial processes and, depending on the age of the facility, possibly multiple generations of standards.

A background in common analog and digital standards provides a technician with perspective, necessary for understanding the specific standards used in a specific facility, as well as the reasons for their use.

Learning Objectives

- ☐ Describe the common analog signals used for industrial measurement and control.
- ☐ Explain the application and basic operation of the HART Protocol.
- Identify common digital field bus standards used for industrial measurement and control.



Instrumentation and Controls Series

Process Measurement



Process measurement is a critical component of ensuring that an industrial facility operates as efficiently as possible. Common processes that are measured include pressure, level, and flow. These, along with process loop tuning and the basics of valve control are covered in the Process Measurement subject area.

Pressure Measurement

Description

Pressure is one of the fundamental parameters measured in industry. A typical industrial facility may have hundreds or even thousands of pressure meters.

Learning Objectives

- $\hfill \square$ Identify the main units of pressure used in industry.
- ☐ Describe the most common devices used to measure pressure.
- ☐ State the operating principle for two common electronic pressure transducers.

Seat Time: 30 min

Level Measurement

Course #IC0201

Description

Liquid level measurement is critical to the safe operation of a facility. The level measurements obtained are used to monitor and control many of the processes in an industrial facility. Numerous technologies exist that measure the liquid level in a vessel; each type uses different principles of physics to sense the level and provide output to a transmitter or transducer. The basic types of measurement devices can be broken up into two categories, direct measurement and inferred measurement.

Learning Objectives

- Describe the operation of the following indirect measurement level detectors:
 - Differential pressure level detectors
- Bubblers
- Displacers
- Capacitance level detectors
- Describe the operation of the following mechanical direct measurement level detectors:
 - Gauge glass
 - Plumb bob
 - Float detectors

- ☐ Describe the operation of the following acoustic direct measurement level detectors:
 - Ultrasonic level detectors
 - Radar level detectors
- ☐ Explain hydrostatic head pressure.

Seat Time: 30 min

Introduction to Flow Measurement

Description

Flow measurement is one of the four fundamental parameters measured in industrial instrumentation that every technician needs to be well versed in, particularly the principles and technology used. It is also arguably the most complex and has the greatest variety of types of measurement devices.

Learning Objectives

- ☐ Identify the common units of flow measurement.
- $\hfill \square$ Describe the factors that affect fluid flow rate in a pipe.
- Identify the key characteristics of the main categories of flow meters.
- Describe the main components of a flow measurement system.

Head Flow Meters

Course #IC0207

Description

Head flow meters, or differential pressure flow meters, are the most common flow meters used in industrial facilities. It is estimated that over 50 percent of all fluid flow measurement applications use head flow meters.

Learning Objectives

- Identify the basic principles of operation for the three head flow meter variants.
- Explain the operation of a pitot tube and its related flow meters, including their advantages and disadvantages.
- Explain the operation of a venturi tube and its related flow meters, including their advantages and disadvantages.
- ☐ Identify the common orifice plates used in industry and their principle of operation.

Seat Time: 30 min

Linear and Mass Flow

Description

Linear meters, as the name implies, are a classification of flow meters that do not require square root extraction. The two main categories of linear flow meters are:

- Positive displacement flow meters that directly measure volumetric flow.
- Velocity flow meters that inferentially measure volumetric flow.

Both head and linear flow meters can be used to derive mass flow rate. However, true mass flow meters are used to more accurately measure mass flow rate.

Learning Objectives

- Explain the basic principle of operation for common positive displacement meters.
- Explain the basic principle of operation for common velocity meters.
- Describe the principle upon which the most common type of mass flow rate meter is based.

Seat Time: 30 min

Temperature Measurement I

Description

Temperature measurement is critical to controlling equipment, processes, and other industrial applications. From power plants to warehousing facilities, accurate temperature measurement is critical to the safe operation and control of these processes and facilities.

There are many ways to measure temperature, from the familiar liquid-filled thermometer to using resistance temperature detectors and thermocouples. This module will cover the most common methods used to measure temperature.

Learning Objectives

- □ Define the term temperature and the units in which it is measured.
- Demonstrate the ability to convert between different temperature units.
- $\hfill \Box$ Explain the fundamentals of temperature measurement.
- □ Discuss the factors that affect temperature measurement.

Seat Time: 30 min

Temperature Measurement II

Course #IC0206

Description

There are many way to measure temperature. From the simple liquid-filled thermometer to the infrared pyrometer, there are a number of reliable and accurate devices used in industry to perform this critical measurement. The type of device chosen is usually determined by factoring in required accuracy, the environment in which it is used, the temperature range over which the measurement is required, and the cost.

Learning Objectives

- ☐ Discuss the function and operation of:
 - Filled-system thermometers
 - Bimetallic strips
 - Pyrometers
 - Liquid-filled thermometers
 - Thermistors
- ☐ Describe the operation and use of a resistance temperature detector (RTD).
- ☐ Explain the operation of a thermocouple.

Process Controls and Monitoring



Controlling and monitoring industrial operations using today's advanced equipment and techniques enables continuous processes to function at optimal efficiency, as well as allowing for automation of the processes. A thorough understanding of process control methods and of the monitoring required to achieve effective control will help to ensure that plant personnel are able to maintain, troubleshoot, and repair these vital plant systems.



Process Control Fundamentals Course #IC0401

Description

In almost all industrial process applications, control of process variables is critical to the safe and efficient operation of the process. The most common variables controlled are pressure, level, temperature, and flow. Even though there are many different methods used to control these processes, this monitoring and control is generically called process control. Level, pressure, temperature, and flow are all controlled in a similar fashion. In this series of modules, level control will be used to explain the various concepts and control methods.

Learning Objectives

- ☐ Discuss the difference between direct- and reverse-acting controllers.
- Define common terms and symbols used in process control.
- ☐ Describe the function of self-regulated and non self-regulated processes.

Seat Time: 30 min

Two-Position and Proportional-Control

Course #IC0402

Description

Control of processes is accomplished by using a number of control strategies. Two of the most common methods of control that will be discussed in this module are two-position and proportional control.

Learning Objectives

- ☐ Explain the operation of a proportional controller.
- $\hfill \Box$ List common uses of a proportional controller.
- $\hfill \Box$ Explain the operation of a two-position controller.
- ☐ List common uses of a two-position controller.

Loop Tuning

Description

In order for a control loop to operate as desired, it must first be tuned. Tuning a control loop is the act of adjusting the values of proportional gain, integral gain, and derivative gain such that the process responds in a manner desired by the operator. There are two major methods of tuning a control loop: open and closed loop. Almost all technicians will use the closed loop method, where data is taken from an operating loop that is online. Open loop methods are more often used on the initial startup of a system and allow engineers to collect baseline data. This module will only cover closed loop tuning methods.

Learning Objectives

- ☐ List the criteria for tuning a loop.
- Describe how to perform a loop tuning using the Ziegler Nichols method.
- ☐ Describe how to perform a loop tuning using the Notch method.
- □ Describe how to perform a loop tuning using the trial and error method.

Seat Time: 30 min

Intro to Actuators

Course #IC0406

Description

A single facility can have hundreds, if not thousands, of valves to control everything from turbine operation to ventilation, to systems that ensure the safety of personnel and equipment. The valves used can range in size from less than an inch to several feet in diameter. While some of these valves are designed to be operated manually, many of them require some form of automatic or remote operation. Operators and technicians must understand the different types of actuators used to operate these valves, and how these actuators work.

Learning Objectives

- ☐ State the purpose of a valve actuator.
- $\hfill \$ List the three basic types of actuators.
- □ Describe the purpose of the final control element in a closed loop control system.

Seat Time: 30 min

Actuator Principles of Operation

Description

Actuators are available in different configurations, operated by different energy sources. Actuator Principles of Operation describes the three most common types and their individual operation, including pneumatic, electric, and hydraulic types.

Learning Objectives

- Describe the operating principles of a pneumatic actuator.
- Describe the operating principles of an electric actuator.
- □ Describe the operating principles of a hydraulic actuator.

Seat Time: 30 min

Control Valves I

Course #IC0408

Description

On June 11, 2008 at the Goodyear plant in Houston, TX, a heat exchanger violently ruptured due to an over pressurization caused by the isolation of a pressure relief valve. An employee walking nearby was killed by the hurtling debris from the explosion. An understanding of the importance of these valves and their proper positioning could have prevented this incident. In this module, several types of these valves and their common components will be briefly discussed, as well as the proper mounting and installation guidelines.

Learning Objectives

- ☐ State the purpose of valves.
- ☐ List the main components of several types of valves.
- Describe the methods of valve mounting in several types of systems.

Seat Time: 30 min

Control Valves II

Course #IC0409

Description

Isolation or insufficient flow can result in instantaneous overpressurization and/or explosions; therefore, the proper positioning of isolation and throttle valves is crucial to the safe operation of any system. Gate, globe, needle, and butterfly valves are all used to stop, start, and throttle flow.

Learning Objectives

- Describe the construction and operation of aate valves.
- ☐ Describe the construction and operation of globe valves.
- Describe the construction and operation of needle valves.
- Describe the construction and operation of butterfly valves.



Control Valves III

Course #IC0410

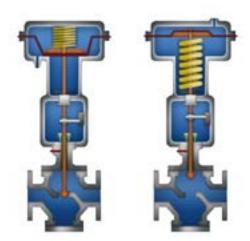
Description

Flow reversals and improper flow rates can lead to equipment failure and destruction. By understanding valve operations and ensuring proper valve orientation, these situations can be avoided. Ball valves and plug valves are used to stop, start, and throttle flow, while the check valve is used to prevent flow reversal, and the regulating valve is used to automatically adjust flow.

Learning Objectives

- State the purpose, operation, and construction of a ball valve.
- ☐ State the purpose, operation, and construction of a plug valve.
- State the purpose, operation, and construction of a check valve.
- □ State the purpose, operation, and construction of a regulating valve.

Seat Time: 30 min



Control System Architecture

Description

Control loops, implemented with proportional, integral, or derivative control circuitry and simpler on/off system control points, are utilized within one of three architectures. PLCs, or Programmable Logic Controllers, are used in smaller and simpler applications. They are the oldest of the three technologies and are often programmed with ladder-logic, relay-based tools. DCSs, or Distributed Control Systems, can be used to control an entire. large scale production facility, such as a power plant or refinery. DCSs can control separate PLC systems and have other branches they simultaneously control, SCADA, or Supervisory Control and Data Acquisition, systems are used to control even larger applications, such as a series of power plants connected to a grid or multiple refineries all supplying multiple pipelines.

Learning Objectives

- Place a PLC system within the hierarchy of the three types of systems from most to least complex.
- Understand how a DCS's ability to have PID controls implemented both within the DCS computer and the local detectors expands the range of applications this architecture can control.
- ☐ Relate how SCADA architecture is used for the largest control applications.

Seat Time: 30 min

Integral, Derivative, and PID Control

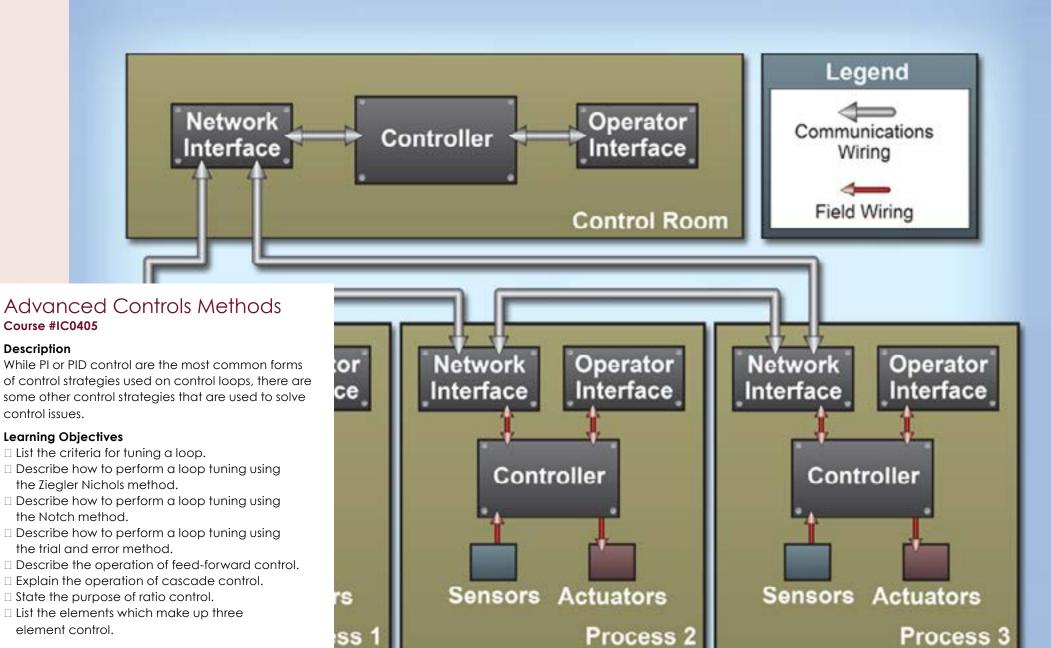
Course #IC0403

Description

Offset error in proportional controllers is a problem when trying to maintain a process variable at an exact value. As we saw in the proportional control module, one way to eliminate offset error is to manually reset the controller. The problem with manual reset is just that — it's manual. If we could automatically perform a reset every time a process supply or demand change occurred, the issue of offset error would be eliminated. We can do just that by adding integral to a controller. Integral, sometimes called reset, is used in conjunction with proportional control to bring the process back to set point without having an offset error. While integral eliminates the offset error, it brings its own issues, which are dealt with by adding derivative to the mix. What results is a control mode known as proportional, integral, and derivative control, commonly known as PID control.

Learning Objectives

- □ Describe the purpose and operation of proportional and integral (PI) control.
- Explain the purpose and operation of proportional and derivative (PD) control.
- Describe the purpose and operation of proportional, integral and derivative (PID) control.



Programmable Logic Controllers (PLC)



Programmable Logic Controllers (PLCs) have become an integral part of the industrial environment. As a technician involved with the processes controlled by PLCs, it is important to understand their basic functionalities and capabilities. This subject area, Programmable Logic Controllers, covers the software and hardware used, along with the addressing and communication capabilities required for PLCs to function properly.



PLC Overview

Course #IC0501

Description

Programmable logic controllers, or PLCs, are used to automate processes in industry. In the 1960s, the computerized processor replaced the relay logic control system. With the widespread use of PLCs in today's automation industry, a technician is required to have a good understanding of their operation in order to perform maintenance and troubleshooting procedures.

Learning Objectives

- ☐ List the basic components of a PLC.
- ☐ Describe the basic operation of a PLC.
- ☐ Define the three stages of a scan cycle.
- ☐ Discuss the Ladder Logic diagram of a hardwired system.

Seat Time: 30 min

PLC Software

Course #IC0505

Description

Software is used in a PLC to create user projects and programs, which allow the PLC to operate. The software allows each user to create individual and unique programs for each type of PLC.

Learning Objectives

- ☐ Identify the difference between software and firmware.
- ☐ Describe the purpose of an HMI (Human-Machine Interface).
- ☐ Discuss the basic PLC logic instructions including relays, timers, counters, and other instructions.

PLC Hardware

Course #IC0504

Description

Hardware is the physical equipment that makes up a PLC system. It includes chassis, I/O cards, processors, power supplies, communication cards and interconnecting wiring.

Learning Objectives

- ☐ Describe the function and operation of PLC input/output modules.
- ☐ Describe the function of a Central Processing Unit.
- □ Describe the function and operation of a PLC power supply.

Seat Time: 30 min

PLC Addressing

Course #IC0502

Description

PLCs can monitor and control thousands of individual field devices. In order to correctly access these devices, each device is assigned a point, or address, in the PLC. The method by which these addresses are assigned is called addressing.

Learning Objectives

- $\hfill \square$ Describe rack addressing rules.
- ☐ Discuss PLC addressing terminology.
- ☐ Understand the different numbering systems used by PLCs.

Seat Time: 30 min

PLC Communications

Course #IC0503

Description

In order for a PLC to effectively operate, it must be able to communicate with computers, field devices, other systems, and the various modules that make up the PLC system.

Learning Objectives

- ☐ Define PLC terminology as it applies to communication.
- Provide an overview of PLC communication, including communications protocols and networks.
- ☐ Identify common PLC communication configurations.



Instrumentation and Controls Series

Process Analyzers



Process analyzers are used to determine qualitative properties of a process parameter, such as impurities in water or moisture content of a gas. A technician may encounter various types of analyzers depending upon the industry and specific parameters of concern within the process. A fundamental knowledge of process analyzers will help the technician to perform his or her duties in a more efficient matter. The Process Analyzers subject area covers gas chromatography, hydrogen and oxygen analyzers, and moisture analyzers.



Gas Chromatography I

Course #IC0301

Description

A sample of gas may contain several different types of gases. The main goal in the gas industry is to identify and separate the one gas source into several useful, pure gas volumes. Chromatography is the collective term for a set of techniques used for the separation of mixtures. Gas chromatography is used for separating and analyzing compounds that can be vaporized without decomposition.

Learning Objectives

- $\hfill \square$ Describe the history of gas chromatography.
- $\hfill \square$ Discuss gas chromatography theory.
- ☐ Explain natural gas applications of gas chromatographs.

Seat Time: 30 min

Gas Chromatography II

Course #IC0302

Description

Obtaining the knowledge of exact gas concentrations allows for more efficient and higher processing rates of natural gas. The gas industry relies on gas chromatography to analyze and identify the exact concentrations of the sample gas.

Learning Objectives

- ☐ Introduce the principle elements of gas chromatography.
- ☐ Review the main factors affecting analysis.
- ☐ Describe a typical gas chromatograph operation cycle.

Hydrogen Sulfide and Oxygen Analyzers

Course #IC0303

Description

Both oxygen (O₂) and hydrogen sulfide (H₂S) are present in varying concentrations in unrefined natural gas. Although most of the oxygen and hydrogen sulfide are removed during the refining process, trace amounts still remain. These trace remnants and their levels must be monitored and controlled to ensure gas quality standards, as well as prevent corrosion of pipeline materials and damage to handling and utilization equipment.

This module will serve as an introduction to the equipment and methods used in determining the presence and concentrations of oxygen and hydrogen sulfide in a gas sample.

Learning Objectives

- ☐ Describe the purpose of hydrogen sulfide analyzers and give examples.
- ☐ Explain the purpose of oxygen analyzers and give examples.

Seat Time: 30 min

Introduction to Process Analyzers

Course #IC0305

Description

The main four process variables encountered in the field of Instrumentation and Control are temperature, pressure, level and flow. However, none of these parameters provide qualitative information about the actual substance being measured and controlled.

Process analyzers are used to determine qualitative properties of a process parameter, such as impurities in water or moisture content of a gas. A technician may encounter various types of analyzers depending upon the industry and specific parameters of concern within the process.

Learning Objectives

- $\hfill \square$ State the reasons for using process analyzers.
- Describe the components of process analyzer systems.

Seat Time: 30 min





Moisture Analyzers

Course #IC0304

Description

There are many applications in which trace moisture measurements are necessary for manufacturing and process quality assurance. Some examples are:

- Moisture in percentage amounts is monitored as a specification in commercial food production.
- Trace moisture in solids must be controlled for plastics, pharmaceuticals and heat treatment processes.
- Trace moisture must be measured and controlled in dry air, hydrocarbon processing, pure semiconductor gases, bulk pure gases, dielectric gases, such as those in transformers and power plants, and natural gas pipeline transportation.

This module will serve as an introduction to some of the equipment and methods used to measure the amount of moisture in a gas sample.

Learning Objectives

- ☐ Summarize the purpose of water vapor dew point analyzers and give examples.
- Describe the basic operation of a chilled mirror hygrometer.

Process Analyzer Detectors

Course #IC0306

Description

Gas analyzer detectors are used to identify specific types of compounds within a given gas sample. Knowing the concentration of these various compounds is vital to the safe and efficient operation of plant systems.

Learning Objectives

- ☐ Discuss continuous gas analyzer types.
- ☐ Explainthe thermal conductivity detector continuous gas monitoring
- ☐ Describe the flame ionization detector continuous gas monitoring
- ☐ Explainthe flame photometer detector continuous gas monitoring

Seat Time: 30 min





Introduction to Spectrometry Course #IC0307

Description

Spectrometry is an analysis technique that measures the electromagnetic radiation emitted, absorbed, or scattered by a sample in order to study, identify, and quantify its composition and structure.

Spectrometric measurements can be:

- Quantitative determining how much of a component is present
- Qualitative identifying what components are found in a sample

Learning Objectives

Seat Time: 30 min

- ☐ Explain the theory of spectrometry.
- ☐ Describe an optical spectrometer.
- ☐ Discuss how ultraviolet/visible, infrared, x-ray, and mass spectrometers operate.

UV-VIS Spectrometry

Course #IC0308

Description

Ultraviolet-Visible (UV-VIS) spectrometry is used to measure the concentration of components in liquids and gases. Visible light can be seen by the human eye, while ultraviolet, or UV, light cannot.

Learning Objectives

- ☐ Describe the working principles of Ultraviolet-Visible, or UV-VIS, spectrometry.
- ☐ Describe the UV-VIS photodiode array, or PDA, spectrometer.
- □ Describe the UV differential method spectrometer.
- ☐ Explain sample conditioning and safety of UV-VIS spectrometry.

Infrared Spectrometry Course #IC0309

Description

Infrared, or IR, spectrometers are commonly used to determine the concentration of sample components, like carbon dioxide and carbon monoxide, as well as that of common functional groups like the oxygenhydrogen bond in liquids and gases.

Learning Objectives

- ☐ Describe the working principles of IR spectrometry.
- ☐ Explain the measurement principles of IR spectrometry.
- Describe sample conditioning and safety for IR spectrometry.

Seat Time: 30 min

Mass Spectrometry Course #IC0310

Description

Mass spectrometry is an analysis technique that is used to determine the composition of process samples.

Advances in technology have led to the development of versatile, easy-to-use mass spectrometers.

Mass spectrometers are commonly used in, among others, the oil and gas, environmental, pharmaceutical, and food processing industries.

Learning Objectives

- Describe the working principles of mass spectrometers.
- Explain the measurement principles of mass spectrometers.
- ☐ Describe the main hardware components of mass spectrometers.
- Describe sample conditioning and safety for mass spectrometers.

Seat Time: 30 min



Residual Chlorine Analyzers

Course #IC0311

Description

Chlorination treatment is widely used for the disinfection of potable water supplies and industrial water systems. Residual chlorine levels are monitored in:

- Influent water for proper disinfection levels, enabling operators to optimize processing
- Effluent water to ensure they are within acceptable limits prior to discharge

Learning Objectives

- ☐ Discuss residual chlorine.
- □ Describe the DPD measurement method for total residual chlorine.
- ☐ Explain the amperometric measurement method for free residual chlorine.
- ☐ Explain the amperometric measurement method for total residual chlorine.



Dew Point Analyzers

Course #IC0313

Description

Dew point is the specific temperature at which condensation begins. Process gas analyzers for dew point/moisture content perform an important role in operations.

They are used to:

- Monitor for damaging levels of entrained liquids to protect piping and equipment
- Correct for entrained water to calculate amount of gas during custody transfers

Learning Objectives

- Explain dew point and the importance of monitoring moisture content of gas streams.
- ☐ Describe the aluminum oxide capacity method of dew point measurement.
- ☐ Discuss the quartz-crystal method of dew point measurement.
- ☐ Describe the chilled mirror method of dew point measurement.

Seat Time: 30 min

Turbidity Analyzers

Course #IC0312

Description

Turbidity is used as a measure of the clarity or cloudiness of a liquid. It gives a good indication of the appearance of water in an aesthetic sense, but more importantly, it is an indicator of the amount of suspended material.

Learning Objectives

- ☐ Explain the principles of turbidity measurement.
- Describe the absorption method for turbidity measurements.
- ☐ Explain the 90-degree scattered light method for turbidity measurements.
- ☐ Describe the surface-scattering method for turbidity measurements.

Seat Time: 30 min

Hydrogen Sulfide Gas Analyzers Course #IC0314

Description

Hydrogen sulfide, or H2S, exists in many natural gas and oil fields throughout the world.

H2S is both highly toxic and corrosive, and must be reduced to acceptable levels to:

- Preserve public safety
- Reduce corrosion in pipelines and related equipment
- Ensure proper custody transfer agreements
- Control the odor of the gas

Learning Objectives

- ☐ Explain the importance of online H2S monitoring.
- ☐ Discuss the characteristics of H2S.
- □ Describe the operation of a photometric continuous online H2S analyzer system.
- ☐ Explain the hardware components of a photometric continuous online H2S analyzer system.



Density Analyzers

Course #IC0315

Description

Density is one of the fundamental physical properties required when the composition of a product sample is being determined in a process industry. Product density measurements are needed for:

- Process monitoring and control
- Custody transfers

Learning Objectives

- $\hfill \square$ Discuss the theory and application of density analyzers.
- ☐ List the factors that influence density measurements.
- ☐ Explain the operation principles for a liquid density analyzer.
- ☐ Explain the operation principles for a gas density analyzer.

Seat Time: 30 min

Introduction to Chromatography

Course #IC0317

Description

Chromatography is an analytical method used to separate, identify, and quantify substances of a product into its chemical components for identification. For example, a gas chromatograph can be used to identify the amount of sulphur present in crude oil or the amount of each chemical component in natural gas.

Learning Objectives

- ☐ Explain the fundamentals of chromatography.
- Explain the principle operation of gas chromatography.
- ☐ Explain chromatograph components.
- ☐ Identify the main difference between gas and liquid chromatography.

Titration Basics

Course #IC0318

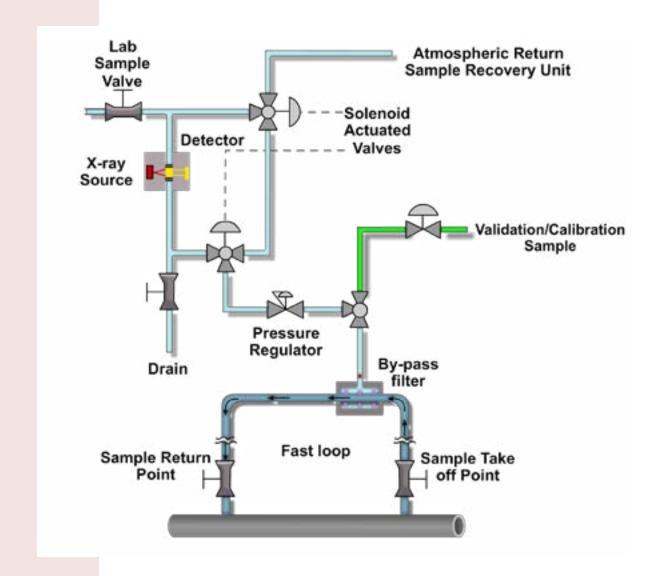
Description

Titration is a common method of chemical analysis that is used to determine the unknown concentration of an analyte, the substance being analyzed, in a solution. There are many types of titrations with different procedures and goals.

Learning Objectives

- □ Explain titration.
- ☐ Explain how to calculate the concentration of an analyte in solution.
- ☐ Describe the different types of titration.
- ☐ Describe how the endpoint is determined and the methods used to detect the endpoint.
- ☐ Explain titration methods.
- ☐ List analyzer components.





X-Ray Spectrometry

Course #IC0619Description

Titration is a common method of chemical analysis that is used to determine the unknown concentration of an analyte, the substance being analyzed, in a solution. There are many types of titrations with different procedures and goals.

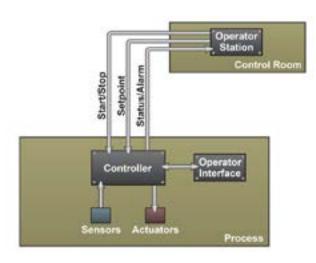
Learning Objectives

- ☐ Explain titration.
- $\hfill \Box$ Explain how to calculate the concentration of an
 - analyte in solution.
- $\hfill\square$ Describe the different types of titration.
- □ Describe how the endpoint is determined and the methods used to detect the endpoint.
- ☐ Explain titration methods.
- $\hfill \$ List analyzer components.

Distributed Control Systems (DCS)



Control system architecture can range from simple local control to highly redundant distributed control system, or DCS. The complexity of DCSs require that personnel understand typical system architecture, communication strategies, interface strategies, and system reliability, which are covered in this subject area, DCS.



Data Acquisition and Control System Architecture

Course #IC0601

Description

Control system architecture can range from simple local control to highly redundant distributed control. Supervisory control and data acquisition, or SCADA, systems, by definition, apply to facilities that are large enough that a central control system is necessary. Reliability criteria for C4ISR facilities dictate the application of redundant or distributed central control systems.

Learning Objectives

- ☐ Describe control system architecture types.
- ☐ Discuss the benefits of distributed control system architecture systems.
- □ Discuss the use of programmable logic controllers.
- ☐ Identify the recommended configurations of SCADA systems.

Seat Time: 30 min

Data Acquisition Communications Strategies

Course #IC0602

Description

Communication networks may be used in supervisory control and data acquisition, or SCADA, systems to pass data between field devices and programmable logic controllers, or PLCs. They can also be used between different PLCs or between PLCs and personal computers that are used for operator interface, data processing and storage, or management information.

Learning Objectives

- ☐ Describe the methods of communication for electronic devices.
- ☐ Identify the types of physical media used for communication.
- $\hfill\square$ Describe communication protocols.
- ☐ Identify the network topologies used for communication.
- $\hfill \Box$ Explain when redundancy is required for SCADA systems.

Operator Interface Strategies Course #IC0603

Description

Operator interfaces are referred to as human machine interfaces, or HMIs. For supervisory control and data acquisition, or SCADA, systems, HMIs provide the functions of status indication, alarm reporting, operator intervention in control action, and data storage and programming.

Learning Objectives

- □ Describe the different levels of HMIs.
- ☐ Discuss the effects of human factors on SCADA systems.

Seat Time: 30 min

Data Acquisition System Reliability

Course #IC0604

Description

Supervisory control and data acquisition, or SCADA, systems require many design considerations to obtain a high level of reliability. These considerations include everything from the power supply to the individual components that make up the whole system.

Learning Objectives

- ☐ Describe reliability criteria for SCADA systems.
- ☐ Identify redundancy terminology.
- ☐ Discuss component and system reliability.
- ☐ Identify the possible power supplies for SCADA systems.





Electrical



An understanding of basic electrical systems is vital to be able to work safely and efficiently in an industrial setting. The electrical series will familiarize the learner with important aspects of modern electrical control and distribution. Subject areas include Motors and Motor Control, Variable Frequency Drives, Circuit Protection and Transformers.

Motors and Motor Control



The electric motor is the workhorse of the modern industry. Its functions are almost unlimited. A thorough understanding of the function of the various components of a motor control center is desirable from both a maintenance and a troubleshooting standpoint. Properly maintained motors and motor control centers ensure a minimum of downtime for unscheduled repairs, increase productivity, and contribute to a safer working environment. The Motor and Motor Control subject area covers many aspects of these workhorses, including direct and alternating current configurations, protection, motor starters, and basic electrical and control circuitry.

Direct Current Motors Course #ELE0106

Description

Direct current, or DC, motors are used in everything from remote control airplanes to electric cars. They operate off of a simple principle known as Lorentz force. This principle is that a current-carrying conductor in a magnetic field experiences a torque.

Learning Objectives

- ☐ Describe the operating principles for DC motors.
- □ Describe the design and characteristics of a DC shunt, series, and compound motor.

Seat Time: 30 min

Alternating Current Motors Course #ELE0101

Description

AC Motors are widely used throughout industrial facilities and commercial industries. This module will introduce AC motor theory and describe the construction and operations of the most commonly used AC motors.

Learning Objectives

- ☐ Explain AC motor theory.
- ☐ Describe the construction and operating characteristics of induction motors.
- ☐ Describe the construction and operating characteristics of synchronous motors.
- ☐ Describe the construction and operating characteristics of wound rotor motors.

Seat Time: 30 min

Motor Fundamentals

Course #ELE0102

Description

Most industrial sized motors require complex equipment for the operational control. This module describes the operation and benefits of the different motor controllers.

Learning Objectives

- ☐ Describe the common types of motor controller enclosures.
- ☐ Describe manual control, semiautomatic control, and automatic control.
- ☐ Describe the types of magnetic contactors.
- Explain the operation and variations of magnetic contactors.

Motor Protection and Nameplate Data

Course #ELE0103

Description

All motors are required to display the operational limitations and protective limits. This information is crucial in establishing a well balanced electrical system, and aid in troubleshooting.

Learning Objectives

- $\hfill \square$ Describe the common types of motor enclosures.
- $\hfill \Box$ Explain the nameplate data for a typical motor.
- ☐ Describe typical methods of motor protection.

Seat Time: 30 min

Electrical Diagrams

Course #ELE0107

Description

An electrical circuit for motors may contain thousands of wires with dozens of inputs and outputs. This module provides the necessary understanding of control devices and the common electrical symbols used for electrical diagrams.

Learning Objectives

- $\hfill \square$ Describe the various circuit diagrams.
- Identify control devices and their diagram symbols.
- ☐ Describe mechanical, pushbutton, and auxiliary contact interlocking.

Seat Time: 30 min

Control Circuit Diagrams Course #ELE0104

Description

Large facilities may have hundreds if not thousands of electrical devices that work together to accomplish a single task, as in a conveyor belt system within a distribution center. These devices use sequencing for this complex task, known as control circuits. To easily understand and analyze how a particular circuit operates, the circuit diagrams are used.

Learning Objectives

- ☐ Explain sequence control.
- Explain the operation of motor control center's power supplies.
- Describe the proper use of the motor control center's single line diagrams, including diagram analysis and standard device numbers.

Seat Time: 30 min

Motor Starters

Course #ELE0105

Description

The selection of the motor starter circuit is critical for the safe and cost effective starting of large electrical motors. This module describes the types of starters used and the purpose for each design.

Learning Objectives

- ☐ Describe the operation of full voltage and reduced voltage starters.
- ☐ Describe the operation of wye-delta and part winding starters.
- ☐ Describe the operation of speed and consequent pole controllers.
- ☐ Explain the importance of control power.



Variable Frequency Drives (VFD)



The use of variable frequency drives, or VFDs, allows exact speed control by controlling the voltage or the current of a motor. Understanding the fundamentals of VFDs, along with installation, programming, and troubleshooting is critical to efficient operation. The Variable Frequency Drive subject area covers these items.



Fundamentals

Course #ELE0401

Description

Variable frequency drives, or VFDs, are widely used to provide variable speed operation to AC motors that normally operate at a standard speed. This module explains the functional operation, methods of interfacing, and the advantages and disadvantages of the various types of VFDs.

Learning Objectives

- ☐ Describe the functions and operations of an AC drive.
- □ Describe the common types of interface methods.
- □ Explain the advantages and disadvantages of each type of variable voltage, constant voltage, and current source AC drives.

Seat Time: 30 min

Troubleshooting

Course #ELE0403

Description

Troubleshooting of VFDs can be very complex and time consuming. This module provides the common fault and alarm indications, types, and troubleshooting methods.

Learning Objectives

- □ Describe the common fault and alarm indications.
- $\hfill\square$ Describe the common types of faults and alarms.
- ☐ Explain the use of troubleshooting tables.



Circuit Protection



Working with electricity is inherently dangerous, thus circuit breakers and protective relays are required to protect personnel. The Circuit Protection subject area covers both circuit breakers and protective relays, their functions, types, and methods of operation.



Basic Relaying I

Course #ELE0201

Description

Large electrical systems rely on protective relays to continuously monitor critical equipment throughout a facility. The sensing quantities and operating characteristics for relays are described in this module.

Learning Objectives

- Describe the attributes of a protective relay system.
- ☐ Discuss the five functional categories of relays.
- ☐ Describe the basic sensing quantities for relays.
- $\hfill \square$ Describe the operating characteristics of relays.

Seat Time: 30 min

Basic Relaying II

Course #ELE0202

Description

Protective relays have a variety of settings based on the level of protection required and the time for actuation of the relay. This module explains the necessary balance of time delay characteristics and zones of protection.

Learning Objectives

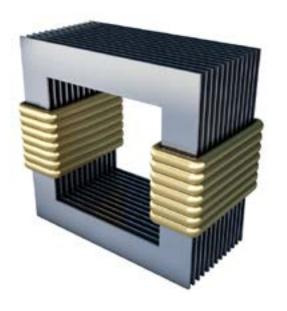
- ☐ Describe the time delay characteristics of relays including definite time, inverse, very inverse, and extremely inverse characteristics.
- ☐ Describe zones of protection.
- ☐ Describe electromagnetic induction devices including the induction disk-type and induction cup-type relays.
- Describe electromagnetic attraction units including the hinged armature-type and plunger-type relays.



Transformers



The Transformers subject area covers power transformers and instrument transformers. The power transformer modules will discuss various designs and tests, while the instrument transformer module explains industrial types and designs of transformers.



Transformers

Course #ELE0301

Description

There are many types and designs of transformers used in industrial facilities. Power and distribution transformers provide power for loads within the facility, while instrumentation transformers provide power for the monitoring of parameters including those of the power and distribution transformers.

Learning Objectives

- $\hfill\square$ Describe the purpose of instrument transformers.
- ☐ Explain burden and saturation.
- ☐ Describe the characteristics and functions of different types of current transformers.
- Describe coupling capacitor potential transformers.
- ☐ Describe some of the transformer monitoring and protection features.

Seat Time: 30 min

Power Transformers I

Course #ELE0302

Description

Power transformers are widely used in power generation plants and distribution substations. The information that is required on the transformer nameplate distinguishes amongst the many different designs available. This module will describe the different designs and the nameplate information.

Learning Objectives

- ☐ Describe the different types of power transformers.
- ☐ Describe the information found on transformer nameplates.

Power Transformers II

Course #ELE0303

Description

Power transformers require precise testing upon installation and periodically to ensure proper operation. This module introduces some common tests and the purpose behind each.

Learning Objectives

☐ Describe the construction of a power transformer.

☐ Describe the basic testing requirements for power transformers.





Combined Cycle



Combined cycle plants generate power through an assembly of heat engines working off of one source of heat. This enables a combustion turbine facility to generate 50% more power output from the same amount of fuel that would be burned in a simple cycle combustion turbine. To do this, they incorporate many components that work together to produce energy. This subject area reviews major plant components and auxiliary systems, combined cycle configurations, the Brayton and Rankine cycles, turbines, condensers, and the operation of HRSGs.

Combined Cycle Fundamentals



The Combined Cycle Fundamentals subject area explains the basics of a combined cycle. Included is information about major components and the overall theory of operation.

Combined Cycle Plant Overview

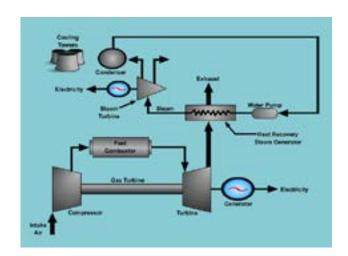
Course #COM0104

Description

Combined cycle plants generate power through an assembly of heat engines working off of one source of heat. The major components that make up a combined cycle plant include the gas turbine, heat recovery steam generator, steam turbine, and various other components making up the balance of plant. This module introduces these components and describes their purposes and theory of operation. In addition, the module provides an overview of the auxiliary systems found in combined cycle plants.

Learning Objectives

- ☐ State the purpose of a combine cycle plant.
- ☐ Describe the following combined cycle plant components:
 - Gas Turbine
 - Heat Recovery Steam Generator
 - Steam Turbine
 - Balance of Plant Components.
- ☐ Explain the theory of operation for the following components:
 - Gas Turbine
 - Heat Recovery Steam Generator
 - Steam Turbine
- Identify the major auxiliary systems for combined cycle plants.



Combined Cycle Theory of Operations

Course #COM0102

Description

Combined cycle technology enables a combustion turbine facility to generate 50% more power output from the same amount of fuel that would be burned in a simple cycle combustion turbine. This introductory module provides an overview of the different configurations for a combined cycle plant, as well as a description of the two thermodynamic cycles that form this combination.

Learning Objectives

- □ Describe the different configurations for a combined cycle plant.
- ☐ Describe the gas turbine's Brayton cycle.
- ☐ Describe the steam system's Rankine cycle.

Seat Time: 30 min

Combined Cycle Major Components

Course #COM0101

Description

Combined cycle plants incorporate many components that work together to produce energy. This module provides an overview of the four major components that make up a combined cycle plant, including the gas turbine, HRSG, steam turbine, and condenser. Additionally, the module describes the operation of each of these components.

Learning Objectives

- ☐ Describe the operation of a gas turbine.
- $\hfill \square$ Describe the operation of an HRSG.
- □ Describe the operation of a steam turbine.
- ☐ Describe the operation of a condenser.

Seat Time: 30 min

Electrical Power and Energy Systems

Course #COM0103

Description

We depend on electricity for many tasks each day, from lighting, heating, and cooling our homes, to powering our televisions and computers.

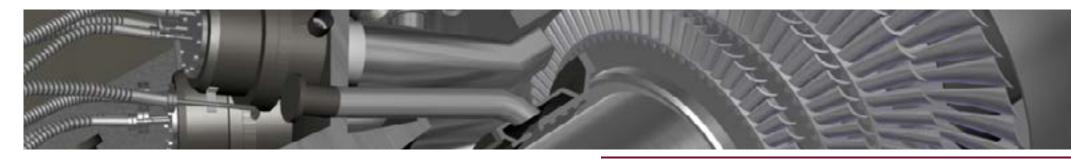
Despite its great importance in our daily lives, few of us stop to think what life would be like without electricity

Learning Objectives

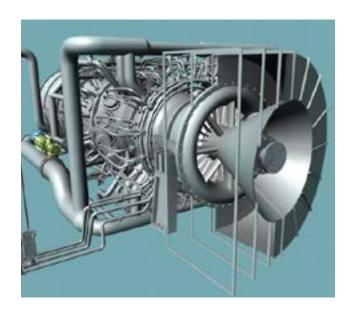
- ☐ Describe the historical overview of electric utilities.
- □ Describe the national electric power grid.
- ☐ Explain the process of how electricity is generated and distributed to customers.
- ☐ Define and explain the different types of generation plants and state the advantages and disadvantages of each.
- Identify types of renewable sources and explain the advantages and disadvantages of each type.



Gas Turbine



Gas turbines convert chemical energy stored in fuel into rotational mechanical work. A portion of this rotational mechanical work is used to generate electrical power. The gas turbine is a vital part of a combined cycle plant. The gas turbine subject area covers air inlet systems, controls and monitoring, fuel systems, lubrication, bearings, and the construction of the turbine itself.



Gas Turbines Basics

Course #COM0201

Description

Whether for the production of power and heat or the transport of oil and gas, gas turbines are widely used for combined cycle applications. The Gas Turbine Basics module introduces the basic theory of operation for gas turbines, along with the common terminology used to describe their operation. Additionally, this module provides an overview of the major components of a gas turbine.

Learning Objectives

- ☐ State the purpose of gas turbines.
- ☐ Define common terminology.
- $\hfill\square$ Describe the major components.
- $\hfill\square$ Explain the theory of operation.

Seat Time: 30 min

Air Inlet Systems

Course #COM0202

Description

Effective management of gas turbine inlet air quality and temperature is often the most economical option to increase power, reduce heat rate, and extend component life. This module provides an overview of air inlet systems, including common terminology, the purpose of major system components, and the different types of cooling systems.

Learning Objectives

- ☐ Define common terminology.
- ☐ Describe the major components.
- □ State the purpose of evaporative cooling systems, chilling systems, and fogging systems.
- ☐ Describe the flow path of air through the system.

Compressor Section

Course #COM0203

Description

This module provides an overview of the compressor section of a gas turbine, including its basic characteristics, theory of operation, and major components. Additionally, the module introduces inlet air heating systems and cooling air systems and explains their purpose.

Learning Objectives

- ☐ State the purpose of the compressor section.
- ☐ Define common terminology.
- ☐ Describe the major components.
- ☐ Explain the theory of operation.
- ☐ State the purpose of compressor bleed valves, inlet air heating systems, and turbine cooling air systems

Seat Time: 30 min

Combustion Section

Course #COM0204

Description

This module provides an overview of the combustion section of a gas turbine, including its basic characteristics, theory of operation, and major components. Additionally, the module describes the function and major components of the combustion section's fuel system.

Learning Objectives

- ☐ State the purpose of the combustion section.
- $\hfill\square$ Define common terminology.
- $\hfill \square$ Describe the major components.
- $\hfill\square$ Explain the theory of operation.

Seat Time: 30 min

Turbine Section

Course #COM0205

Description

This course will provide an introduction and the common terminology associated with the turbine sections. This course will also cover the major components of a turbine section including the exhaust, and the theory of operation.

Learning Objectives

- \square State the purpose of the turbine section.
- ☐ Define common terminology.
- ☐ Describe the major components.
- ☐ Explain the theory of operation.

Seat Time: 30 min

Gas Turbine Bearings

Course #COM0206

Description

Thrust and journal bearings are a critical part of the turbine section's function. This module provides an overview of the purpose of bearings within a combined cycle system, as well as common terminology that applies to bearings. Additionally, this module explains the theory of operation for the different types of bearings.

Learning Objectives

- ☐ State the purpose of gas turbine bearings.
- $\hfill \square$ Define common terminology.
- ☐ Describe the major types of gas turbine bearings.
- □ Explain the operation of different types of bearings.

Seat Time: 30 min

Starting Package

Course #COM0207

Description

This course introduces the different types of starting packages used for gas turbines, including motor-operated, air- or hydraulic-operated, and the static frequency control system or load commutated inverter (LCI). In addition, the course describes the theory of operation for these packages, as well as the major starting package components.

Learning Objectives

- $\hfill \square$ State the purpose of the starting package.
- ☐ Define common terminology related to the starting package.
- ☐ Describe the major components of the starting package.
- ☐ Explain the theory of operation for the starting package.

Seat Time: 30 min

Fuel Systems

Course #COM0208

Description

This module provides an overview of the different types of fuel systems used within the gas turbine, including the fuel gas system, fuel oil system, and water injection system. In addition, the module explains the purpose of each of these systems and describes their major components.

Learning Objectives

- $\hfill\square$ State the purpose of fuel gas systems.
- $\hfill \square$ Describe the major components of fuel gas systems.
- ☐ State the purpose of fuel oil systems.
- $\hfill \square$ Describe the major components of fuel oil systems.

Fuel Support Systems Course #COM2013

Description

This module provides an overview of fuel support systems, including its purpose and the common terminology that applies to the system. In addition, the module explains the theory of operation for fuel support systems and describes the purpose of the major components found within the system.

Learning Objectives

☐ State the purpose of fuel support systems. ☐ Describe the major components of atomizing air systems. ☐ Explain the theory of operation for atomizing air systems. ☐ Describe the major components of water injection systems. ☐ Explain the theory of operation for water

Seat Time: 30 min

injection systems.

Gas Turbine Hydraulic Oil Systems

Course #COM2010

Description

This module introduces the lubricating oil, hydraulic oil, and lift oil systems for the gas turbine, including common terminology related to the systems. Additionally, the module identifies and explains the major components that make up these three systems.

Learning Objectives

- ☐ State the purpose of gas turbine hydraulic oil systems. □ Define common terminology.
- □ Describe the major components.
- \square Explain the theory of operation.

Seat Time: 30 min

Gas Turbine Lubricating and Lift Oil Systems

Course #COM0209

Description

This module introduces the lubricating oil, hydraulic oil, and lift oil systems for the gas turbine, including common terminology related to the systems. Additionally, the module identifies and explains the major components that make up these three systems.

Learning Objectives

- ☐ State the purpose of gas turbine lubricating and lift oil systems.
- □ Define common terminology.
- □ Describe the major components.
- ☐ Explain the theory of operation.

Seat Time: 30 min

Combustion Controls and Continuous Emissions Monitoring

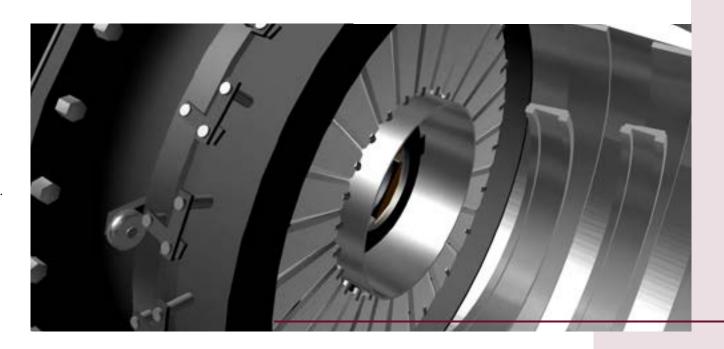
Course #COM2011

Description

This module provides an overview of the different types of combustion control systems used for gas turbines, including related terminology, theory of operation, and the major components that make up these systems.

Learning Objectives

- □ State the purpose of combustion control systems.
- □ Define common terminology.
- □ Describe the major types.
- ☐ Explain the theory of operation.
- ☐ State the purpose of continuous emissions monitoring systems.





Heat Recovery Steam Generators



The power generation of a combined cycle plant is split into two major parts: the gas turbine and the steam turbine. The heat recovery steam generator, or HRSG, is what makes the operation of the steam turbine possible. This subject area, Heat Recovery Steam Generators, covers the basics of the HRSG, HRSG drum and blowdown systems, duct burners, selective catalytic reduction systems, and related chemistry.



Heat Recovery Steam Generator Basics

Course #COM0301

Description

An HRSG's basic function is to remove useful energy in waste heat from a gas turbine, or from some other combustion process, and transform it into steam energy. This steam energy can then be used to drive a steam turbine, produce electricity, or supply steam to a host for other purposes. This module provides an overview of HRSG operation, which is a critical factor in achieving high thermal efficiencies in a combined cycle plant.

Learning Objectives

- ☐ State the purpose of Heat Recovery Steam Generators.
- ☐ Define common terminology.
- ☐ Define the major components.
- $\hfill\square$ Explain the theory of operation.

Seat Time: 30 min

Heat Recovery Steam Generator Drums and Blowdown Systems

Course #COM0302

Description

The HRSG blowdown system is instrumental in ensuring the boiler water chemistry is kept within specifications with regard to dissolved and suspended solids, pH, conductivity, and silica content. This module introduces the blowdown system, explains its theory of operation, and describes the major components that make up the system.

Learning Objectives

- ☐ State the purpose of heat recovery steam generator drums.
- $\hfill \square$ State the purpose of blowdown systems.
- ☐ Define common terminology.
- ☐ Describe the major components.
- $\hfill\square$ Explain the theory of operation.

Duct Burners and Selective Catalytic Reduction Systems

Course #COM0303

Description

HRSG duct burners provide a means of increasing steam production within the HRSG through the introduction of additional thermal energy, while selective catalytic reduction (SCR) involves the injection of ammonia into the flue gas upstream of a catalyst structure. This module provides an overview of duct burners and SCRs, along with their theory of operation and description of major components.

Learning Objectives

- ☐ State the purpose of duct burners and selective catalytic reduction systems.
- ☐ Describe the major components of duct burners.
- $\hfill \Box$ Explain the theory of operation for duct burners.
- Describe the major components of selective catalytic reduction systems.
- □ Explain the theory of operation for selective catalytic reduction systems.

Seat Time: 30 min

Boiler Water Chemistry

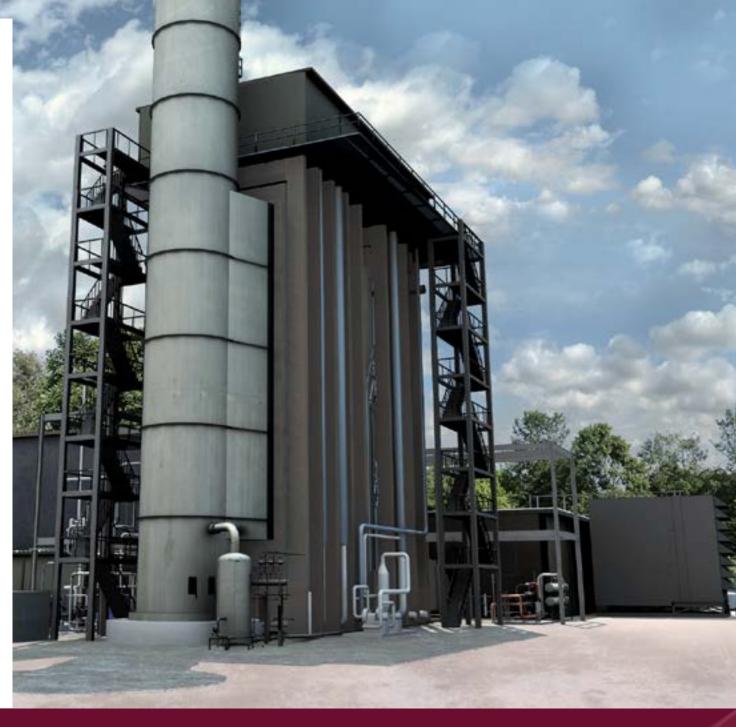
Course #COM0304

Description

Correct chemical control and blowdown ensures efficient operation of the HRSG unit and can prevent costly repairs caused by deposits or corrosion of the HRSG tubes. This module introduces the purpose of water chemistry, describes the parameters that are monitored, and explains the various ways to control each of these parameters.

Learning Objectives

- $\hfill \square$ State the purpose of boiler water chemistry.
- $\hfill\square$ Define common terminology.
- $\hfill\square$ Describe each monitored parameter.
- ☐ Describe the negative effects of operating outside recommended parameters.



Combined Cycle Series

Balance of Plant



The Balance of Plant subject area spans various topics and systems that are not readily categorized under a main topic, but are vital to the operation of the plant. This subject area includes high-pressure steam systems, reheat and intermediate-pressure steam systems, low-pressure steam systems, auxiliary steam systems, condensers, steam plant water systems, cooling water systems, dematerialized water systems, reverse osmosis systems, compressed

gas systems, wastewater systems, and compressed air systems.

Balance of Plant Basics

Course #COM0401

Description

Balance of plant is a grouping of equipment, such as the condenser and the condensate system. The term comes from balancing the amount of feed flow for the HRSG to the amount of steam flow from the HRSG in order to maintain a constant water level in the HP, IP, and LP drums. This module provides an overview of balance of plant basics and describes common terminology applicable to the balance of plant.

Learning Objectives

- $\hfill\square$ Define common terminology.
- ☐ State the purpose of each balance of plant system.
- $\hfill \square$ Describe system interrelationships.

Seat Time: 30 min

High-Pressure Steam Systems

Description

The high-pressure steam system delivers high-pressure steam generated from the HRSG high-pressure steam drum to the steam turbine. This module provides an overview of the common terminology associated with this system, as well as its theory of operation and the purpose of the system's major components.

Learning Objectives

- □ State the purpose of high-pressure steam systems.
- $\hfill\square$ Define common terminology.
- ☐ Describe the major components.
- $\hfill \mbox{Explain}$ the theory of operation.



Reheat and Intermediate-Pressure Steam Systems

Course #COM0403

Description

This module provides an overview of the intermediate-pressure steam system, including its purpose and the common terminology that applies to the system. Additionally, the module explains the theory of the intermediate-pressure steam system's operation, as well as the purpose of the major components found within the system.

This module provides an overview of the cold reheat steam system, including its purpose and the common terminology that applies to the system. In addition, the module explains the theory of the cold reheat steam system's operation, as well as the purpose of the major components found within the system.

This module introduces the hot reheat steam system, describes its purpose, and defines the common terminology that applies to the system. In addition, the module explains the theory of the operation, as well as the purpose of the major components found within the hot reheat steam system.

Learning Objectives

- □ State the purpose of reheat and intermediate-pressure steam systems. □
- ☐ Define common terminology.
- $\hfill \square$ Describe the major components.
- $\hfill \square$ Explain the theory of operation.

Seat Time: 30 min

Low-Pressure Steam Systems Course #COM0025

Description

The low-pressure steam systems at a combined cycle power plant perform many important functions. This module provides an overview of the common terminology associated with these systems, as well as its theory of operation and the purpose of the system's major components.

Learning Objectives

- $\hfill\square$ State the purpose of low-pressure steam systems.
- $\hfill \square$ Define common terminology.
- $\hfill \square$ Describe the major components.
- $\hfill\square$ Explain the theory of operation.

Seat Time: 30 min

Auxiliary Steam Systems

Description

This module provides an overview of the auxiliary steam system, including its purpose and the common terminology that applies to the system. Additionally, the module explains the theory of the auxiliary steam system's operation, as well as the purpose of the major components found within the system.

Learning Objectives

- $\hfill \square$ State the purpose of auxiliary steam systems.
- $\hfill \square$ Define common terminology.
- $\hfill \square$ Describe the major components.
- $\hfill\square$ Explain the theory of operation.

Seat Time: 30 min

Steam Plant Water Systems

Course #COM0405

Description

This module provides an overview of the steam plant water system and introduces its purpose, common terminology, and major components. In addition, the module explains how the condensate and feedwater systems are used in the steam cycle for efficient plant operation.

Learning Objectives

- □ Identify the systems that comprise the steam plant water systems.
- $\hfill \square$ State the purpose of condensate systems.
- $\hfill \square$ Describe the major components of condensate systems.
- □ State the purpose of feedwater systems.
- Describe the major components of feedwater systems.

Seat Time: 30 min

Cooling Water Systems

Course #COM0406

Description

The cooling water systems provide a continuous source of cooling water to various equipment heat exchangers. This module provides an overview of the cooling water system, including the circulating water system and closed-loop cooling water system. The module also discusses the purpose of each system and describes their major components.

Learning Objectives

- $\hfill \square$ State the purpose of cooling water systems.
- $\hfill \square$ State the purpose of circulating water systems.
- Describe the major components of circulating water systems.
- $\ \square$ State the purpose of closed-loop cooling water systems.
- ☐ Describe the major components of closed-loop cooling water systems.

Processed Water Systems Course #COM0407

Description

This module provides an overview of the processed water systems found in a combined cycle plant, including the common characteristics and terminology used to describe these systems. In addition, the module explains the theory of operation for processed water systems and discusses how they interconnect.

Learning Objectives

State the purpose of the processed water systems.
Define common terminology.
Describe the major components.
Explain the theory of operation.

Seat Time: 30 min

Reverse Osmosis Water Systems Course #COM0408

Description

This module provides an overview of reverse osmosis water systems, including their basic characteristics, theory of operation, and major components.

Additionally, the module describes the function and major components of reverse osmosis water systems.

Learning Objectives

$\hfill \square$ State the purpose of the revers	e osmosis
water systems.	

☐ Define common terminology.

 $\hfill\square$ Describe the major components.

 \square Explain the theory of operation.

Seat Time: 30 min

Demineralized Water Systems

Description

This module provides an introduction to the demineralized water system and describes its purpose and related terminology. Additionally, the module explains the theory of the demineralized water system's operation, as well as the purpose of the major components found within the system.

Learning Objectives

- $\hfill \square$ State the purpose of demineralized water systems.
- $\hfill\Box$ Define common terminology.
- ☐ Describe the major components.
- ☐ Explain the theory of operation.

Seat Time: 30 min

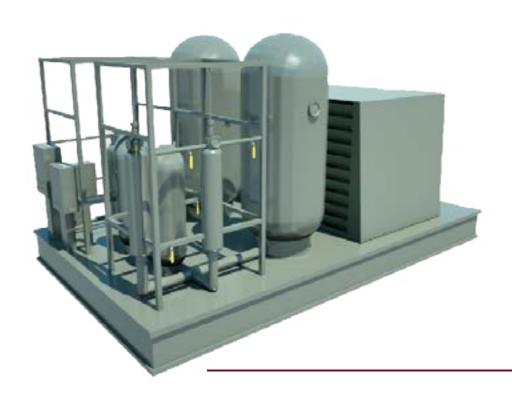
Wastewater Systems Course #COM0410

Description

This module provides an overview of the wastewater system, including its purpose and the common terminology that applies to the system. In addition, the module explains the theory of operation for the wastewater system and describes the purpose of the major components found within the system.

Learning Objectives

- $\hfill \square$ State the purpose of wastewater systems.
- □ Define common terminology.
- ☐ Describe the major components.
- ☐ Explain the theory of operation.



Compressed Gas Systems Course #COM0411

Description

The compressed gas system consists of two separate systems: the nitrogen system and the hydrogen system. This module explains the purpose of these systems as well as the common terminology used when working with them.

Learning Objectives

- ☐ Describe the major components of compressed gas systems.
- □ Define common terminology.
- ☐ State the purpose of nitrogen systems.
- ☐ State the purpose of hydrogen systems.
- ☐ State the purpose of carbon dioxide systems.

Seat Time: 30 min

Compressed Air System

Course #COM0034

Description

Instrument air is used to actuate control valves and other pneumatic devices associated with each plant system. Components that use instrument air require a clean, dried air source to ensure consistent and reliable operation. This module provides an overview of the instrument/ service air system, including common terminology, theory of operation, and major components contained within the system.

Learning Objectives

- ☐ State the purpose of the instrument/service air system.
- ☐ Define common terminology related to the instrument/service air system.
- ☐ Describe the major components of the instrument/service air system.
- ☐ Explain the theory of operation for the instrument/service air system.

Seat Time: 30 min



Condensers

Course #COM0413

Description

This module will describe the functions condensers perform at a power plant. It also provides an overview of the common terminology associated with condensers, as well as its theory of operation and the purpose of the system's major components.

Learning Objectives

- □ State the purpose of condensers.
- □ Define common terminology.
- □ Describe the major components.
- ☐ Explain the theory of operation.

Seat Time: 30 min

Fire Protection Systems

Course #COM0414

Description

The fire protection system protects personnel and equipment from fire, provides an immediate source of a fire extinguishing agent (water, CO₂, foam) to all areas of the power plant, and provides a means of detecting and extinguishing fires in critical areas. This module introduces the characteristics of the fire protection system and provides an overview of its major components.

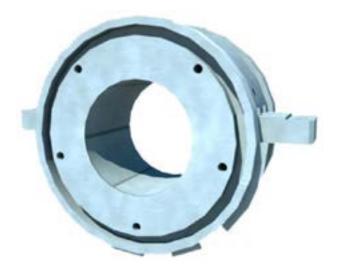
Learning Objectives

- ☐ State the purpose of the fire protection system.
- ☐ Describe the major components of the fire protection system.

Steam Turbines



Steam turbines in a combined cycle plant receive the steam produced in the heat recovery steam generator, or HRSG, and convert the energy of the high-pressure steam to mechanical work. The rotation of the steam turbine shaft spins a generator, thereby producing additional electrical power. The Steam Turbines subject area covers steam turbine basics, bearings, gland seal stream systems, lubrication, and hydraulic oil systems.



Steam Turbine Basics

Course #COM0501

Description

This module introduces the various components found within the steam turbine, as well as the path in which steam flows through them. In addition, the module provides an overview of steam turbine valves, including their major components, and explains how steam turbine blading is designed.

Learning Objectives

- $\hfill \square$ State the purpose of steam turbines.
- $\hfill\Box$ Define common terminology.
- $\hfill\square$ Describe the major components.
- $\hfill \Box$ Explain the theory of operation.

Seat Time: 30 min

Steam Turbine Bearings

Course #COM0502

Description

This module provides an overview of how bearings are used within the steam turbine, as well as the common terminology that applies to bearings. In addition, this module explains the theory of operation for the different types of bearings used within the steam turbine.

Learning Objectives

- ☐ State the purpose of steam turbine bearings.
- $\hfill\square$ Define common terminology.
- $\hfill\square$ Describe the major types of bearings.
- ☐ Explain the operation of the different types of bearings.

Steam Turbine Hydraulic Oil Systems

Course #COM0503

Description

This module introduces the steam turbine oil systems used within a combined cycle plant, including the lubricating oil system, hydraulic oil system, and seal oil system. The module provides an overview of the purpose of each system and describes the major components of each.

Learning Objectives

- State the purpose of steam turbine hydraulic oil systems.
- □ Define common terminology.
- ☐ Describe the major components.
- $\hfill \Box$ Explain the theory of operation.

Seat Time: 30 min

Steam Turbine Lubricating Oil Systems

Course #COM0504

Description

This module introduces the lubricating oil system for the steam turbine, including common terminology related to the system. Additionally, the module identifies and explains the major components that make up the lubricating oil system.

Learning Objectives

- ☐ State the purpose of steam turbine lubricating oil systems.
- ☐ Define common terminology.
- □ Describe the major components.
- $\hfill \mbox{Explain}$ the theory of operation.

Seat Time: 30 min

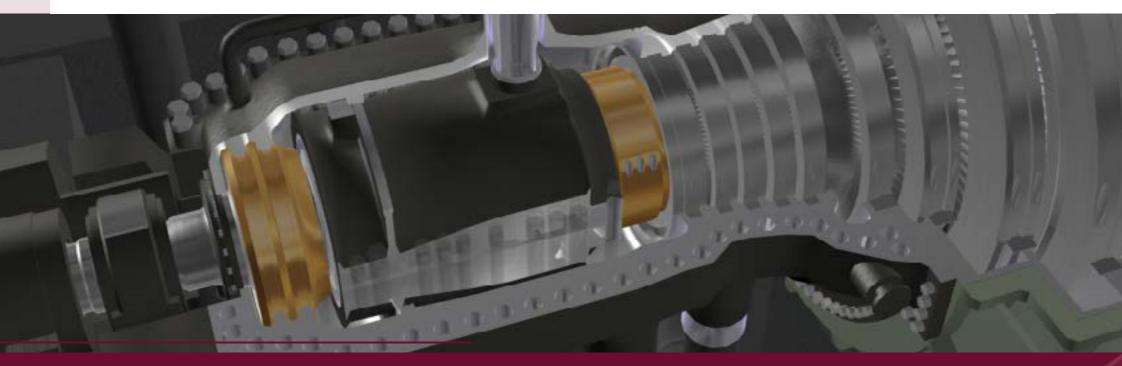
Gland Seal Steam Systems course #com0505

Description

This module provides an overview of the steam turbine support systems, including common terminology related to the system. In addition, the module introduces the gland/seal steam system and turning gear.

Learning Objectives

- ☐ Explain the theory of operation.
- ☐ Describe the major components.
- ☐ State the purpose of gland seal steam systems.
- ☐ Define common terminology.



Electrical Power Generation and Distribution



The Electrical Power Generation Distribution subject area covers the fundamentals of how electrical power is harnessed and transferred throughout a plant. The subject area includes modules covering generator basics, generator cooling systems, seal oil systems, and switchyards and power distribution lines.



Generator Basics

Course #COM0601

Description

This module provides an overview of how generators are used in a combined cycle plant. The module introduces the purpose of generators, common terminology, theory of operation, and major generator components. In addition, the module introduces the different types of generator cooling systems.

Learning Objectives

- \square State the purpose of a generator.
- $\hfill \square$ Define common terminology.
- $\hfill \square$ Describe the major components.
- ☐ Explain the theory of operation.
- $\hfill \square$ State the conditions that cause a direct trip of the generator.

Seat Time: 30 min

Seal Oil Systems

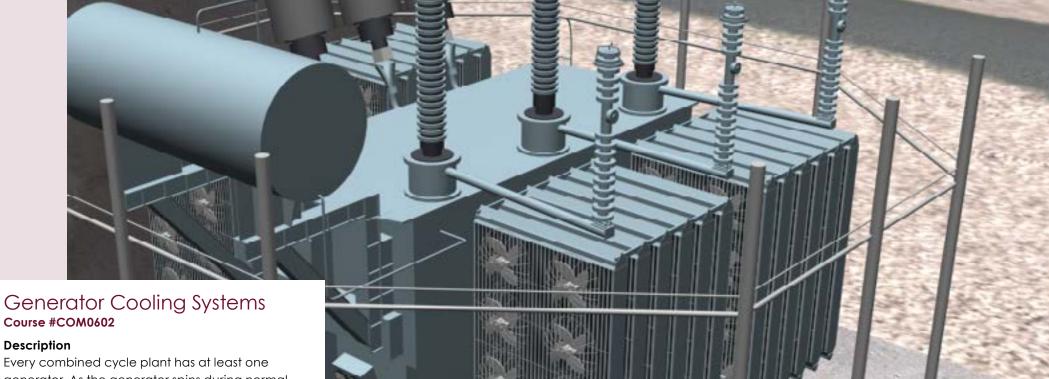
Course #COM0603

Description

The purpose of the seal oil system in a combined cycle plant is to prevent hydrogen from escaping the generator in an uncontrolled manner and to collect the hydrogen that does escape with the seal oil. By keeping the hydrogen in the generator's casing, the hydrogen will continue to cool the generator's windings and rotor and do so in a safe manner. This module explains seal oil systems, common terminology, major components, and its theory of operation.

Learning Objectives

- ☐ State the purpose of seal oil systems.
- $\hfill\square$ Define common terminology.
- $\hfill\square$ Describe the major components.
- $\hfill\square$ Explain the theory of operation.



Course #COM0602

Description

Every combined cycle plant has at least one generator. As the generator spins during normal operation, heat builds up in its windings and rotor. This heat needs to be removed to prevent damage to the generator. The purpose of a generator cooling system is to remove this heat from the generator during normal operation. This module introduces the fundamentals of generator cooling systems.

Learning Objectives

- ☐ State the purpose of generator cooling systems.
- □ Define common terminology.
- ☐ Explain the theory of operation for air cooling systems.
- ☐ Explain the theory of operation for hydrogen cooling systems.

Seat Time: 30 min

Switchyards and Power Distribution Lines Course #COM0604

Description

Switchyards provide the foundation and support for the conductors, insulators, circuit breakers, disconnect switches, and other equipment. This module introduces the purpose of switchyards and power distribution lines, as well as common terminology, theory of operation, and major components. In addition, the module provides an overview of the different types of relays used for generator protection.

Learning Objectives

- ☐ State the purpose of switchyards and power distribution lines.
- □ Define common terminology.
- □ Describe the major components.
- ☐ Explain the theory of operation.
- ☐ Describe the different types of relays used for switchyard protection.

Power Plant Efficiency



Heat Rate Basics

Course #COM0701

Description

Heat rate is the common measure of system efficiency in a power plant. The heat rate is a measure of the combined performance of the gas turbine cycle, the steam turbine cycle, and any other associated auxiliaries. This module introduces the basic characteristics of heat rate and provides instruction on how to calculate heat rate.

This subject area, Power Plant Efficiency, covers the main driver of plant efficiency, heat rate.

Discussed in detail are the basics of heat rate, how to calculate it, and the factors that effect it.

Major Components' Effect on Heat Rate

Course #COM0702

Description

This module provides an overview of how the major components of a combined cycle plant affect the heat rate within it. The components covered in this module include: the HRSG, gas turbine, steam turbine, condenser, and other applicable plant equipment.

Learning Objectives

- ☐ Describe how gas turbines affect heat rate.
- ☐ Describe how heat recovery steam generators affect heat rate.
- ☐ Describe how steam turbines affect heat rate.
- □ Describe how condensers affect heat rate.
- ☐ Describe how miscellaneous equipment affects heat rate.

Seat Time: 30 min

Learning Objectives

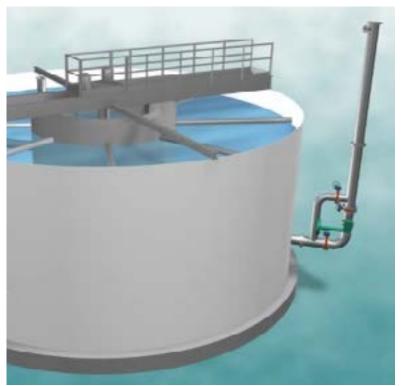
- □ Describe heat rate.
- □ Define common terminology.
- ☐ Describe how to use the heat rate formula.
- ☐ Explain how to calculate heat rate deviation.
- ☐ Describe how plant efficiency affects return on investment.







Water and Wastewater Treatment



Water treatment is vital worldwide to remove contaminants from water and make it acceptable for a wide range of uses. The TTS Water Treatment Series provides general information about the processes necessary to produce water that meets the specific requirements for its usage.

Overview of Water Treatment



The Overview of Water Treatment module provides learners a general description of water treatment processes and their industrial applications, as well as presents the advantages and disadvantages of water treatment.

Overview of Water Treatment

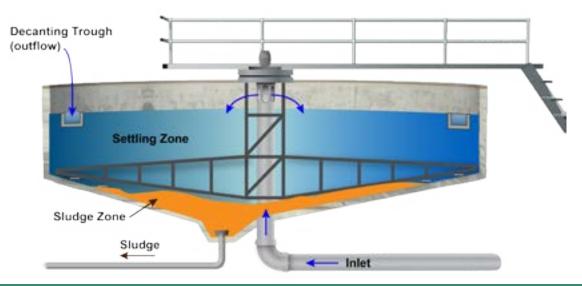
Description

The water treatment system is a collection of subsystems used to produce makeup water at a sufficient quality and volume for boiler and cooling system operation at a facility. Water is brought into the system as wastewater from a local water treatment plant, filtered and treated to meet quality requirements used to support site makeup requirements, then returned to the water treatment facility.

The water first arrives into the raw water system as treated wastewater or grey water. The water is put through the clarification processes to remove suspended solids and increase clarity, and sent to the service water system.

Learning Objectives

- □ Describe an overview of water treatment processes.
- □ Describe major industrial applications.
- ☐ Describe the major water treatment processes.
- ☐ Describe the advantages and disadvantages of water treatment.



Raw Water Treatment



The Raw Water Treatment sub-series discusses Sedimentation, Clarification and Disinfection, processes which are an essential part of raw water treatment systems.

Clarification

Course #WT0301 Description

The raw water system receives treated water, or grey water, from a water treatment plant. The incoming water is clarified to remove suspended solids and stored onsite where it is used by the service, fire, and demineralized water systems at the facility. The solids are removed, dewatered and collected for efficient removal.

Learning Objectives

- ☐ Describe clarification.
- $\hfill \square$ Discuss the theory of operation.
- $\hfill \square$ Describe the sampling process.

Seat Time: 30 min

Sedimentation

Course #WT0302

Description

The purposes of the sedimentation process are to remove suspended solids, or particles, which are denser, or heavier, than water and reduce the load on the filters. The suspended solids may be in their natural state, such as bacteria, clays or silts, modified or preconditioned by prior treatment in the coagulation-flocculation process to form floc, or precipitated impurities, such as hardness and iron precipitates formed by the addition of chemicals.

Learning Objectives

- □ Describe sedimentation.
- Describe sedimentation basins.
- ☐ Discuss the theory of operation for sedimentation basins.
- □ Describe the factors that affect performance.
- ☐ Describe sampling and analysis of sedimentation.

Seat Time: 30 min

Disinfection

Course #WT0303

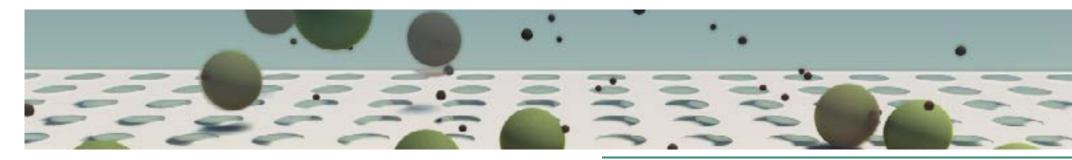
Description

One of the cleansing processes in the treatment of safe water is called disinfection. Disinfection is the selective destruction of pathogenic organisms, not to be confused with sterilization. Sterilization is the complete destruction of all organisms. In the United States, the Environmental Protection Agency is responsible for setting drinking water standards and ensuring their enforcement. The Safe Drinking Water Act and its amendments contain specific maximum allowable levels of substances known to be hazardous to human health.

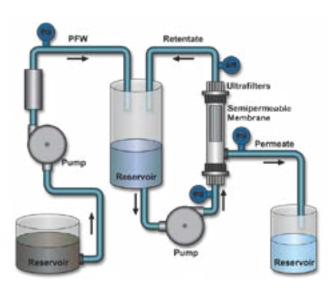
Learning Objectives

- ☐ Discuss the disinfection processes.
- ☐ Describe selection criteria.
- □ Discuss chlorination.
- ☐ Describe ultraviolet systems.
- ☐ Describe ozone systems.

Basic Water Purification



The Basic Water Purification subject area covers three processes, commonly used in modern water filtration systems: Media filtration, Water Softening and Ultrafiltration.



Water Softening

Course #WT0201

Description

The presence of certain ions in water causes problems such as buildup of limescale, fouling, galvanic corrosion, and interference with the action of soaps.

Water softening is the removal of those ions. The resulting water extends plumbing and equipment lifetime and is more compatible with soap.

Learning Objectives

- ☐ Describe water softening.
- ☐ Discuss water softening terminology.
- ☐ Describe major water softening components.
- ☐ Discuss the theory of operation for water softening systems.
- $\hfill \square$ Describe common water softening applications.

Seat Time: 30 min

Media Filtration

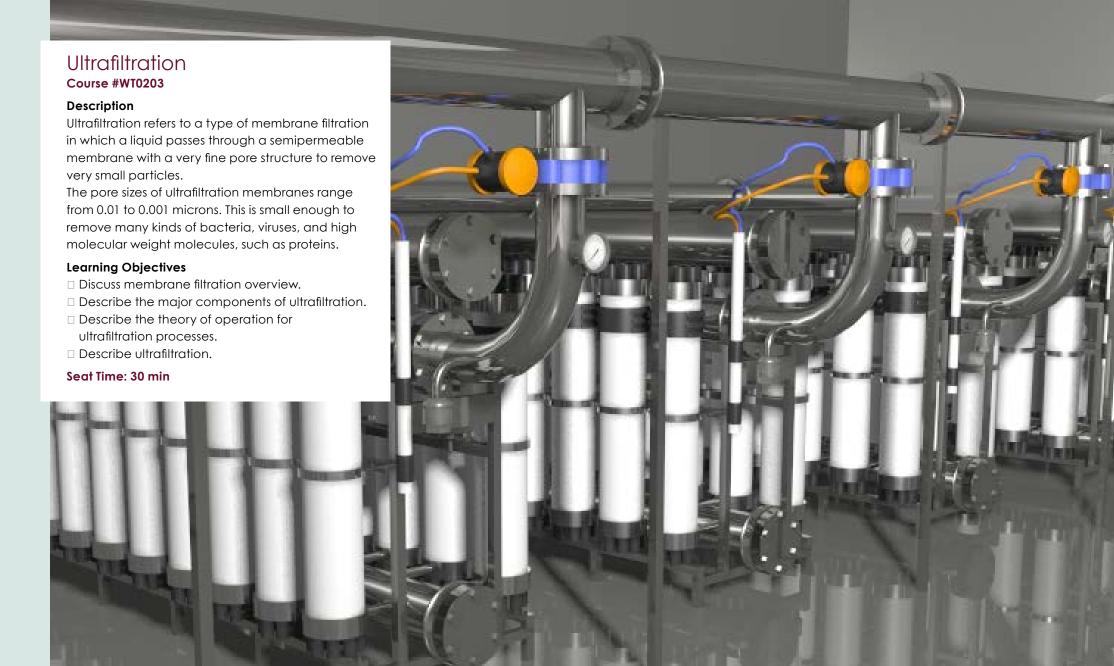
Course #WT0202

Description

Filtration is an important process in water treatment systems. It is the physical and chemical process in which impurities are removed from the water by passing it through a substance.

Learning Objectives

- ☐ Describe media filtration.
- □ Discuss water filters.
- $\hfill\square$ Describe factors that affect the filtration process.
- ☐ Discuss cartridge and screen filters.
- $\hfill\square$ Describe single and mixed media bed filters.
- ☐ Discuss activated charcoal filters.



Advanced Water Purification



The advanced Water Purification subject area covers purification methods and technologies which produce high purity water to meet the strict requirement of many industries including the pharmaceutical, food and power generation industries.



Reverse Osmosis

Course #WT0401

Description

Hemodialysis patients are at risk of death whenever there are contaminants in the dialysis water. Reverse osmosis, also referred to as RO, offers a way of achieving the desired water quality.

Applications worldwide include desalination and power plants as well as food and pharmaceutical industries, which require water of a specific quality. In the last decades, RO has become a popular water treatment technique; therefore, understanding RO systems is important for anyone working in industry.

This module discusses the principles of reverse osmosis as well as its advantages and disadvantages.

Learning Objectives

- ☐ State the purpose of reverse osmosis.
- ☐ Describe the principles of reverse osmosis.
- □ Describe the industrial applications.
- ☐ Describe the advantages and disadvantages of reverse osmosis.

Seat Time: 30 min

Resin Bed Demineralizers

Course #WAT0402

Description

Water treatment is vital to minimizing the effects caused by impurities and foreign particles, which include fouling and corrosion that result in lower system efficiency and equipment failure.

Resin bed demineralizers are commonly used in water treatment processes to remove impurities from

water treatment processes to remove impurities from water through the exchange of ions between the feedwater and a solid substance, called a resin.

Learning Objectives

- □ Discuss resin bed demineralizers.
- ☐ Describe an overview of demineralization.
- ☐ Discuss the types of demineralization processes.
- ☐ Describe major demineralization components.
- ☐ Discuss theory of operation for demineralization processes.
- ☐ Describe advantages and disadvantages of demineralization.

Seat Time: 30 min

Electronic Deionization

Course #WAT0403

Description

Electronic deionization, or EDI, removes dissolved impurities by combining two water treatment methods: electrodialysis and ion exchange. EDI produces very high quality water without chemical regeneration. The absence of chemicals has made it a popular method for obtaining the ultra-pure deionized water required for numerous industrial processes.

Learning Objectives

- ☐ Discuss electronic deionization.
- $\hfill \square$ Describe the advantages of electronic deionizers.
- □ Describe major electronic deionizer components.
- ☐ Discuss the theory of operation for electronic deionizers.
- ☐ Discuss electronic deionizer maintenance.
- Describe industrial electronic deionizer applications.



Water and Wastewater Treatment Series

Drinking Water Fundamentals



The Drinking Water Fundamentals subject area covers methods and technologies for disinfecting, distributing, and filtering water systems and how these are used in industrial applications.

Drinking Water Fundamentals Course #WAT0501

Description

Water is essential to life. A human can only survive 5-7 days without water. However, consuming contaminated water can cause disease and death.

Learning Objectives

- ☐ Describe the responsibilities of the water supply facility.
- ☐ Describe the different classifications of water systems.
- □ Discuss three types of water.
- ☐ Explain the Hydrologic Cycle.
- $\hfill \$ List three types of groundwater aquifers.

Seat Time: 30 min

Drinking Water Distribution Systems

Course #WAT0502

Description

The primary purpose of a water distribution network is to deliver adequate volumes of safe drinking water to system customers at adequate pressures.

Another important purpose of a distribution network is to provide adequate fire hydrant flows to areas of the system.

Learning Objectives

- ☐ Identify the key components of a distribution network.
- ☐ Describe the primary purpose of each distribution network component.
- $\ \square$ Discuss the four types of distribution storage facilities.
- □ Identify some types of distribution system water quality issues.

Seat Time: 30 min

Drinking Water Disinfection Course #WAT0503

Description

The purpose of disinfection is to remove, kill, or inactivate most microorganisms, including pathogenic bacteria, in a raw water supply.

Residual disinfection is the process of maintaining a disinfectant level in the treated or finished water supply throughout a system to ensure that regrowth of pathogenic microorganisms will not occur.

Learning Objectives

- $\hfill \square$ State the purpose of water disinfection.
- $\hfill \square$ Describe gas chlorination for disinfection.
- ☐ Discuss hypochlorite as a disinfectant.
- ☐ Explain what ultraviolet disinfection is and how it works.
- ☐ Explain what ozone disinfection is and how it works.

Filtration I

Course #WAT0504

Description

The purposes of the filtration include: compliance with treatment technique regulatory requirements; targeting impurities; and producing safe and aesthetically pleasing drinking water. The type of filtration used for water treatment depends on the initial quality of the raw water to be treated, the size of the facility, and the customer base served. In this module, Filtration I, the following types of filtration will be discussed:

- Conventional Filtration
- Direct Filtration
- Diatomaceous Earth, or DE, Filtration

Learning Objectives

- ☐ Identify the purposes of filtration.
- ☐ Describe conventional filtration.
- ☐ Explain direct filtration.
- ☐ Discuss diatomaceous earth filtration. of reverse osmosis.

Seat Time: 30 min

Filtration II

Course #WAT0505

Description

The purposes of the filtration include:

- Compliance with treatment technique regulatory requirements
- Targeting impurities
- Producing safe and aesthetically pleasing drinking water

The type of filtration used for water treatment depends on the initial quality of the raw water to be treated, the size of the facility, and the customer base served. In this module, Filtration II, the following types of filtration will be discussed:

- Slow Sand Filtration
- Bag and Cartridge Filtration
- Membrane Filtration

Additional types of filtration are covered in Filtration

Learning Objectives

- ☐ Describe slow sand filtration.
- □ Explain bag filtration and cartridge filtration.
- ☐ Discuss membrane filtration.

Seat Time: 30 min

Corrosion Control Treatment

Description

Corrosion in water distribution systems can impact consumers' health, water treatment costs, and the aesthetics of finished water. Techniques for controlling corrosion include distribution and plumbing system design considerations, water quality modifications, corrosion inhibitors, cathodic protection, and coatings and linings.

Learning Objectives

- $\hfill \Box$ Explain corrosion in water distribution systems.
- □ Identify corrosion control chemicals.
- $\hfill \square$ Discuss chemical feed systems.

Seat Time: 30 min

Inorganics Removal

Course #WAT0507

Description

Water containing non-degradable inorganic pollutants usually comes from both industrial and residential sewage, commercial sources, and other industries where waste is produced. Some of these biologics could break down naturally if given enough time; however, with the volume of waste produced in this day in age, processes have been developed to help nature maintain the balance needed to mitigate health concerns. Many of the techniques used to treat the non-degradable inorganic pollutants and biological methods are favored because of their efficiency and economic properties.

Learning Objectives

- ☐ Explain the difference between primary and secondary inorganic contaminants.
- $\hfill \Box$ List basic types of inorganic contaminant removal processes.
- ☐ Discuss how inorganic treatments are used.



Water and Wastewater Treatment Series

Organics Removal

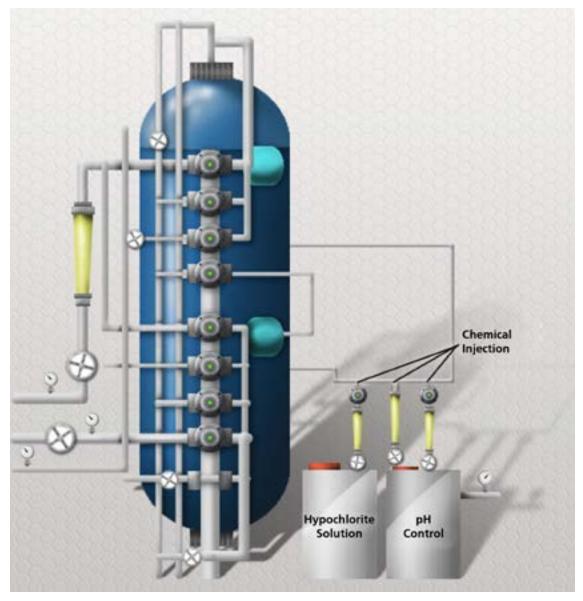
Course #WAT0508

Description

Water containing degradable organic pollutants usually comes from both industrial and residential sewage, commercial sources, and other industries where waste is produced. These biologics could break down in the naturally given enough time, however with the volume of organics produced at this day in age, processes have been developed to help nature maintain the balance needed to mitigate health concerns. Many of the techniques used to treat the degradable organic pollutants, and biological methods are favored because of their efficiency and economic properties.

Learning Objectives

- $\hfill \Box$ List the four basic elements in organic chemicals.
- ☐ Identify the key methods of control and treatment.
- ☐ Explain the five components of source control.
- $\hfill \square$ Identify different types of aeration equipment.
- $\hfill \square$ Discuss the process of adsorption.



Water and Wastewater Treatment Series

Wastewater Treatment



The Wastewater Treatment subject area covers methods and technologies for processing and removing impurities from wastewater and how these are applied in industrial settings.

Introduction to Wastewater Treatment

Course #WAT0601

Description

Wastewater treatment is the process used to convert wastewater into an effluent that can be either returned to the water cycle with minimal environmental issues or reused for residential or industrial purposes. Treatment is the act of removing impurities from water being treated. The treatment of wastewater occurs at a wastewater treatment plant.

Learning Objectives

Describe the purpose of wastewater treatment.
Identify the process steps in primary treatment.
Identify the process stages in secondary treatment.

- ☐ Describe the purpose of advanced treatment.
- ☐ Describe the two options available in the disinfection process.
- ☐ Describe the methods of sludge stabilization.

Seat Time: 30 min

Disinfection and Chlorination Course #WAT0602

Description

Disinfection and chlorination is an important part of the wastewater treatment. The raw wastewater is teeming with bacterial and parasitic diseases which cannot be released into the public waterways.

Learning Objectives

- $\hfill \square$ State the purpose of disinfecting wastewater.
- ☐ List the alternative ways in which chlorine feed can be controlled.
- $\hfill \square$ Describe an effective chlorine safety program.
- ☐ Identify equipment related to a gas feed system.

Seat Time: 30 min

Effluent Polishing

Description

As more demands are placed on our water resources, the need to have cleaner water is becoming more important. Also, as more water users discharge their wastewater to the water resources, the quality of the effluent from each user needs to be cleaner to prevent any further reduction in the quality of the receiving water resources. Consequently, the discharge permits that specify the quality of the effluent discharged by the permit holder now contain more stringent conditions.

These stricter discharge requirements often require the treatment plant to provide additional facilities beyond secondary treatment known as tertiary treatment.

This advanced treatment can be accomplished by a variety of methods such as coagulation, sedimentation, sand filtration, reverse osmosis, and extending secondary biological treatment to further stabilize oxygen-demanding substances or remove nutrients. In various combinations, these processes can achieve any degree of pollution control desired.

Learning Objectives

□ Identify four types of filtration methods.
 □ Describe a typical jar test procedure.
 □ Discuss the four types of distribution storage facilities.

□ Identify the major components of a physical-chemical treatment system.

Seat Time: 30 min

Chemical Feed Systems

Course #WT0604

Description

Chemical feed systems come in a variety of types including dry, liquid, gas, and polymer feed systems. They all perform the same overall function of adding chemicals to the wastewater to perform the required treatment.

Learning Objectives

☐ Define feed rate.

 \square Define flow rate.

 $\ \square$ Identify four types of chemical feed systems

Seat Time: 30 min

Laboratory Overview

Course #WAT0605

Description

The laboratory serves a crucial function in the wastewater treatment process. It increases the efficiency in every part of the process and verifies that the process is removing the required amount of waste in the water.

Learning Objectives

□ Identify common laboratory equipment.

 $\hfill \square$ Define common terms used in the laboratory.

☐ Describe safe work practices used in the laboratory.

Seat Time: 30 min

Odor Control

Course #WAT0606

Description

Odor generation is a common problem at wastewater treatment plants. In addition to the problems odors can create for personnel and equipment, odors can adversely impact the community surrounding the treatment plant. Not only is this a problem for the community, but it also puts a strain on treatment plant resources to solve the problem and appease the community.

Learning Objectives

☐ Identify the source and general types of wastewater odors.

 $\hfill \$ List three potential impacts of odors.

 $\ \square$ Describe three methods for solving odor problems in the air.

Seat Time: 30 min

Rotating Biological Contractors Course #WAT0607

Description

Rotating Biological Contactors, or RBCs, are an example of a Fixed Film process, which is a biological treatment process where the microorganisms attach themselves to structures known as media. The biodegradable organics are removed from the wastewater as it flows past and over the media containing the attached microorganisms.

Learning Objectives

 $\hfill \Box$ Describe the process of biological treatment in a Rotating Biological Contactor.

 $\ \square$ Explain the factors affecting the performance of Rotating Biological Contactors.

 $\ \square$ Discuss the advantages and disadvantages to using Rotating Biological Contactors.



Activated Sludge I

Course #WAT0608

Description

Activated sludge consists of sludge particles, teeming with living organisms and produced in either raw or settled wastewater by the growth of organisms (which include bacteria), in aeration tanks where dissolved oxygen is present.

Learning Objectives

- Describe the activated sludge process and its control variables.
- $\hfill \Box$ Explain the purpose and methods of aeration.
- ☐ Describe plant safety procedures around an aeration tank.
- ☐ List six common process operational problems.

Seat Time: 30 min

Activated Sludge II

Course #WT0609

Description

Modifications to the process can be made in an existing system or in the design process of a new system. Potential operational benefits of modifying the conventionally activated sludge system include:

- Increasing organic loading.
- Providing additional nutrients required for proper treatment.
- Accommodating flow rate or organic loading that varies seasonally.
- Achieving nutrient removal.

Another reason for modification of the process is to provide a treatment system that is suitable to the available site conditions. For example, extended aeration systems, especially oxidation ditch configurations, require more space than conventional systems. Alternately, where space is limited, a pure oxygen system or a complete mix configuration would be more suitable.

Learning Objectives

- ☐ List and explain other common modifications of operating the activated sludge process.
- ☐ Explain the basic operating principles of Sequencing Batch Reactors.
- □ Describe the stages of operation for a Sequencing Batch Reactor.
- $\hfill \Box$ Describe important process control considerations for a Sequencing Batch Reactor.

Seat Time: 30 min

Solids Handling and Disposal

Course #WT0610

Description

Solids from the primary clarifier (primary sludge) and secondary clarifier (secondary sludge) contain large volumes of water.

This increased amount of water increases the overall volume of sludge that must be handled, increasing the size of the equipment, such as digesters, that must be installed.

To decrease this volume, the sludge can be thickened. Essentially, this results in an increase in the concentration of solids and a decrease in the total volume that must be handled in subsequent processes.

Learning Objectives

- ☐ List and describe the various methods used for sludge thickening.
- ☐ Describe the purpose of digestion and how the anaerobic digestion process works.
- ☐ Identify the main differences between anaerobic and aerobic digestion.
- ☐ Indicate and describe the various methods for processing, dewatering and disposing of sludge

Treatment Ponds and Lagoons Course #WT0611

Description

Ponds and lagoons have been used for hundreds of years and a variety of purposes. In ancient times, organic wastes were intentionally added to ponds to stimulate the growth of algae, which acted as a food supply to increase fish populations for harvesting. Initially, the first wastewater collection systems simply discharged wastes into the nearest body of water. The volume of wastewater increased as populations increased, and clean water bodies were negatively impacted. The need to isolate wastewater from other water sources became apparent. Therefore, treatment ponds were created to protect clean water sources by separating wastewater.

Learning Objectives

 Describe why ponds are used in wastewater treatment.

 \Box Identify three (3) types of ponds.

□ Discuss the advantages and disadvantages of using ponds for treatment.

 $\hfill \Box$ Describe how the dissolved oxygen level in a pond impacts its operation.

Seat Time: 30 min

Trickling Filters

Course #WT0612

Description

Trickling Filters are a unique type of fixed film biological treatment. In a trickling filter, the microorganisms used to treat the wastewater are attached, or fixed, to a medium as they contact the wastewater. Wastewater applied to a trickling filter has already passed through a mechanical bar screen and/or primary clarifiers. Wastewater is distributed over the top of the medium and slowly trickles through it. The biological growth is attached to the media. This is in contrast to "suspended growth" biological treatment, where the microorganisms float freely in the wastewater. Trickling filter effluent always passes through a clarifier to allow for capture of solids generated as a result of treating the wastewater. Although these units are referred to as "trickling filters," no physical filtration actually occurs. Instead, contaminants are removed by biological processes.

Learning Objectives

- □ Describe the process and operation of a trickling filter.
- ☐ List three abnormal operating conditions typically encountered in a trickling filter facility.
- ☐ List and describe five normal maintenance tasks required for trickling filters.
- $\hfill \Box$ Identify five daily operations inspections appropriate for trickling filters.

Seat Time: 30 min

Wastewater Collection System

Course #WT0613

Description

The collection of wastewater is the first step in the wastewater treatment process. A variety of methods are used throughout the world to collect and transport wastewater to a treatment facility.

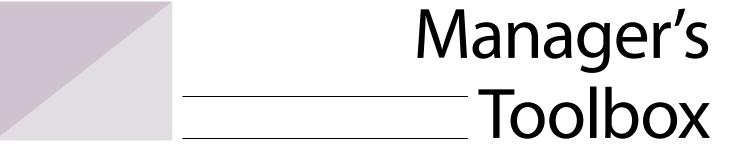
Learning Objectives

- ☐ Describe three types of collection systems.
- ☐ Identify the different types of pumping stations.
- ☐ Describe the components of pumping stations.



Sampling Supplemental Removal Course #WT0614 Course #WT0615 Description Description In order to analyze a sample, it must first be Phosphorus and nitrogen are essential nutrients collected. While this may seem obvious, the for algae growth. The discharge of phosphorus importance of collecting a representative and nitrogen, along with other essential nutrients, sample cannot be overstated. If the sample is not stimulates algae growth in the streams receiving the representative, the analysis is worse than useless; wastewater discharge. Algae causes taste and odor it could be misleading and result in changes in problems, is aesthetically unpleasing and, most treatment that are unnecessary and potentially importantly, creates enormous oxygen demand when algal bloom dies off. Depletion of oxygen damaging to the treatment process. caused by the dying algal blooms is responsible The most important part of the analytical process is for fish kills and other significant disruptions of the the collection of representative samples. Many lab aquatic environment. For these reasons, regulatory agencies often regulate the amount of phosphorus errors are the result of improper sampling. The goal of sample collection is to collect a sample that is allowed in wastewater discharges. truly representative of the conditions that exist at the **Learning Objectives** time of collection. ☐ Identify two distinct technology options for **Learning Objectives** removing phosphorus from wastewater. ☐ Identify Sample Analysis Techniques. ☐ Identify three distinct technology options for ☐ Explain the importance of sampling time. removing nitrogen from wastewater. ☐ Describe the importance of sampling. Explain the purpose and process of Nitrification. ☐ List common laboratory analyses performed in □ Explain the purpose and process of Denitrification. wastewater treatment. ☐ Explain why quality control is important. Seat Time: 30 min Seat Time: 30 min







Skilled management is integral to the success of projects, teams, divisions, and companies overall. The Manager's' Toolbox series is designed to engage both potential and current managers in a wide variety of management principles to develop and increase their capabilities. Topics discussed in this series include quality, personal development, finance, maintenance, organization, and sustainability.

Green Sustainability



The Green Sustainability subject area focuses on the information necessary for green building as well as the environmental and cost benefits.

Concepts in Green Purchasing

Description

This module defines green purchasing and discusses how to achieve green purchasing. It also covers how to explain the EPA's DfE program.

Learning Objectives

- ☐ Define green purchasing.
- ☐ Describe how green purchasing is achieved.
- ☐ Explain the EPA's DfE program.

Seat Time: 30 min



Energy Ratings and Audits Defined

Course #MT0102

Description

This module teaches the importance of energy audits and certification of buildings. It also covers how global climate issues affect insurance, and describes common energy standard organizations.

Learning Objectives

- □ Explain why energy efficiency audits and certification of buildings is important.
- Explain how global climate issues affect insurance.
- $\hfill \square$ Describe common energy standard organizations.

Seat Time: 30 min

Energy-Efficient Systems Course #MT0103

Description

This module covers some of the advantages of energy-efficient systems. It also reviews examples

of how some energy-efficient systems can save resources.

Learning Objectives

- ☐ Discuss the advantages of energy-efficient systems.
- ☐ Describe examples of energy-efficient systems.

Seat Time: 30 min

Green Building Adding to the Bottom Line

Course #MT0104

Description

This module identifies economic facts about green building. It also discusses the economic benefits of green building.

Learning Objectives

- $\hfill \square$ Identify economic facts about green building.
- ☐ Describe the economic benefits of green buildings that meet LEED® Gold certification.

Green Building and Renovations Defined

Course #MT0105

Description

This module covers how to define "green" building and renovations.

Learning Objectives

☐ Define "green" building and renovations.

Seat Time: 30 min

Green Certification and Standards

Course #MT0106

Description

This module describes LEED green certification categories. It also identifies common green building standards.

Learning Objectives

☐ Identify LEED® green building certification levels.

☐ Describe Green Building Standards



Maintenance Management



The Maintenance Management subject area gives an overview of maintenance as well as focusing on parts maintenance, maintenance programs and preventative maintenance.



Condition-Based Maintenance

Description

Condition-based Maintenance, or CBM, is the process of measuring and analyzing a parameter that has a direct relationship to the health, or operational, condition of equipment. The goal of CBM is to identify and correct equipment degradation prior to failure. CBM is also known as condition monitoring, or performance monitoring, or Predictive Maintenance, which is abbreviated as PdM. There are a wide range of predictive technologies that support CBM.

Learning Objectives

- □ Describe the purpose of CBM.
- ☐ Explain the main types of monitoring.
- ☐ Identify the best practices to implement a CBM program.

Seat Time: 30 min

Introduction to Maintenance

Course #MT0202

Description

Whether a ship at sea, a car in your driveway, or an 800 MW electrical generator at a power plant, all equipment is subjected to wear. Sometimes the wear is in the form of corrosion from exposure to chemicals or harsh atmospheric conditions. Sometimes it is due to friction or heat. Continued wear eventually results in failure of the equipment. Equipment is designed to perform a specific function over a defined time period. Excessive wear reduces the lifespan, causing early failures. Whatever the cause, it is the inspection, repair, and replacement of components, known as maintenance, that keeps the equipment running.

Learning Objectives

- ☐ State the purpose of maintenance.
- $\hfill \square$ Describe three types of equipment failures.
- ☐ Identify the three primary types of maintenance.

Parts Management and Inventory Control

Course #MT0203

Description

Parts management and inventory control are essential parts of every industry. Decisions concerning parts and inventory must involve an effective management program. Without this program, major shutdowns, diminished safety, lost costs, and environmental crisis may plague your business.

Learning Objectives

- ☐ State the reasons for managing spare parts and indirect materials.
- ☐ Describe the procurement process and associated issues.
- ☐ Identify the major areas of the warehousing and logistics processes.

Seat Time: 30 min

Preservation

Course #MT00204

Description

Numerous items may be required to be kept in storage for many years. It is essential that proper methods of storage and preservation be applied so that items do not deteriorate, lose some of their properties, and/or become unusable.

Learning Objectives

- ☐ Describe preservation.
- ☐ Identify major factors that influence deterioration of stored materials.
- □ Explain various methods of cleaning, preserving, and storing materials.

Seat Time: 30 min

Preventive Maintenance Programs

Course #MT0205

Description

Periodic maintenance, performed to extend the life of equipment and reduce operating costs, is known as preventive maintenance. When you change the oil in your car, it is preventing premature failure of the engine. Your mechanic may tell you to change it every 3000 miles. Where does this number come from?

Learning Objectives

- $\hfill \square$ State the purpose of preventive maintenance.
- Describe the basic steps for developing a preventive maintenance program.
- □ Describe the process to implement a PM program.

Seat Time: 30 min

Workflow and Controls

Course #MT0206

Description

An important part of maintenance is a structured control program. This program provides a means to provide instructions for the maintenance technician through work orders. Work order results are recorded to provide a history of performance both of the technician and of the equipment. Performance of maintenance is scheduled for equipment access, cost control, and to maximize equipment uptime. Planning the performance of jobs allows prestaging of parts, tools, and even pre-briefing of technicians on performance of work to increase efficiency. Tracking of performance through a series of key performance indicators will allow continuous improvement of the maintenance organization.

Learning Objectives

- □ Identify the purpose and types of work orders.
- $\hfill \square$ Describe the planning and scheduling process.
- Identify key performance indicators used in maintenance.

Organization-Based Maintenance



The Organization-Based Maintenance subject area focuses on the importance of maintenance through all areas of industry, including physical assets, employee education regarding maintenance, and workplace environments.



Overview of Reliability Centered Maintenance

Course #MT0301

Description

Reliability centered maintenance, or RCM, can be broadly defined as a maintenance planning process used to determine the maintenance requirements of physical assets in an operating environment.

This module explores the features of the RCM process and key aspects of the methodology to implement it.

Learning Objectives

- ☐ Describe the distinct features of Reliability Centered Maintenance.
- ☐ State the steps needed to implement an RCM program.
- □ Indentify the major steps of the RCM methodology.

Seat Time: 30 min

Total Productive Maintenance Course #MT0302

Description

Effective maintenance planning, particularly proactive planning, is tantamount to success in the modern workplace. Ensuring employees understand how to care for their equipment day to day and during infrequent operations and maintenance will extend its lifecycle and lessen wear. An effective maintenance planning program can minimize unplanned facility downtime and be coordinated with operations to save money during planned shutdowns.

Learning Objectives

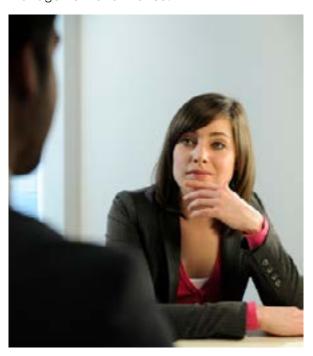
- ☐ Explain the reasoning and processes behind total productive maintenance.
- ☐ Describe six pillars of the total productive maintenance strategy.
- ☐ Identify the nine major equipment efficiency and quality losses.
- $\hfill \square$ Identify the five major worker efficiency losses.



Personal Effectiveness



The Personal Effectiveness subject area focuses on the skills necessary for optimal employee performance, including coaching, delegation, communication, group decision making, project management and finance.



Coaching

Course #MT0401

Description

The textbook definition of a coach is "one who instructs or trains," though it's really much more than that. Coaching is an ongoing exchange between two people during which one imparts knowledge and experience to the other through a positive and supportive emotional bond. When successful, coaching is beneficial for both parties in many ways. Although, there are many different types of coaching, this module will focus on business coaching.

Learning Objectives

- $\hfill \square$ Understand the benefits of coaching.
- □ Recognize when you should coach.
- ☐ Improve your coaching approach.
- $\hfill \Box$ Avoid common coaching mistakes.

Seat Time: 30 min

Delegation

Course #MT0402

Description

The ability to successfully delegate projects is the most important skill a leader can possess. Delegation isn't just a matter of telling other people what to do. It is a development tool that will, when used correctly, save you time, develop and empower your team, and encourage promotion. In this module you will learn a few basic techniques to delegate tasks more efficiently and ensure that you are giving the right jobs to the right people.

Learning Objectives

- ☐ Describe the necessity of delegation.
- □ Successfully delegate.
- \square Effectively manage delegation.
- $\hfill \hfill \hfill$

Effective Listening in the Workplace

Course #MT0403

Description

The most significant way to improve communication in the workplace is to recognize the importance of listening as the most valuable element of interpersonal communication skills, and make it an integral part of your team's environment. Active listening goes well beyond the act of simply hearing. It is a technique which involves giving the speaker your undivided attention without interrupting, and observing their body language for non-verbal messages. This module is designed to teach you the basics of effective listening and solutions to common mistakes in the verbal communication process.

Learning Objectives

- □ Practice key behaviors for active listening.
 □ Recognize different communication styles.
 □ Avoid verbal communication mistakes.
- Seat Time: 30 min

Group Decision Making

Course #MT0404

Description

Every day, managers are faced with various decisions that concern both their employees and customers. Some decisions are simple, such as assigning tasks, while others are more difficult, such as finding a new supplier or cutting expenses. Understanding that decision making can be a process instead of a single event allows managers to attack problems of varying complexity with an arsenal of analytical tools and diverse perspectives.

Learning Objectives

- ☐ Identify and describe phases involved in the decision-making process.
- $\hfill \square$ Define the guidelines for effective communication.
- Identify commonly encountered obstacles.Prove final decisions meet initial expectations.
- Seat Time: 30 min

Effective Written Communications

Course #MT0405

Description

Effective Communication, particularly through the written word, is tantamount to success in the modern workplace. Flawless communication helps build teams who share trust and respect. It also fosters learning and develops a forum for sharing ideas and reaching a common goal. By learning a few basic writing rules – and learning to use clear, concise language – you can become a more effective communicator.

Learning Objectives

- ☐ Follow the PASS model to construct more effective emails.
- ☐ Use the five elements of Effective Communication─ TIARA when composing an email.
- ☐ Avoid errors with Ten Tips for Better Business Writing.

Seat Time: 30 min

Basic Business Finance

Course #MT0406

Description

In the business world, there are many different areas that must be considered in the management of daily activities and long-term planning. These areas include facilities and equipment, safety, regulations, product shipping, information handling, supplier and employee issues, and the financial needs of the company. Since the accounting and financial side of the business is so important to the handling of other issues, we need to understand how it functions.

Learning Objectives

- ☐ Identify the most common asset, liability, and equity accounts.
- ☐ Identify the four major financial statements.
- ☐ Describe auditing, both internal and external, and the components of financial reporting.

Seat Time: 30 min

Procedure Writing Best Practices

Course #MT0407

Description

Procedure writing is both an art and a science. Well written procedures reduce the number of errors and omissions in operations and maintenance, as well as assist less experienced personnel to perform complex tasks efficiently and effectively.

Learning Objectives

- ☐ Identify the three characteristics of a valid procedure.
- ☐ Explain the basic principles that underlie effective procedure writing.
- ☐ Describe each basic principle required to write procedural steps and instructions.

Quality and Process Improvement



The Quality Process and Improvement subject area focuses specifically on all phases of the six sigma process improvement project. It also covers company strategies for success, quality management, statistical process controls and the lean manufacturing process.



Balanced Scorecard

Course #MT0501

Description

In the 1990s, companies were looking for ways to transition from the Industrial Age to the competitive Information Age. As organizations attempted to compete, they tried a variety of methods-Total Quality Management, Lean Production, Employee Empowerment, and Reengineering- each with varying levels of success. The Balanced Scorecard method was derived from companies' visions and strategies for success.

Learning Objectives

- ☐ State the purpose of the balanced scorecard process.
- $\hfill \square$ Describe the four parts of a balanced scorecard.
- Explain the steps for implementing a balanced scorecard system.

Seat Time: 30 min

Introduction to Lean

Course #MT0502

Description

Lean production, or simply "lean," is a manufacturing process approach that considers resources wasted when used for anything but adding value to a product as seen by the customer. While many industries can benefit from the introduction of lean concepts, this presentation will focus on the maintenance operations within a business.

Learning Objectives

- Understand lean production, including waste management techniques and the eight types of waste.
- □ Discuss the implementation process of the lean system, the changes involved in a process, and its benefits to a business.
- ☐ Identify the foundations for lean production, including its associated difficulties.



Introduction to DMAIC

Course #MT0506

Description

Six Sigma is a scientific methodology used to improve customer satisfaction and reduce product variation. Six Sigma can be broken down into different areas of focus, such as process improvement, process generation, and process management. In this module, the process improvement area of Six Sigma, known as DMAIC, will be discussed.

Learning Objectives

- ☐ Discuss the phases of DMAIC.
- □ Define the Problem.
- □ Measure Performance.
- ☐ Improve the Process.
- ☐ Control Performance.

Seat Time: 30 min

DMAIC Tools I

Course #MT0504

Description

DMAIC is an acronym that stands for Define, Measure, Analyze, Improve, and Control. These are the phases of a Six Sigma process improvement project. Various analytical methods are available to a Six Sigma team for discovering problems, analyzing situations, and improving business processes.

Learning Objectives

- ☐ Describe the tools used in the Defining the Problem phase.
- Describe the tools used in the Measuring Performance phase.
- ☐ Identify detrimental work practices.
- Describe the tools used in the Analyze
 Opportunity phase.

Seat Time: 30 min

DMAIC Tools II

Course #MT0505

Description

Developing and applying solutions to known root causes can be simplified through various techniques, some of which will be discussed in this module. It is important to know what techniques to use for each situation if the project is to achieve optimal efficiency and success.

Learning Objectives

- ☐ Describe the tools used in the DMAIC phases.
- ☐ Improve the process.
- ☐ Control performance.





Statistical Process Control Course #MT0507

Description

Statistical Process Control is a system that employs methods of statistical analysis for determining and monitoring process variability. Statistical Process Control, or SPC, was developed by Dr. Walter Shewhart in the 1920s and later further pioneered by Dr. W. Edwards Deming. SPC is used for process monitoring to determine areas of process instability. SPC also serves as an early detection system to predict future performance.

Learning Objectives

- $\hfill\square$ Explain the two types of Variation in a process.
- $\hfill \Box$ Define Normal Distribution as it applies to SPC.
- $\hfill \square$ Discuss types of Control Charts.
- ☐ Discuss the purpose behind rational sub-groups.
- ☐ Discuss tools used in SPC.

Seat Time: 30 min

Total Quality Management Course #MT0508

Description

Total Quality Management, or TQM, is a concept focused on ensuring that quality in production and services remains a driving force in the business model. TQM was the first philosophy to focus on quality from the customer's point of view as the driving factor for an organization's definition of product quality.

Learning Objectives

- ☐ State the purpose of Total Quality Management.
- □ Describe the four categories of quality costs.
- □ Describe the continuous improvement cycle.
- $\hfill \square$ Discuss the purpose behind rational sub-groups.
- ☐ Describe the seven concepts of the total quality management philosophy.

Workforce Training and Development



The Workforce Training subject area focuses on creating an effective workplace through training. It covers various training methods as well as the ADDIE model.

Design of Effective Workplace Learning

Course #MT0601

Description

The Design phase of the ADDIE model uses the task performance information collected during analysis to specify, in measurable terms, the knowledge, skills, and abilities that training will develop in the employee. Job performance measures are prepared for each task. Defining how individual tasks are performed focuses training development efforts and supports in-plant training and qualification.

Performance objectives are developed for groups of task-related knowledge and skills. The performance objectives define what action the employee must perform, under what conditions, and to what standard. Tests are produced to ensure that the objectives are evaluated in a reliable

manner. Design ends with development of a training plan. The work product from the design phase is the Content Design Document, or CDD, that is used as the basis for content development.

Learning Objectives

- ☐ Describe how to write performance-based enabling objectives.
- ☐ Explain how to design a learning strategy based on the learning objectives.
- Describe the primary factors to consider when selecting a learning strategy.

Seat Time: 30 min

Implementation of Workplace Learning

Course #MT0602

Description

Implementation is the process of putting training programs into operation. It begins by activating the training plan, specific to the learning strategy.

For example, for instructor-led programs, instructors are selected and trained, and the availability of

employees, facilities, and resources is confirmed. Facilities are evaluated and prepared for instruction, and the material fulfillment process is initiated to ensure participant materials are printed, bound, and shipped in a timely manner.

Implementation of eLearning programs are more focused on selected platform deployment and assignment of the learning to the target audience.

Learner assignment, management, and tracking are accomplished through the platform. However, in some cases, the platform for a specific client has not been selected or needs to be evaluated for suitability for the type of online content to be deployed.

Learning Objectives

- ☐ Describe the Implementation phase of the ADDIE model.
- ☐ Identify best practices and common challenges for launching blended learning programs.
- ☐ Describe the benefits of implementing a blended learning program.

ISD Overview

Course #MT0603

Description

The ISD Overview module covers the types of ISD models, with an emphasis on ADDIE. Also explained are Bloom's taxonomy, the ARCS motivational model and how it applies to ISD theory.

Learning Objectives

- Describe the types of ISD models, with an emphasis on ADDIE.
- Classify Bloom's taxonomy for the cognitive domain.
- ☐ Classify Bloom's taxonomy for the cognitive domain.

Seat Time: 30 min

Practical Training Development Methods

Course #MT0604

Description

Now that we've covered the Analysis and Design phases, the Development phase of the ADDIE model can begin. As discussed previously, development commences based upon the selected delivery strategy outlined in the Content Design Document, or CDD. There are certain commonalities of all development efforts; specifically, each learning object will be based upon the following:

- Create a Prototype
- Develop the Course Materials
- Standardized Review and Revision Process
- Testing/Piloting Process

The amount of time spent on each step will be dictated by the project type and client expectations. For some projects, an extensive prototype development must take place first before the client signs off on moving forward with the entire project. Other projects will require a more intensive pilot session or development of the actual course materials.

Learning Objectives

- Describe how to create a prototype for a training project.
- ☐ Explain the development process of course materials.
- □ Recognize best practices for administering a pilot session.

Seat Time: 30 min

Training Analysis

Course #MT0605

Description

Analysis provides a method of responding to changes in human resource requirements, solving job performance problems, and learning from production experience. Analysis begins by gathering the facts needed to make informed training development decisions. It is necessary to gather facts and ensure that concerns can be resolved through training. If the facts confirm a valid training need, job analysis uses existing job data and employees to identify and rate job tasks. Tasks rated difficult and important are selected for training. Exact methods of correct performance and underlying competencies are then determined through task analysis for the selected tasks.

Learning Objectives

- $\hfill \Box$ Explain the purpose of a training analysis.
- Describe the components of a typical analysis report.
- □ Describe how to conduct an analysis.

Seat Time: 30 min

Training Evaluation

Course #MT0606

Description

The ADDIE evaluation phase helps companies measure a course's impact on their learners. In industry, evaluation ensures training's ability to continually produce qualified employees. Monitoring learner performance, equipment and procedure changes, and production experience helps maintain and improve the training program. It is the dynamic process of assessing performance, identifying concerns, and initiating corrective actions that ensures the achievement of the program goals.

Completing evaluation steps produces the performance data and feedback that is vital to any training system. In most cases, evaluation does not add much additional cost to the training project. Training evaluation should take place immediately after course implementation, and additionally, a few months later.

Learning Objectives

- ☐ Distinguish between the different types of evaluation assessment tools.
- ☐ Describe the guidelines for creating the different types of evaluation assessment tools.
- Describe the key components used to design a job performance measure.



Building Management and Maintenance



All facilities require a certain amount of upkeep and repairs. From general improvements and cleanliness to more advanced boiler and electrical adjustments, these modules help your employees keep their workspaces orderly and functional. The Building Management and Maintenance series will improve the hygienics and performance of the locations of your company.

Building Management and Maintenance Series

Building Utilities and Boilers



The Building Utilities and Boilers subject area includes information about the utilities used at an industrial facility, with emphasis on boilers and combustion. The covered areas of boilers include combustion fundamentals, types and classification, operation, safety equipment, controls and management control systems.

Combustion Fundamentals Course #BMM0201

Description

This course covers the fire triangle, basic combustion process, operation for certain burners, and the purpose of burner turndown.

Learning Objectives

- □ Name the three basic elements required for combustion to occur.
- ☐ Briefly describe the combustion process.
- ☐ Briefly describe the operation of the following types of burners: oil, pressure jet, rotary cup, aas, and dual fuel.
- ☐ State the function of burner turndown.

Seat Time: 30 min

Boiler Types and Classifications Course #BMM0202

Description

This course covers multiple kinds of boiler systems and what differentiates them from each other.

Learning Objectives

- □ Describe a hydronic (hot water) boiler system.
- ☐ Describe a steam and condensate boiler system.
- ☐ Differentiate between a fire-tube and a water-tube boiler.

Seat Time: 30 min

Boiler Operation

Course #BMM0203

Description

This course covers boiler system operations including: startup and shutdown of the system and steam and hot water control settings.

Learning Objectives

- $\hfill \Box$ Explain routine operation of a boiler system.
- ☐ Describe a typical boiler shutdown procedure.

- ☐ Describe a normal startup sequence of a boiler system.
- ☐ Identify steam and hot water control settings necessary for boiler operation.

Seat Time: 30 min

Boiler Systems

Course #BMM0204

Description

This course outlines boiler system terminology and components. This course also covers the purposes of boiler room valves and the types of data that can be found on the valve.

Learning Objectives

- ☐ Identify common HVAC and boiler symbols and terminology.
- ☐ Explain the function of the main boiler system components.
- ☐ Explain the functions of boiler room valves.
- ☐ Describe the types of data found on valve identification and markings.

Boiler Blowdown **Boiler Management Control** Course #BMM0205 **Systems** Course #BMM0208 **Description** This course covers the purposes, operation, and Description different types of boiler blowdown systems. This course covers flame safeguard systems and different types of flame detectors, along with **Learning Objectives** describing the typical sequence of operation. ☐ State the purpose of boiler blowdown. This course also explains how the control system ☐ Describe the processes of continuous and will react when it experiences certain flame loss manual blowdown. conditions along with the importance of keeping a ☐ Describe a proper blowdown procedure. history/troubleshooting log for the equipment. ☐ Explain why water quality is important to boiler systems. **Learning Objectives** OF SHE ☐ Explain the function of the flame safeguard Seat Time: 30 min system. **Boiler System Controls** ☐ Describe a typical boiler management control sequence of operation. Course #BMM0207 □ Identify switches and controls commonly used **Description** within interlocks and circuits of a boiler. This course introduces typical boiler system controls ☐ Describe how the control system responds to the which provide safe operation of a boiler. following flame loss conditions: no pilot flame, pilot lit with no main flame, and loss of flame. **Learning Objectives** ☐ Describe a typical burner shutdown and ☐ State the functions of common steam, hot water, post-purge process. gas, oil, and heavy oil controls. ☐ Explain the importance of an equipment Seat Time: 30 min history/troubleshooting log. Seat Time: 30 min

Building Management and Maintenance Series

General Inspection and Repairs



This subject area, General Inspections and Repairs, describes various elements that must be subjected to regular inspections and repairs around a facility. Modules in this subject area include Cleaning Drains, Faucet Repair, Pipe Repair and Replacement, Basic Masonry, Drywall, Doors, and Locks, HVAC Fundamentals, Elevators, Overhead Door Controls, and Roofing, Walls, and Balconies.

Cleaning Drains

Course #BMM0301

Description

This course covers the various methods for cleaning different kinds of clogged drains.

Learning Objectives

☐ Describe how to clear clogged floor, sink, and lavatory drains.

Seat Time: 30 min

Faucet Repair

Course #BMM0302

Description

This course covers repairing ball-type, single-lever, cartridge-type, and different types of noisy/leaking faucets.

Learning Objectives

- Describe how to repair ball-type, single-lever and cartridge-type faucets.
- ☐ Describe how to repair various types of noisy/leaking faucets.

Seat Time: 30 min

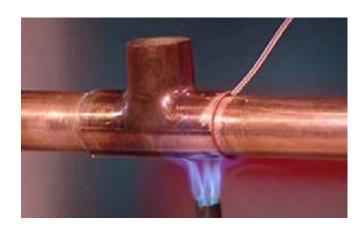
Pipe Repair and Replacement

Description

This course covers boiler system operations including: startup and shutdown of the system and steam and hot water control settings.

Learning Objectives

- ☐ Make repairs to leaking piping systems.
- ☐ Make repairs to leaking toilets and urinals.



Basic Masonry

Course #BMM0304

Description

In this course, you will learn the basics of Masonry tools and the methods of repairing for which these tools are used.

Learning Objectives

- Identify the common tools used for performing basic masonry maintenance tasks.
- Describe the process of performing basic masonry repairs on concrete including hairline cracks, large sidewalk cracks, cracks in driveways, cracks and holes in walls, and broken corners.

Seat Time: 30 min

Drywalls, Doors and Locks Course #BMM0305

Description

This course covers basic carpentry, drywall and door repairs, and the correct process for extracting a broken key from a lock.

Learning Objectives

- ☐ Perform basic carpentry jobs such as:
 - Determining the cause of and repairing sticking or binding doors.
- Repairing holes in drywall.
- Preparing for painting.
- □ Explain the proper method of removing a broken key from a lock.

Seat Time: 30 min

HVAC Fundamentals

Course #BMM0306

Description

This course gives an overview of the purpose of HVAC systems, the equipment and methods used to heat, cool, and handle the systems, and the different types of HVAC systems.

Learning Objectives

- Explain the purpose of heating, ventilation, and air conditioning systems.
- ☐ Identify the equipment and methods used to heat, cool, and handle HVAC system air.
- ☐ Describe the different types of HVAC systems.



Basic HVAC Maintenance

Description

In this course, you will learn the basics of HVAC systems, their operation, and maintenance. This course also covers problems and solutions for window-mounted units along with preventive maintenance.

Learning Objectives

- ☐ Identify routine preventive maintenance tasks to be performed on HVAC units.
- Describe common problems and their causes for HVAC units.
- ☐ Explain the basic refrigeration cycle.
- Identify routine preventive maintenance tasks to be performed on window-mounted units.
- ☐ Describe solutions to problems common to window-mounted units.

Seat Time: 30 min

Elevators I

Course #BMM0308

Description

This course gives an introduction to the different types of elevators, servicing these elevators, the ownership responsibilities, and the fireman's recall system.

Learning Objectives

- ☐ Identify the major components of a traction elevator and of a hydraulic elevator.
- ☐ Describe the principles of operation for a traction elevator and a hydraulic elevator.
- ☐ Identify monthly service requirements of elevators.
- ☐ Discuss the responsibilities of ownership in ensuring elevator service requirements are up-to-date.

Describe the actions taken in each of the two phases of emergency elevator operation using the fireman's recall system.

Seat Time: 30 min

Elevators II

Course #BMM0309

Description

This course gives an overview of the required elevator tests and codes along with the accessibility standards that must be met.

Learning Objectives

- Identify the standards for elevator system inspection commonly required by governing authorities.
- ☐ Discuss accessibility standards that must be adhered to in order to remain in compliance with the Americans with Disabilities Act.

Seat Time: 30 min

Overhead Door Controls

Course #BMM0310

Description

This course covers overhead door controls, the manual operation of the overhead doors, identifying which components require routine lubrication, and adjusting a door control limit switch.

Learning Objectives

- □ Identify common components for commercial overhead doors.
- ☐ Explain the manual operation of overhead doors.
- Identify mechanical components in an overhead door system requiring routine lubrication.
- $\hfill\square$ Describe how to adjust a door control limit switch.





Building Management and Maintenance Series

Building Electrical Maintenance



Ensuring that the electrical system in an industrial facility, or any facility for that matter, is functional and safe for personnel is paramount. The Building Electrical Maintenance subject area covers topics including electrical control circuits, tools and test equipment, distribution components, receptacles and lighting.

Overview of Electrical Systems Course #BMM0401

Description

This course provides an overview of electrical systems and will identify the various facility power distribution systems and equipment, the safety of electrical equipment, the work space around electric equipment, the identification of disconnecting means and circuits, and guarding live parts. This course will also cover how the power grid works and discuss power generation and power transmission.

Learning Objectives

- ☐ State several considerations for determining the safety of electrical equipment.
- ☐ Explain the reason for identifying disconnection means of electrical equipment.
- ☐ Explain the reason for maintaining proper working space around electrical equipment.
- ☐ Explain the reason for guarding live parts of electrical equipment.
- ☐ Briefly describe how the power distribution grid works.

Seat Time: 30 min



Electrical Control Circuits

Course #BMM0402

Description

This course covers control circuit diagrams and how to differentiate between the different types. This course also explains control circuit logic and the related terms.

Learning Objectives

- ☐ Differentiate between a wiring, or connection, diagram and a line, or ladder, diagram.
- ☐ Describe the following conditions of device contacts: normally open, normally closed.
- $\hfill\square$ Define logic as it is used in control circuits.
- ☐ Explain the function of two basic types of control circuit logic functions: AND and OR.
- Define interlocking as it applies to electrical control circuits.
- □ Describe the following types of commonly used interlocking techniques: mechanical, pushbutton, auxiliary, and control relay contact.

Electrical Tools and Test Equipment

Course #BMM0403

Description

This course covers common electrician's tools and the standard types of meters used for measuring current, voltage, and resistance.

Learning Objectives

- $\hfill \square$ State the uses of common electrician's tools.
- □ State the functions of common types of electrical test equipment.

Seat Time: 30 min

Electrical Distribution Components

Course #BMM0404

Description

Building maintenance requires a basic understanding of the components responsible for the distribution of electricity throughout a building or facility. This module discusses different types and sizes of conductors, raceways and conduit, as well as the differences between a circuit breaker panel, switchgear, and motor control center.

Learning Objectives

- ☐ Define the following common electrical terms: voltage, current, resistance, and power.
- Define square mil, circular mil, and circular mil-foot.
- Explain the reason for proper identification of conductors.
- ☐ Define raceway.
- $\hfill\square$ State two purposes of conduit.
- Describe electrical metallic tubing and flexible metal types of conduit.
- □ Describe the functions of circuit breaker panels and load centers in power distribution systems.

Seat Time: 30 min

Receptacles and Lighting

Course #BMM0405

Description

This course introduces common electrical terms, the methods of determining types of conductors, and conduits and raceways.

Learning Objectives

- ☐ State several considerations for determining the safety of electrical equipment.
- ☐ State several considerations for determining the safety of electrical equipment.
- Explain the reason for maintaining proper working space around electrical equipment.
- ☐ Explain the reason for guarding live parts of electrical equipment.
- ☐ Briefly describe how the power distribution grid works.





Building Management and Maintenance Series

Building Management Principles



Building Management Principles modules include Risk Management, Preventive Maintenance, Practice and Procedures, and Cleaning Services. This subject area describes what risks are inherent in a facility and the ways to mitigate them to maintain an efficient operation.

Preventive Maintenance Course #BMM0103

Description

This course provides an introduction to preventive maintenance and its advantages. This course also covers preventive maintenance programs and computerized maintenance management systems.

Learning Objectives

- Identify the attributes of a successful preventive maintenance routine.
- ☐ Describe the best practices to be utilized when creating a preventive maintenance schedule.
- ☐ Identify the key indicators which should be monitored for a preventive maintenance plan to be successful.

Seat Time: 30 min

Chemical Storage

Course #BMM0104

Description

This course gives an overview on the procedures of storing chemicals and storage time limits which will minimize accidents and increases life of the chemicals.



Learning Objectives

- □ Identify the requirements for separating chemicals.
- Describe the basic guidelines for safe storage of chemicals.
- ☐ Identify various storage time limits of peroxide-forming compounds.

Seat Time: 30 min

Cleaning Services

Course #BMM0105

Description

This course covers common supplies and processes to cleaning facilities.

Learning Objectives

- ☐ Describe common cleaning supply storage and management.
- ☐ Describe methods for cleaning facility common areas.
- ☐ Describe general procedures for cleaning an elevator.
- ☐ Describe general procedures for cleaning pools and pool decks.

Risk Management Course #BMM0102

Description

This course covers general liability as it relates to facility risk management, explains what attractive nuisances are, and describes risk management. This course also explains the differences in active and passive fire protection systems while discussing management's responsibility to minimize fire risks, provides an overview of the Life Safety Code, and lays out the components of an earess system.

Learning Objectives

- ☐ Define the term general liability as it applies to facility risk management.
- ☐ Discuss examples of attractive nuisances.
- ☐ Identify methods of mitigating the risk of trips and falls by nonemployees.
- □ Define risk management.
- ☐ Differentiate between active and passive fire protection systems.
- ☐ Discuss the responsibilities management has in mitigating fire risks.
- ☐ Explain the concept of the Life Safety Code.
- □ Identify components of an egress system.

Seat Time: 30 min

Facility Management

Course #BMM0101

Description

This course covers the purpose of building codes, the identification of sections of a facility that have specific code requirements, and defines the role of a facility manager as it relates to facility security. Also identified are types of physical security measures used to prevent unauthorized access to a facility and discuss plans related to preparing for a natural or man-made disaster.

Learning Objectives

- □ Describe the purpose of building codes.
- ☐ Identify sections of a facility that have specific code requirements.
- ☐ Identify sections of a facility that have specific code requirements.
- ☐ Identify types of physical security measures used to prevent unauthorized access to a facility.
- ☐ Discuss plans related to preparing for a natural or man-made disaster.









Distribution and warehousing facilities provide a critical link between suppliers and their customers. The Distribution and Warehousing series is intended to aid in training personnel to maintain a fully functioning distribution center or warehousing operation. Equipment covered in this series includes fork trucks, conveyors, and battery charging systems, as well as highly automated equipment such as ASRS cranes and AGVs.

Distribution and Warehousing Series

Basic Distribution and Warehousing



Building Management Principles modules include Risk Management, Preventive Maintenance, Practice and Procedures, and Cleaning Services. This subject area describes what risks are inherent in a facility and the ways to mitigate them to maintain an efficient operation.

Conveyor Basics

Description

This course covers different types of conveyors, such as gravity-driven, flat belt, and live roller conveyors, that are used in distribution centers. This course also covers specialty devices such as skewed wheel belt sorters and shoe-type sorters as well as live roller and high-speed junctions and curves.

Learning Objectives

- ☐ Describe the different types of conveyors used in distribution centers.
- Identify the key differences between the various conveyor types.
- $\hfill \square$ Explain the different conveyors and their uses.
- ☐ Describe other specialty devices used by conveyors.

Seat Time: 30 min



Distribution Center Overview Course #DW0101

Description

This course covers the process in which a product makes its way from the vendor to the market and the basics of distribution. This course also covers the layout of the distribution centers as well as the modules associated with those centers.

Learning Objectives

- ☐ Describe the purpose of instrument transformers.
- $\hfill\square$ Explain burden and saturation.
- Describe the characteristics and functions of different types of current transformers.
- Describe coupling capacitor potential transformers.
- ☐ Describe some of the transformer monitoring and protection features.

Facility Maintenance I

Description

This course covers different types of conveyors, such as gravity-driven, flat belt, and live roller conveyors, that are used in distribution centers. This course also covers specialty devices such as skewed heel belt sorters and shoe-type sorters as well as live roller and high-speed junctions and curves.

Learning Objectives

- Describe the different types of conveyors used in distribution centers.
- ☐ Identify the key differences between the various conveyor types.
- ☐ Explain the different conveyors and their uses.
- Describe other specialty devices used by conveyors.

Seat Time: 30 min

Fork Trucks I

Course #DW0104

Description

The course introduces you to the safety considerations and general work practices of fork trucks including: Lockout/Tagout, battery maintenance, capacitive circuits, and hydraulic system safety. This course also covers electrical systems, schematic diagrams, and diagnostic tools for fork trucks.

Learning Objectives

- Describe safety precautions and general work practices to be followed when performing fork truck maintenance.
- Explain the function of an electric fork truck's electrical system, and describe how to use the manufacturer's documentation and schematic d iagrams for troubleshooting.
- Describe the purpose of the diagnostic tool andi it's use in accessing service history, initiating service checks, and performing troubleshooting.

Seat Time: 30 min

Fork Trucks II

Course #DW0105

Description

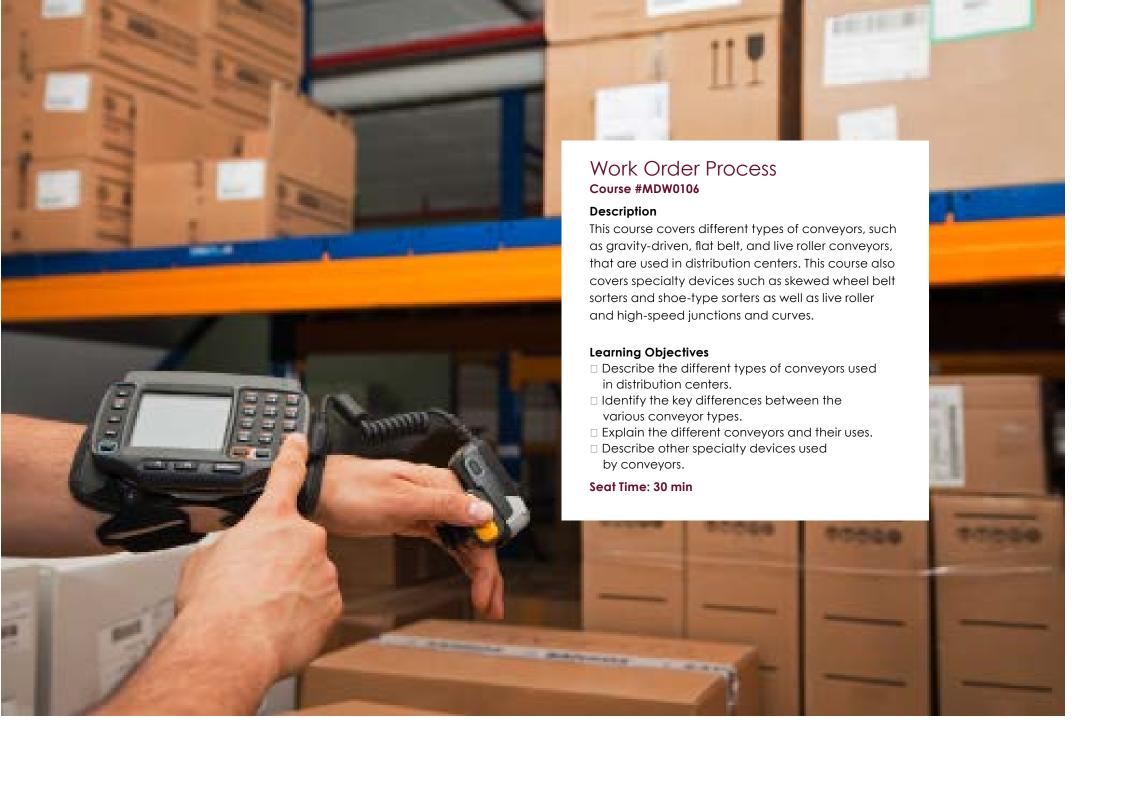
This course covers the maintenance, servicing, selection and replacement of battery systems of fork trucks.

The miscellaneous electrical control components and steering and guidance systems of fork trucks. This course will also cover the different hydraulic systems and break systems of fork trucks.

Learning Objectives

- Explain the fork truck battery service requirements and change out procedure.
- Describe the operation and maintenance of miscellaneous electric system and components including contractors, operator control modules,
 - and steering feedback systems.
- ☐ Discuss the operation and maintenance of electrical fork truck steering and guiding systems.
- ☐ Explain the operation of the electric fork truck hydraulic system.
- ☐ Describe the operation and maintenance of the electric fork truck brake system.





Intermediate Distribution and Warehousing



Battery Charging System I

Description

This course introduces you to batteries and their chargers, the charging system components, battery types, battery construction and the safety precautions associated with them. This course also covers the explosive gasses associated with batteries as well as the safety measures to be taken to contain a spill when a spill occurs.

Learning Objectives

- ☐ Describe battery burn hazards and how to prevent them.
- Explain battery explosive gas hazards and how to prevent them.
- Discuss battery spills and disposal of spilled liquids.

Battery Charging System II Course #DW0202

Description

This course covers the battery charging system and the maintenance required. In addition, this course covers the battery charging system components, troubleshooting techniques, and the steps necessary to recycle of the battery.

Learning Objectives

- Explain the process of industrial battery charging system and maintenance, including record keeping.
 Describe battery charging system components and their associated functions.
- Discuss battery charging system troubleshooting techniques.
 Describe battery recycling procedures.

Photoeye Types

Course #DW0204

Description

This course covers types and operation of photosensing devices. This course also covers the various connections of the photoeye.

and high-speed junctions and curves.

Learning Objectives

- ☐ Discuss the purpose and operation of a photoeve.
- □ Describe the operation of three different types of photoeyes and sensing modes.
- □ Describe the operation of a light curtain. Explain 2-wire, 3-wire, and 4-wire photoeye wiring connections."

Photoeye Installation

Course #DW0203

Description

This course covers the characteristics, alignment, and installation of photoeyes.

Learning Objectives

- ☐ Explain photoeye characteristics for field of view, range, and gain adjustment.
- Discuss beam alignment techniques.
 List best practices for photoeye installation.

Pi-Touch

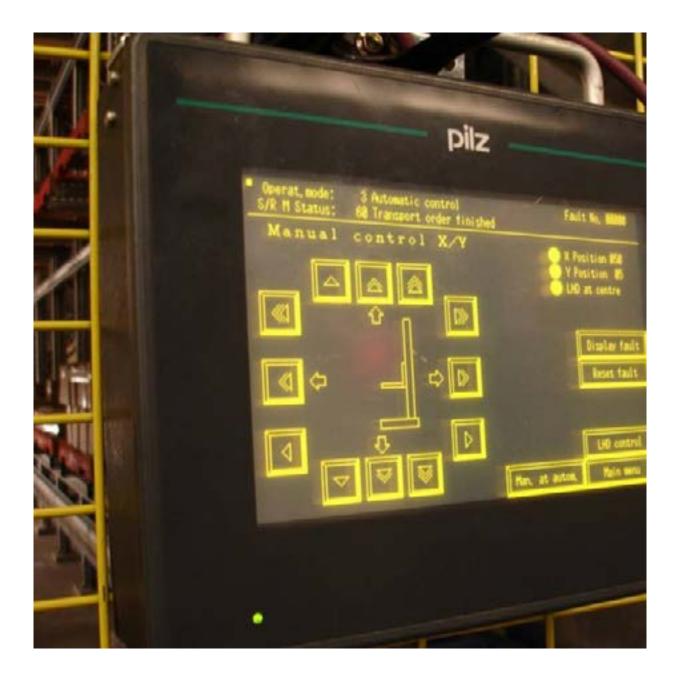
Course #DW0205

Description

The Pi-Touch is a portable touch screen that permits operation of the stock retrieval machine or SRM. This device allows a technician to manually control SRM and LHD movement from inside or outside of the crane aisle.

Learning Objectives

- ☐ Describe the Pi-Touch's physical components.
- ☐ Identify the Pi-Touch connections and their purposes.
- ☐ Identify the manual control screen controls and functions.
- ☐ Identify the load handling device or LHD control screen controls and functions.





Sorter Hardware

Course #DW0206

Description

This course gives an overview of induction and merge conveyor equipment, the sortation conveyor equipment, power and control apparatus.

Learning Objectives

- Describe the equipment in the induction section that provides for package accumulation and gapping.
- ☐ Discuss the components that comprise the merge conveyor.
- ☐ Describe the equipment used in the sortation conveyor.
- ☐ Describe the sorter electrical power and control components."

Seat Time: 30 min

Sorter Operations

Course #MDW0207

Description

This course covers the components in the induction section, the process of scanning and the process of sortation.

Learning Objectives

- Describe the components included in the induction section. Explain the package scanning process.
- ☐ Describe the package sortation process.

Seat Time: 30 min

Switchgears

Course #DW0208

Description

This course covers the fundamentals of switchgear, the control and operational practices, the functions of close and trip, fault and overcurrent protective devices, and electrical bus systems.

Learning Objectives

- ☐ Describe typical switchgear design and operational practices.
- Discuss switchgear operation and control.
 Explain electrically operated close, trip, trip-free, and anti-pump functions.
- ☐ List two types of switchgear fault and overcurrent protective devices.
- ☐ Describe electrical bus systems and use of mechanical interlocks."

Advanced Distribution and Warehousing



AGV Overview

Course #DW0302

Description

This course gives an overview of AGV's, its orientation, major components, and major systems. This course also covers navigation and guidance of AGV's including the inertial navigation, the terms associated with the navigation and guidance, the magnet sensor, various magnets, and the guidance feedback system.

Learning Objectives

- ☐ Discuss the purpose of an AGV.
- □ Recognize the major components of an AGV.
- Explain the difference between navigation and guidance.
- ☐ Explain inertial navigation.
- ☐ Discuss the Guidance Feedback System.

Seat Time: 30 min

AGV Operation

Course #DW0301

Description

This course covers the manual controls of an AGV, the manual pendant, and the steps taken to initialize the AGV. The operation modes of the AGV are also discussed which include, the modes of operation and the manual dispatch mode on the AGV.

Learning Objectives

- ☐ Describe the function of each manual control. Explain how to ""initialize"" the AGV.
- $\hfill \$ List the operating modes.

AGV Preventive Maintenance

Course #DW0303

Description

This module will cover the different types of maintenance associated with an AGV, including: Daily maintenance, 200-hour maintenance, 500-hour maintenance, 1000-hour maintenance, 2000-hour maintenance and shutting down the AGV. This course will also give an overview of the lift operations of an AGV and the power up of an AGV.

Learning Objectives

- ☐ Identify daily maintenance tasks.
- □ Explain the 200, 500, and 500+ hour maintenance tasks.
- ☐ Describe how to properly shut down the AGV.
- ☐ Describe the safe operation of the AGV lift."

Seat Time: 30 min

AGV Safety

Course #DW0304

Description

This course covers the indications, emergency stop operation and locations, beacon and running lights, audible warning mechanism, and alarms associated with AGV safety. This course will also discuss the different types of sensors such as: Door interlocks, side sensor, and pulse laser sensor. In addition, vehicle safety and an overview of the interface module will be covered, as well as the VSIM and its control board.

Learning Objectives

"Explain the operation of an emergency stop

Learning Objectives

- ☐ Explain the operation of an emergency stop button.
- ☐ Describe the operations of the beacon strobe light and warning light.
- ☐ Explain the different audible warnings.
- Describe the operation of the pulse laser sensor. Explain the safety features of the vehicle safety and interface module.

Seat Time: 30 min



AKL Cranes

Course #DW0305

Description

This course gives an overview of AKL cranes including, the functions, glossary of terms associated with AKL cranes, operation, and axes of motion for AKL cranes. This course also discusses the components and support systems for AKL cranes as well as the modes of operation. Preventative maintenance will also be covered along with fault identification, the types of faults, and the most common types of faults.

Learning Objectives

- ☐ Explain the function of the AKL crane.
- ☐ Recognize the major components of the AKL crane.
- ☐ Discuss the operation modes of the AKL crane.
- ☐ List the preventive maintenance procedures.
- ☐ Explain the fault indications and their meanings.

Seat Time: 30 min

ASRS Cranes

Course #DW0306

Description

This course gives an overview of ASRS cranes, including the construction, operation and operating modes of ASRS cranes; the load storage and retrieval of these cranes as well as the ancillary equipment and applications. This course also covers the missions of ASRS cranes and the preventative maintenance necessary.

Learning Objectives

- ☐ Describe major parts of the ASRS.
- ☐ Explain how ASRS stores and retrieves palletized loads.
- ☐ Identify ancillary material handling equipment required to process load tasks.
- ☐ Describe typical steps executed by an ASRS crane to execute a mission. including preventive maintenance.

Seat Time: 30 min

Barcode Scanners

Course #DW0307

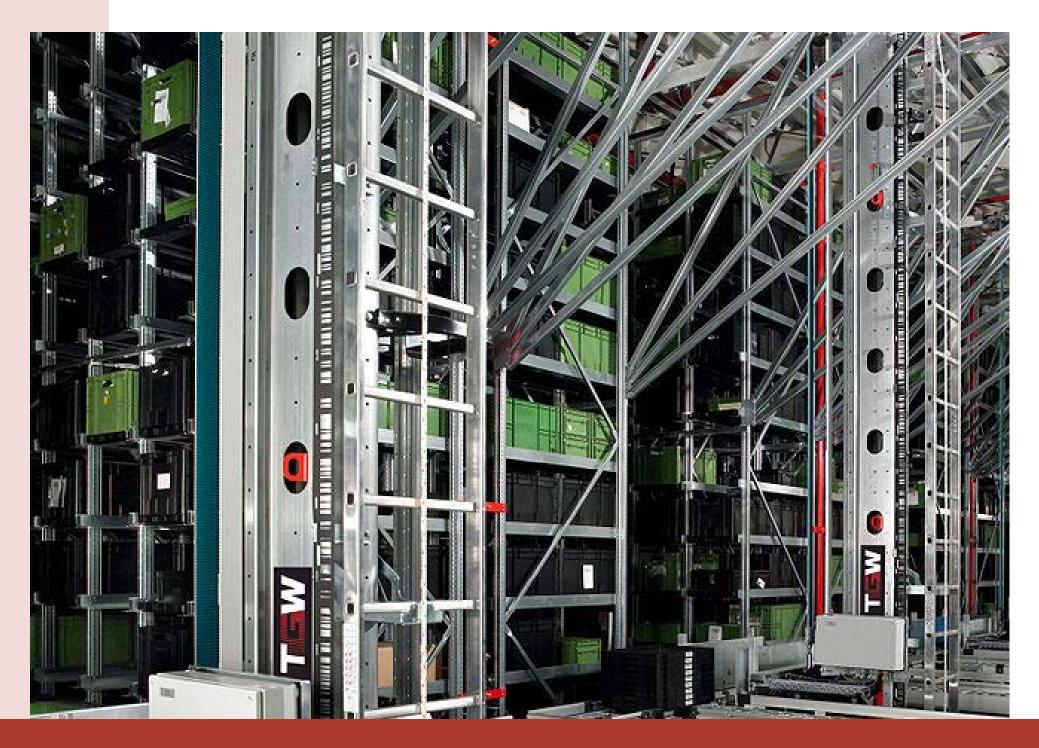
Description

This course covers the types, functions, and principles of operation of barcode scanners and laser scanners. This course also covers the installation, maintenance practices, and laser safety of barcode scanners. Lastly, this course discusses the setup and programming of barcode scanners and the networks associated with barcode scanners.

Learning Objectives

- □ Describe barcode scanner functions.
- □ Explain basic barcode scanner operating principles.
- ☐ List barcode scanner installation and maintenance practices.
- ☐ Describe a barcode setup and programming process."





Distribution and Warehousing Series - Advanced Distribution and Warehousing - 186



Safety Series

The modules in the Safety subject area begin by providing an overview of common industrial facility hazards and protective systems, including the areas of a facility where these hazards may be encountered. These modules also introduce fire and electrical safety practices, as well as discuss topics such as hazardous communications, lockout/tagout, industrial signage, and personal protective equipment.



Exit Routes, Emergency Action, and Fire Prevention Plans

Course #SAF0101

Description

There is a long and tragic history of workplace fires in this country caused by problems with fire exits and extinguishing systems.

OSHA requires employers to provide proper exits, firefighting equipment, and employee training to prevent fire related deaths and injuries in the workplace.

Emphasis is on escaping from fires; however, some additional hazards include explosions, earthquakes, bomb threats, toxic vapors, and storms (tornadoes, hurricanes, etc.). Compounding factors that may interfere with a safe escape include panic and confusion, poor visibility, lack of information, and misinformation. These factors frequently cause more injuries and fatalities than the hazard itself.

Learning Objectives

- ☐ List or describe the three parts to an appropriate exit route.
- ☐ Discuss at least four characteristics of an effective exit route.
- ☐ Give four reasons for developing an emergency action plan.
- ☐ Name the required elements of a fire prevention plan.
- ☐ List the five classes of fire extinguishers and the types of fires they can properly extinguish.
- Describe at least four requirements for proper maintenance of portable fire extinguishers.

Seat Time: 30 min

Electrical Safety

Course #SAF0102

Description

Roughly 20% of the electricity produced in the United States every year is used to power industrial facilities and equipment. While electricity makes it possible for these facilities to operate, it also poses a very real hazard, with several hundred electricity-related fatalities occurring at the workplace every year. In order to avoid or treat electrical shock, one

Learning Objectives

has to first understand it.

- ☐ Define electrical shock and arc flash.
- □ Identify emergency response actions to take in the event of an electrical shock.
- ☐ Explain electrical safeguarding.
- ☐ Identify personal protective equipment required when working on energized electrical equipment.
- ☐ List the steps required to ensure electrical equipment is de-energized.

Seat Time: 30 min

Industrial Signage Course #SAF0103

Description

This module provides an overview of the common signage found in an industrial facility. Topics covered include how to interpret common signs in an industrial facility, the color code for labels used to identify hazards, and the OSHA color code for floor markings.

Learning Objectives

- Identify the meanings of signs commonly found in industrial facilities.
- □ Explain the color code for labels used to identify hazards.
- ☐ Describe the code for industrial floor markings.

Personal Protective Equipment Course #SAFO104

Description

The Occupational Safety and Health Administration, or OSHA, mandates that it is an employer's duty to provide a personal protective equipment, or PPE, program designed for their workplace. The employee must follow the PPE program and use the PPE required to conform to safe work practices for their particular job. In 2003, the Bureau of Labor Statistics reported 4.4 million nonfatal injuries in private industries; this emphasizes the importance of safety in the workplace.

Learning Objectives

- ☐ Describe personal responsibilities regarding personal protective equipment.
- List the personal protective equipment that is commonly associated with industrial sites.
- ☐ Describe the proper care, use, and inspection of personal protective equipment.
- Explain the effects of using defective or incorrect personal protective equipment.

Seat Time: 30 min

Benzene Awareness

Course #SAF0105

Description

This course will cover the awareness training of benzene and will answer questions such as: What is benzene? What are the health risks? Who is at risk for exposure? This course will also discuss the OSHA regulatory limits, personal protective equipment, and emergency procedures associated with benzene.

Learning Objectives

- ☐ Describe the physical properties of benzene.
- ☐ State the health risks associated with benzene exposure.
- Identify possible operations that can result in benzene exposure in an industrial environment.
- ☐ State the permissible exposure limits for benzene.☐ List the PPE required for environments that may
- List the PPE required for environments that may have potential benzene exposure.

Seat Time: 30 min

First Aid I

Course #SAF0106

Description

This module provides guidance for effective responses and treatment related to external bleeding, burns, and nervous system injuries. Topics covered include OSHA-compliant first aid kits and

how an injured person should be evaluated. In addition, this module provides an overview of how to control external bleeding, the treatment of minor burns, and how to care for head, neck, and spinal injuries.

Learning Objectives

- ☐ Describe OSHA-compliant first aid kits.
- ☐ Explain the evaluation of an injured or ill person.
- List the methods used to control external bleeding.
- ☐ Explain the treatment of minor burns.
- ☐ Describe how to care for head, neck, and spinal injuries.

Seat Time: 30 min

First Aid II

Course #SAF0107

Description

This module provides an overview of basic first aid care. Topics covered include actions to take when poisoning is suspected or someone is choking. The module also explains how to perform CPR and the procedures for operating an AED device. Finally, this module describes how to identify the symptoms of a stroke.

Learning Objectives

- ☐ Describe the actions to take when poisoning is suspected.
- \Box List the steps for treating a choking victim.
- ☐ Explain how to perform CPR.
- $\hfill \square$ Discuss the operating procedures for an AED device.
- ☐ List the symptoms of a stroke.



Hazardous Communications

Course #SAF0108

Description

This course gives an overview on how an effective hazardous communication program can prevent injuries in a work environment.

Learning Objectives

- ☐ Explain the importance of hazardous communication.
- ☐ Describe the labeling requirements for hazardous communication, including material safety data sheets.
- ☐ Discuss the proper use of hazardous communication programs.

Seat Time: 30 min

Hydrogen Sulfide

Description

This course provides an overview of hydrogen sulfide, the hazardous properties associated with hydrogen sulfide, and the potential health effects of hydrogen sulfide exposure. This course also covers the means of protection against hydrogen sulfide and the precautionary steps that should be taken when entering a dangerous hydrogen sulfide atmosphere.

Learning Objectives

- $\hfill\Box$ State the properties of hydrogen sulfide.
- ☐ Describe the health risks associated with hydrogen sulfide exposure.
- ☐ Explain the methods to minimize exposure to hydrogen sulfide.
- ☐ Identify the PPE required to work in areas with various concentration levels of hydrogen sulfide.

Seat Time: 30 min

Crane Safety

Course #SAF0110

Description

Cranes pose significant safety issues, both for the operators and workers in proximity to them. Moving large, heavy loads is crucial to today's manufacturing and construction industries, and several technologies have been developed for these operations. The American National Standards Institute, or ANSI, and the American Society of Mechanical Engineers, or ASME, continually update standards for crane manufacturing, operational procedures, inspection requirements, and operator qualifications. In addition, the Specialized Carriers and Riggers Association, or SC&RA, which represents most of the crane owners and users, has developed a set of requirements for crane operator qualifications and certification.

Learning Objectives

- ☐ List the four major causes of crane accidents.
- ☐ Describe the pre-planning that is required before putting a crane in use.
- ☐ State the main precautions that apply to working with cranes near power lines.





Hazardous Materials

Course #SAF0111

Description

In Hazardous Materials, you will learn to identify common hazardous materials, describe hazardous material handling and disposal procedures, and discuss hazardous material safety precautions and regulations.

Learning Objectives

- $\hfill \Box$ Identify common hazardous materials.
- $\hfill \square$ Describe handling and disposal procedures.
- $\hfill \square$ Discuss safety precautions and regulations.

Seat Time: 30 min

Materials Handling

Course #SAF0112

Description

The efficient handling and storing of materials is vital to industry. These operations provide continuous flow of raw materials, parts, and assemblies through the workplace, and ensure that materials are available when needed. Yet, the improper handling and storing of materials can cause costly injuries.

Some of the most common causes of material handling injuries are:

- Improper manual lifting or carrying loads that are too large or heavy.
- Being struck by materials or being caught in pinch points.
- Crushed by machines, falling materials or improperly stored materials.
- Incorrectly cutting ties or securing devices.

Learning Objectives

- ☐ List the three main injuries that occur during material handling, storage, use, and disposal.
- ☐ Describe at least two ways to prevent injury when performing manual lifting.
- ☐ Know the hazards involved in mechanical material handling.
- ☐ Understand the training required in materials handling.
- Describe at least three actions that can reduce or eliminate hazards when storing or disposing of materials.

Machine Guarding Course #SAF0113

Description

Crushed hands and arms, severed fingers, blindnessthe list of possible machinery-related injuries is as long as it is horrifying. Safeguards are essential for protecting workers from needless and preventable injuries.

A good rule to remember is: Any machine part, function, or process that may cause injury must be safeguarded.

Where the operation of a machine can injure the operator or other workers, the hazard must be controlled or eliminated.

Learning Objectives

- Describe at least two of the main causes of machine accidents.
 List three of the requirements for safeguards.
- ☐ List five machinery parts that pose hazards when unguarded or improperly guarded.
- ☐ List at least five types of machine guards.
- ☐ List at least three types of devices used to safeguard machines.
- Be able to describe a situation that warrants machine guarding and an appropriate method of guarding the machine or part in order to prevent injury or accident.

Seat Time: 30 min

Bloodborne Pathogens

Description

"Bloodborne pathogens" means pathogenic microorganisms that are present in human blood and can cause disease. These pathogens include, but are not limited to, hepatitis B virus (HBV), which causes hepatitis B, hepatitis C virus (HCV), which causes hepatitis C, human immunodeficiency virus (HIV), which causes AIDS, and other pathogens, such as those that cause malaria.

Approximately 5.6 million workers in healthcare and other facilities are at risk of exposure to bloodborne pathogens such as HBV, HCV, and HIV. Bloodborne pathogen exposure may occur in many ways, but needlestick injuries are the most common cause. Exposure may also occur through contact of contaminants with the nose, mouth, eyes, or skin.

Learning Objectives

- ☐ Give at least three examples of workers who are at risk of exposure to bloodborne pathogens.
- ☐ List the three ways exposure to bloodborne pathogens commonly occur.
- □ Describe at least five key aspects of a Bloodborne Pathogen Exposure Control Plan.
- Explain how properly used PPE and appropriate housekeeping methods protect against exposure to bloodborne pathogens.
- ☐ List three important steps to take if exposed to a bloodborne pathogen.

Seat Time: 30 min

Safety and Health Program Course #SAF0115

Description

Effective management of worker safety and health protection is a decisive factor in reducing the extent and the severity of work-related injuries and illnesses. A good safety and health program addresses all work-related hazards, including those potential hazards that could result from a change in worksite conditions or practices.

OSHA's experience in the Voluntary Protection Program has also indicated that effective management of safety and health protection improves employee morale and productivity, as well as significantly reducing Workers' Compensation costs and other less obvious costs of work-related injuries and illnesses.

Learning Objectives

- ☐ Discuss the benefits of an effective safety and health program.
- ☐ Know the four elements of an effective safety and health program.
- ☐ Describe the three methods to prevent and control workplace hazards.
- ☐ Be familiar with worksite analysis.
- $\hfill\square$ Understand safety and health training needs.





Fall Protection

Course #SAF0116

Description

Occupational fatalities caused by falls remain a serious public health problem throughout the United States. Data collected by the Bureau of Labor Statistics (BLS) Census of Fatal Occupational Injuries indicates that falls are one of the leading causes of traumatic death in the workplace, accounting for 13.7% of such deaths (808 of 5,900) in 2001. During that year, 23 workers died in falls through skylights, 11 died in falls through existing roof openings, and 24 died in falls through existing floor openings. Data from the BLS Survey of Occupational Injuries and Illnesses shows that, during 1999, nearly 300,000 workers in private industry sustained injuries from falls, resulting in lost time from work. In 1999, an estimated 80 workers were injured in falls through skylights, 100 in falls through existing roof openings, and 617 in falls through existing floor openings. Most injuries occurred in construction, though many injuries occurred in other industries such as manufacturing, retail trade, and services.

Learning Objectives

- ☐ Know the working conditions that prompt the use of fall protection.
- ☐ Know the options that are available to protect workers from falls.
- ☐ Be able to list at least four methods of fall protection available for protecting workers.
- ☐ State the main criteria that prompts use of fall protection for construction workers.





Environmental Awareness

Course #SAF0117

Description

Since the Industrial Revolution in the last century, the public has become more concerned about preserving the environment and exploring the benefits of sustainability. Environmental awareness has had a major impact on industry worldwide. It has led to greater scrutiny of all industrial processes because they contribute the largest amount of environmental pollution. The U.S. Environmental Protection Agency, or EPA, reported in its Toxics Release Inventory, or TRI, that industrial facilities release more than 6.5 billion pounds of toxic chemicals into the environment each year. Of these 6.5 billion pounds, 100 million pounds contain cancer-causing agents. Environmental issues, such as pollution, resource depletion, climate change, and waste management, have forced industry to change processes as a means of reducing its environmental impacts.

Learning Objectives

- ☐ Discuss the impact of environmental issues on industry.
- ☐ Describe environmental, health, and safety regulations.
- ☐ Identify priority pollutants in plant environments.
- $\hfill \Box$ Identify actions that minimize pollution.

Seat Time: 30 min

Fire Safety Course #SAF0118

Description

This course covers different types of fires, fire prevention techniques, and fire extinguishing systems.

Learning Objectives

- $\hfill \Box$ Explain the fire tetrahedron.
- ☐ Describe the five classes of fire in various industries.
- ☐ Explain various fire prevention techniques.
- ☐ Explain the ways to extinguish fires.

Confined Spaces

Course #SAF0119

Description

A confined space is defined as any situation where a person's head or body crosses the plane of an opening that meets any of the following criteria:

Limited opening for entry or exit

Unfavorable natural ventilation that could contain or produce flammable toxic, or oxygen deficient atmospheres

Spaces or areas not intended or designed for continuous personnel occupancy.

Learning Objectives

- ☐ Define confined space.
- Describe several safety hazards associated with confined spaces
- ☐ Describe several safety precautions for entering a confined space

Seat Time: 30 min



Walking and Working Surfaces Course #SAF0120

Description

Slips, trips, and falls cause the majority of general industry accidents. Fifteen percent of all accidental deaths are caused by slips, trips, and falls. These cause more fatalities than any other accident except motor vehicles.

The OSHA standards for walking and working surfaces apply to all permanent places of employment, except where domestic, mining, or agricultural work is performed. Falls from as little as 4 to 6 feet can cause serious lost-time accidents and sometimes death. The OSHA standard identifies areas or activities where fall protection is needed. The standard clarifies how an employer must provide fall protection for employees, such as identifying and evaluating fall hazards and providing training. Under the standard, employers are able to select fall protection measures compatible with the type of work being performed.

The most cited areas of this module, Walking and Working Surfaces, are found in housekeeping requirements, and requirements for guarding floor openings and wall openings. Poor housekeeping and failure to properly guard wall and floor openings results in slips, trips, and falls.

Learning Objectives

- Explain the requirements for guarding floor openings and wall openings.
- ☐ Explain the requirements for guarding roof openings and skylights.
- ☐ Describe the requirements for stairways, ladder ways and railings.
- ☐ Follow recommended practices for using stairs and ladders.
- ☐ Follow recommended practices for using scaffolding and other working surfaces.

H2S Awareness

Course #SAF0122

Description

Hydrogen sulfide, or H₂S, is a colorless, flammable, extremely hazardous gas with a "rotten egg" smell. People can smell the "rotten egg" odor of hydrogen sulfide at low concentrations in air. However, with continuous low-level exposure, or at higher concentrations, a person loses his/her ability to smell the gas even though it is still present (olfactory fatigue). This can happen very rapidly, and at high concentrations, the ability to smell the gas can be lost instantaneously. Therefore, DO NOT rely on your sense of smell to indicate the continuing presence of hydrogen sulfide or to warn of hazardous concentrations.

In addition, hydrogen sulfide is a highly flammable gas and gas/air mixtures can be explosive. It may travel to sources of ignition and flash back. If ignited, the gas burns to produce toxic vapors and gases, such as sulfur dioxide.

Learning Objectives

- ☐ State the properties of hydrogen sulfide.
- ☐ Describe the health risks associated with hydrogen sulfide exposure.
- ☐ Explain the methods to minimize exposure to hydrogen sulfide.
- ☐ Identify the PPE required to work in areas with various concentration levels of hydrogen sulfide.

Seat Time: 30 min

Lockout/Tagout

Course #SAF0123

Description

The purpose of a lockout/tagout program is to establish procedures for placing lockout and/or tagout devices on energy-isolating components. Following these procedures ensures that equipment is de-energized and unexpected startup and/or release of stored energy is prevented. Injuries to personnel during equipment servicing and maintenance are greatly reduced with a properly implemented lockout/tagout program.

Learning Objectives

- □ Describe the purpose of a lockout/tagout program.
- ☐ List the principles of a lockout/tagout program.
- ☐ Identify lockout/tagout devices.
- ☐ Explain the responsibilities of the authorized employee.





Industrial Facility Safety

Course #SAF0124

Description

More than 4,000 fatal, and 3 million nonfatal, work-related injuries were reported in the US in 2010. Identifying and understanding industrial hazards helps lower worker risk as well as increase facility safety and efficiency.

Learning Objectives

- ☐ Describe common hazards encountered in industrial facilities.
- ☐ Explain the dangers associated with electrical current and voltage.
- ☐ Describe the common industrial systems installed for personnel and equipment protection.

Asbestos Course #OSH0607

Description

Asbestos is the name for a group of naturally occurring minerals that separate into strong, very fine fibers. The fibers are heat-resistant and extremely durable. Because of these qualities, asbestos has become very useful in construction and industry.

Asbestos tends to break down into a dust of microscopic fibers. Because of their size and shape, these tiny fibers remain suspended in the air for long periods of time and can easily penetrate body tissues after being inhaled or ingested. Due to its durability, these fibers can remain in the body for many years and, thereby, become the cause of asbestos-related diseases. Symptoms of these diseases generally do not appear for 10 to 30 years after the exposure. Unfortunately, long before its effects are detectable, asbestos-related injury to the body may have already occurred. There is no safe level of exposure known; therefore, exposure to friable asbestos should be avoided.

Learning Objectives

- $\hfill \square$ Explain the dangers of asbestos exposure.
- ☐ Describe how workers are protected and can protect themselves from asbestos hazards.
- ☐ Understand how building owners and managers are required to manage asbestos.

Seat Time: 30 min

Back and Safety Ergonomics Course #05H0608

Description

Although back injuries account for no work-related deaths, they do account for a significant amount of human suffering, loss of productivity, and economic burden on compensation systems. Back disorders are one of the leading causes of disability for people in their working years and afflict over 600,000 employees each year. The frequency and economic impact of back injuries and disorders on the workforce are expected to increase over the next several decades as the average age of the workforce increases and medical costs go up.

Learning Objectives

- $\hfill \mbox{Explain}$ the importance of back safety.
- Describe how to prevent injuries and reporting requirements in the workplace.
- ☐ Understand the ergonomic solutions to control hazards.

GHS

Course #OSH0609

Description

The GHS is an acronym for The Globally Harmonized System of Classification and Labelling of Chemicals. The GHS is a system for standardizing and coordinating the classification and labelling of chemicals.

The GHS itself is not a regulation or a standard. The GHS establishes agreed hazard classification and communication provisions with explanatory information on how to apply the system. The elements in the GHS supply a mechanism to meet the basic requirement of any hazard communication system, which decides if the chemical product produced and/or supplied is hazardous and prepares a label and/or Safety Data Sheet as appropriate.

Learning Objectives

Recognize the importance of the GHS.
 Define health, physical, and environmental hazards of chemicals.
 Communicate hazard information, as well as protective measures, on labels and Safety Data Sheets.
 Identify the PPE required to work in areas with various concentration levels of hydrogen sulfide.

Seat Time: 30 min

HAZWOPPER Awareness

Course #0610

Description

The principal reason Hazardous Waste Operations and Emergency Response, or HAZWOPER, exists is to provide fundamental training in hazardous waste procedures so that all emergency workers are coordinated and working with the same set of rules of engagement. HAZWOPER is the starting point for any emergency responder who is likely to come across nuclear, biological, or chemical (NBC) waste. Police and fire personnel, emergency medical responders, environmental response personnel, military, FEMA, Department of Health, incident commanders, and hazardous materials remediators all learn the fundamentals in a HAZWOPER course.

Learning Objectives

- ☐ Define the term HAZWOPER.
- ☐ State the company policy concerning HAZWOPER.
- ☐ State the requirements for contractor access to the client's written safety and health plan.
- ☐ Describe the process used for a Hazardous Material cleanup.
- ☐ List the required subject areas of a written safety and health program.

Seat Time: 30 min

Spill Prevention, Control, and Countermeasures

Course #OSH0603

Description

Oil spills endanger public health, impact drinking water, devastate natural resources, and disrupt the economy. During storage, transport, or as the result of energy exploration and production activities, oil and other oil-based products are sometimes spilled onto land or into waterways. When this occurs, human health and environmental quality are put at risk. Every effort must be made to prevent oil spills and to clean them up promptly once they occur..

Learning Objectives

- Explain spill prevention, control, and countermeasure plan.
- ☐ Describe elements of a facility response plan.
- ☐ Understand the regulations required for spill prevention.
- ☐ Explain the concepts of spill containment.
- □ Understand what to do in the event of a spill.





Lead Overview for Base Construction

Course #OSH0611

Description

Inorganic lead is a malleable, blue-gray, heavy metal that occurs naturally in the Earth's crust. Lead was one of the first metals used by humans and, consequently, the cause of the first recorded occupational disease.

Learning Objectives

- ☐ Describe the dangers of lead exposure.
- Explain the effects of lead exposure.
 Lead-Based Paint Hazards and Regulations
- ☐ Understand the hazards of lead-based paint and how it is regulated.
- ☐ Recognize how workers are protected and can protect themselves from lead hazards.

Seat Time: 30 min

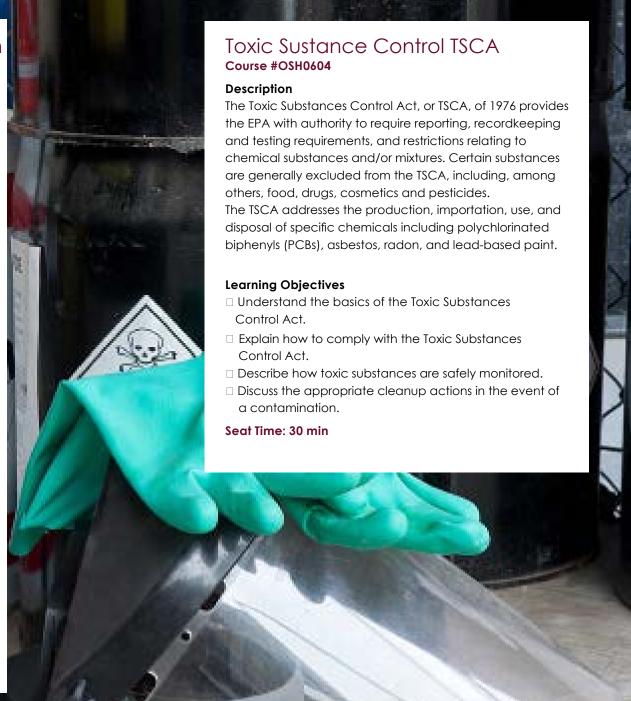
Lead Overview for General Industry Course #05H0602

Description

Inorganic lead is a malleable, blue-gray, heavy metal that occurs naturally in the Earth's crust. Lead was one of the first metals used by humans and, consequently, the cause of the first recorded occupational disease.

Learning Objectives

- $\hfill \square$ Describe the dangers of lead exposure.
- $\hfill \square$ Explain the effects of lead exposure.
- ☐ Understand the hazards of lead-based paint and how it is regulated.
- □ Recognize how workers are protected and can protect themselves from lead hazards.







Coal Plant Fundamentals

This course explains the basics of a coal fired power facility, including overviews of major components and overall theory of operation.



Boiler Air Systems Course #CPF0106

Description

This module explains how large boilers utilized in power generation depend on mechanical draft rather than natural draft air. Different types of draft are induced draft, where exhaust gases are pulled out of the boiler; forced draft, where fresh air is pushed into the boiler; and balanced draft, where both effects are employed. You will learn how to identify components of each type.

Learning Objectives

- ☐ Describe the boiler air systems' process.
- □ Name and describe the major components and processes associated with boiler air systems.

Boiler Fundamentals

Description

This module explains how large boilers utilized in power generation depend on mechanical draft rather than natural draft air. Different types of draft are induced draft, where exhaust gases are pulled out of the boiler; forced draft, where fresh air is pushed into the boiler; and balanced draft, where both effects are employed. You will learn how to identify components of each type.

Learning Objectives

- ☐ Describe boiler fundamentals.
- □ Name and describe the major components

Boiler Water Chemistry Overview

Course #CPF0104

Description

This module explains the process to produce boiler water with the right chemistry (quality). The Boiler Water Chemical Feed System is used to manage chemicals, tanks and pumps for chemical addition to the plant water.

Learning Objectives

- ☐ Describe the boiler water chemistry process.
- □ Name and describe the major components associated with boiler water chemistry.

Coal Handling and Preparation Course #CPF0109

Description

This module describes coal handling as a multistep process that stores and prepares the coal that has been unloaded for ultimate use as fuel in the facilities' boilers. It is important to understand the handling process and interrelationship of each step.



Learning Objectives

- Describe the coal handling and preparation process.
- Name and describe the major steps associated with the coal handling and preparation process.

Combustion Basics

Course #CPF0107

Description

This module explains combustion basics.

Combustion is the conversion of a substance, called a fuel, into chemical compounds, known as products of combustion, by combination with an oxidizer. The combustion process is an "exothermic" chemical reaction, which means it is a reaction that releases energy as it occurs.

Learning Objectives

- □ Describe the basic combustion process.
- Name and describe the major steps associated with the basic combustion process.
- List the system parameters, set points, and alarms associated with the basic combustion process.

Electrical Systems Fundamentals

Description

This module explains components of the electrical distribution system. The Electrical Distribution

System is one of the most critical systems of the facility. Nearly every system in the plant used to support the generation of power depends on the electrical distribution system.

Learning Objectives

- ☐ Describe electrical systems fundamentals.
- Name and describe the major components and processes associated with the electrical systems fundamentals.

Flue Gas Systems Course #CPF0105

Description

This module explains the chemistry of flue gas produced from the burning of fossil fuels. You will learn about what systems manage flue gas to make it safe to return to the atmosphere.

Learning Objectives

- $\hfill \square$ Describe the flue gas systems process.
- □ Name and describe the major components associated with the flue gas systems.

Fluidized Bed Combustion Boilers

Course #CPF0108

Description

This module explains the features of a fluidized bed combustion boiler. This type of boiler can capture more than 95% sulfur pollutants in the coal combustion byproduct which otherwise could go to out to the environment. Your will



earn this type of boiler uses "mixing" both of gas and solids which promote rapid heat transfer and chemical reactions of the fluidized bed. The mixing action of the fluidized bed brings the flue gases into contact with a sulfur-absorbing chemical, such as limestone or dolomite.

Learning Objectives

- ☐ Describe fluidized bed combustion boilers.
- Name and describe the major components and processes associated with the fluidized bed combustion boilers

Generator Fundamentals

Description

This module explains generator theory. There are several components of a generator which are

either mechanical or electrical. The rotating machine produces stable electrical current at a regulated voltage. The study of generator theory will help you identify components of the generator and its power island.

Learning Objectives

- Describe the generator fundamentals process.
- Name and describe the major components associated with the generator fundamentals.

Instrumentation and Controls Fundamentals

Course #CPF0113

Description

Instrumentation and control technicians maintain the safe and efficient operation of industrial measurement and control systems. A broad knowledge of multiple disciplines is required to effectively work with and troubleshoot instrumentation systems; physics, chemistry, mathematics, electronics, mechanics, and control theory all need to be applied to some extent.

Learning Objectives

- ☐ Describe the function of basic instrument channel components.
- ☐ Identify the major similarities and differences between an instrument channel and a control channel.
- ☐ Explain the basic operation and interaction between current and pneumatic loops.

Power Plant Overview

Course #CPF0101

Description

This module describes basic systems of a coal fired power plant. Take time to review each system. You will learn each system is one piece of the larger process to produce electric power.

Learning Objectives

- ☐ Provide an overview of a power plant.
- □ Name and describe the major equipment associated with a power plant.

Steam Turbine Fundamentals Course #CPF0110

Description

This module explains the components of the steam turbine machine. The turbine is used to drive a generator or mechanical machinery. It is important to understand the specific components of the turbine, the flow of energy transferred from the boiler into the turbine and as it exists for reuse.

The capacity of steam turbine can range from 50 kW to several hundred MWs for large utility power plants.

Learning Objectives

- $\hfill \square$ Describe the steam turbine fundamentals process.
- □ Name and describe the major components associated with steam turbine fundamentals.

Steam-Water Cycle

Course #CPF0103

Description

This module will explain the Steam-Water (Rankine) Cycle used in conventional thermal power plants. A simple Rankine Cycle consists of only four components; the boiler (often called a steam generator), a turbine, a condenser, and a boiler feed pump. The steam-water process is described in detail.

Learning Objectives

- ☐ Describe the steam-water cycle process.
- ☐ Name and describe the major components associated with the steam-water cycle.



